



TRINITY TIMES

May 2023

'The Giant's Garden', a project of the Frome Pioneers, Andrew and Elizabeth Alden

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Services and Events

Sundays

- 9.00 Holy Communion
- 11.00 Holy Communion (1st Sunday)
Morning Worship (2nd & 4th)
Café Church (3rd Sunday)

Sundays (occasional)

- 10.30 Wild Worship (1st Sunday)
- 15.00 Wildfire Youth (2nd & 4th)

Wednesdays

- 10.00 Holy Communion

Thursday (1st and 3rd)

- 6.30 HTF Youth Discipleship Group

Tea/coffee is served between Sunday services from 10.15.

COME HOLY SPIRIT

Rev Ian Snares

In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy.

Acts 2.17-18

Nicky Gumbel, the author of the Alpha Course, writes: 'Spending time in the presence of God is the most important activity of your life. You need God's presence in your life more than you need anything else. But where do you find the presence of God?' We find the answer at Pentecost, the birthday of the Church, that this year we celebrate on Sunday 28th May.


Pentecost is when God sent his Holy Spirit in power upon those first followers of Jesus. The 120 faithful (and I'm sure very scared) men and women had done as Jesus told them: 'Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptised with water, but in a few days you will be baptised with the Holy Spirit.'

Pentecost changed everything. Jesus might no longer physically be with them, but the Spirit of Jesus was poured out upon them. The result? Their lives were turned upside down with an all-encompassing power that equipped them to change the world. Finally, they caught what it meant to know God's presence, to be Jesus's disciples. They began to understand how Jesus could say that they would do even greater things than him. Not them alone, but in His power.

For those in Jerusalem at Pentecost, the Holy Spirit was no 'add on' to being Jesus' disciples. The early church expected the Holy Spirit to change them. And that is why praying 'Come Holy Spirit!' was a clarion cry that God might fill them with the same power that enabled Jesus to do miraculous things.

So what about us here in Frome in 2023? Do we expect the Holy Spirit to fill us, to inspire us and to use us as he did those first Christians? If we don't, we should! And it starts when we take the time to allow the Holy Spirit to fill us with His presence. Simply start by praying 'Come Holy Spirit!' and wait. Ask him to fill you with God's love and peace and hope and joy. And don't be surprised if, like Jesus' first disciples, your life is never the same again.

Ian

May 3rd, 7.15pm	2023 APCM (Annual Parochial Church meeting) Wednesday May 3rd 7.15pm
	Please come along to the APCM to elect our new PCC and Deanery Synod members and hear more about what has been happening and hopes for the future of Holy Trinity.

KEEPING IN TOUCH

If you consider yourself a member of Trinity please complete a GDPR form (at the back of church) so that we can keep in touch with you. Every week we send out an email with news of what is going on in Trinity which you won't want to miss out on!

SMALL GROUPS

If you would like to join a small, mid-week group for friendship, Bible-based discussion and prayer we currently have around a dozen small groups that meet fortnightly, each with a different flavour so there's something for everyone. Please contact the Office or Tom Harflett to find out more.

PARISH NURSE

Jan Zriel

Greetings Trinity family!

I hope you are all well and managing to dodge the showers if they have extended into May! It's a joy when the sun shines isn't it? We can get outside and really appreciate the beauty of the trees and flowers budding. Being out and about in God's creation really lifts our spirits, doesn't it?



This month I thought I would talk about Lasting Power of Attorney as I was discussing it with my sister during the Easter break, and the importance of having these documents in place as we get older. Those of you who know me know that my dad died almost two years ago and I know as a nurse how important it is. We as a family managed to get this document in place six months before he died for both him and his wife, who sadly was diagnosed with Alzheimer's shortly after and lost capacity within a year of his death.

As a community and hospice nurse I have witnessed many heated discussions between family members, usually in an end-of-life situations. It's really unpleasant for everyone especially the patient. So I am quite passionate about encouraging everyone to get this document in place!

So, what is power of attorney?

A power of attorney is a legal document that allows someone to make decisions for you, or act on your behalf, if you're no longer able to or if you no longer want to make your own decisions. Why?

- It could just be a temporary situation: for example, if you're in hospital and need help with everyday tasks such as paying bills.
- You may need to make longer-term plans if, for example, you have been diagnosed with dementia and you may lose the mental capacity to make your own decisions in the future.

What is mental capacity? Mental capacity means the ability to make or communicate specific decisions at the time they need to be made. To have mental capacity you must understand the decision you need to make, why you need to make it, and the likely outcome of your decision.

Some people will be able to make decisions about some things but not others. For example, they may be able to decide what to buy for dinner but be unable to understand and arrange their home insurance. Their ability to make decisions may change from day to day. Needing more time to understand or communicate doesn't mean you lack mental capacity. For example, having dementia doesn't necessarily mean that someone is unable to make any decisions for themselves. Where someone is having difficulty communicating a decision, an attempt should always be made to overcome those difficulties and help the person decide for themselves.

What if I don't have a power of attorney?

If you lose mental capacity to make or communicate your own decisions before setting up a power of attorney, an organisation called the Court of Protection may become involved.

What are the different types of power of attorney?

There are different types of power of attorney and you can set up more than one.

Ordinary power of attorney. This covers decisions about your financial affairs and is valid while you have mental capacity. It is suitable if you need cover for a temporary period (hospital stay or holiday) or if you find it hard to get out, or you want someone to act for you.

Lasting power of attorney (LPA). An LPA covers decisions about your financial affairs, or your health and care. It comes into effect if you lose mental capacity, or if you no longer want to make decisions for yourself. You would set up an LPA if you want to make sure you are covered in the future.

Enduring power of attorney (EPA) EPAs were replaced by LPAs in October 2007. However, if you made and signed an EPA before 1 October 2007, it should still be valid. An EPA covers decisions about your property and financial affairs, and it comes into effect if you lose mental capacity, or if you want someone to act on your behalf.

More information about ordinary powers of attorney

An ordinary power of attorney allows one or more person, known as your attorney, to make financial decisions on your behalf. It's only valid while you still have the mental capacity to make your own decisions. You may want to set one up if, for example:

- you need someone to act for you for a temporary period, such as when you're on holiday or in hospital
- you're finding it harder to get out and about to the bank or post office, or you want someone to be able to access your account for you
- you want someone to act for you while you're able to supervise their actions. You can limit the power you give your attorney so that they can only deal with certain assets, for example, your bank account but not your home.

An ordinary power of attorney is only valid while you have the mental capacity to make your own decisions. If you want someone to be able to act on your behalf if there comes a time when you don't have the mental capacity to make your own decisions you should consider setting up a lasting power of attorney.

More information on lasting powers of attorney

A lasting power of attorney (LPA) is a way of giving someone you trust, your attorney, the legal authority to make decisions on your behalf if you lose the mental capacity to do so in the future, or if you no longer want to make decisions for yourself. There are two types of LPA:

- LPA for financial decisions
- LPA for health and care decisions.

There will be more about these 2 types in the June edition of the magazine.

Other news!

- Outreach drop in podiatry is in Trinity Hall May 11 th from 1:30 and is for anyone struggling to access podiatry due to low income or in ineligibility for NHS treatment.
- Bereavement Journey will recommence in May for six weeks 7-9 pm sign up will be at the back of the church.
- Thursday support group continues in the Link from 1:30, an opportunity to sit with others in a warm, safe space with refreshments. Open to all.
- Please contact me if you would like help or support following a hospital admission or have a chronic or acute illness and I will do my best to help you.

Blessings

Jan x

We're upgrading our Technology



Much of the church computer and audio/visual equipment has reached the end of its life, and now is the right time to upgrade our technology.

We are looking to raise **£8,000** to buy new computers and software, and renew important parts of our PA and projection systems.

Can you help?

Please give to Holy Trinity Frome PCC a/c 52069117 sort 60-08-31 ref TECH

MEN'S BREAKFAST —20th May



The next Men's Breakfast will be at Holy Trinity Hall on Saturday 20th May at 8am. A full English breakfast is served, £5 per head.

The purpose is for men to gather, eat together, talk together, pray together and enjoy each other's company.

Please let Holy Trinity Office (Holytrinityfrome@gmail.com, 01373 453425) know in good time if you wish to join us, so we can cater accordingly.



On a Saturday in February, we held a day in Church looking at our values. Values are very important, both individually and to us as a church. The beliefs and guiding principles that we hold become our values and guide how we live, work and play. For us as Holy Trinity Church, the core values which we hold govern our life and mission.

This sounds all well and good, but as those of us who met on that day in February found agreeing on our values is a challenging task! We recognised that our values come from our faith in Jesus Christ and what it means to be his followers and disciples. Articulating our values is very much a work in progress, one that I hope all at Trinity are able to contribute to.

John Swindell, who led our values day, has done an initial review of all the excellent input and feedback from everyone on the day. Over the coming weeks, we will be looking at what this might mean for our life together as Church.

All this goes alongside our recent focus on our purpose – that is to be Jesus' disciples who make disciples. These are the foundations upon which we can seek Jesus' vision for Trinity and Frome (and beyond!). I find this very exciting – I hope you agree!

Ian

REMEMBER JESUS TOO

Rt Revd Michael Beasley, Bishop of Bath and Wells

Writing about the celebration of Holy Communion almost eighty years ago, Gregory Dix posed the question 'Was ever another command so obeyed?' It's well worth searching online for his whole answer. An edited quote of his response reads:

'For century after century, spreading slowly to every continent and country and among every race on earth, this action has been done, in every conceivable human circumstance, for every conceivable human need. Men have found no better thing than this to do for kings at their crowning and for criminals going to the scaffold; for armies in triumph or for a bride and bridegroom in a little country church; for the wisdom of the Parliament of a mighty nation or for a sick old woman afraid to die; while the lions roared in the nearby amphitheatre; on the beach at Dunkirk. And best of all, week by week and month by month, on a hundred thousand successive Sundays, faithfully, unfailingly, across all the parishes of Christendom, the pastors have done this just to make the plebs sancta Dei—the holy common people of God.'

The first of Dix's scenarios will be played out before us at the coronation of King Charles III. At the heart of the ceremony, amidst all the pomp and circumstance, the oaths and declarations, the regalia and crowning, will be the celebration of Holy Communion. The words used will be just the same as those spoken in our parish churches Sunday by Sunday. From Communion, the King and Queen will be sent out from Westminster Abbey to live like us the prayer we say at the end of many of our services. They will offer 'their souls and bodies to be a living sacrifice, sent out in the power of [God's] Spirit to live and work to [God's] praise and glory.'

The command that the King, Queen and all of us obey is Jesus's direction to 'Do this in remembrance of me.' So, as you watch the Coronation please remember Jesus too. For he is the one who comes to us as a servant; the king of Kings.



HTF SUMMER CAMPING TRIP

9TH - 11TH JUNE

LENCHWOOD CHRISTIAN CENTRE,
SPITTEN FARM,
EVESHAM,
WR11 4UP



JOIN US FOR FUN, FOOD
AND COMMUNITY ON
OUR ANNUAL TRIP



BOOKING FORMS AVAILABLE AT THE
BACK OF CHURCH



MISSION

Stephen and Irene Tucker

You may have heard recently from Wycliffe UK about the launch of five New Testaments in 5 months in Tanzania – Ikoma (10th March), Kabwa (14th March), Bena (28th April), Nyiha (13th May) and Safwa (29th July). This “means that by the end of July over 1.5 million more people will have the New Testament in the language that they understand best! Decades of work are bearing fruit – indicative of the progress that is being made in the world of Bible translation.” See the Wycliffe UK website at <https://wycliffe.org.uk/story/tanzania-new-testament-launches>



For us this is great news because back in 1991, when we moved to Kenya to work with Wycliffe, there was only one New Testament translation underway in Tanzania. Early on in our stay in Kenya Irene began work on a new language map of the country. It was published in monochrome in the *Ethnologue* in 1992. The map has been

revised many times since then and it is now a good-looking colourful map, which is one of Irene’s favourites! Our early maps were often rather vague because there was just not very much information available to make a map with. The revisions come about as language survey teams visit various parts of the countries to determine which language groups need Bible translations and discover exactly where these groups live. So in a way, we have been following the development of Bible translation work in Tanzania from afar. Our colleague, Marcus, is now the one responsible for keeping this map up to date plus all the other Africa maps.

The mapping team has also been celebrating recently! The 2023 edition of the *Ethnologue* was published in February and it now includes 256 language

maps including a set of sign language maps for the first time ever. Esther and Irene are happy to see a brand new set of six maps included covering Romania and Moldova. Esther particularly worked very hard using census data to get all the data correct and then finding, with Irene's help, a good way to present it all. Keeping things legible was a real challenge with such complex data.

As in our previous letter, life in the office has continued much as usual for Stephen. Most of his time is spent writing developer notes on the significant programs that he has written over the years in support of the mapping team. These notes will form an important part of his handover to Shauna. As he wrote last time, "I have not been idle! 20-odd years' worth of software development needs a great deal of documentation written for it to introduce a newcomer to its ins and outs." Shauna is still very busy with other work in support of the mapping team so there isn't much handover happening presently.

Irene's main project these days is to revise our language map data for Italy. That is a whole other challenge. Italian is widely spoken in all the regions but there are several old minority languages in the north and the south spoken mainly by older people. It being a European country you would suppose that there would be lots of information available and that is so for a few languages but for others there is a real dearth of reliable data.

Thank you once again for your interest and prayer — here is our latest summary.

Thank God for ...

- ... the 5 New Testaments being launched in Tanzania;
- ... the new maps now published in the Ethnologue;
- ... good health and for interesting work opportunities.

Please pray that ...



- ... Stephen will continue to document his software well;
- ... the Tanzanian translations will lead to transformed lives;
- ... Irene will be able to finish the work on the Italy map soon.



Creation care

Creation care is another way of saying we care for the creation God has made. Eco church is a more formal way to say we, as a body of Christians commit to caring for God's creation.

Genesis 2 v 15 – The Lord God took the man and put him in the Garden of Eden to work it and take care of it.




The very first divine responsibility God gave to Adam is to look after the earth; this is still our role today. The way we do this might look very different to each other but we can all play our part, by considering our actions with that heavenly given purpose in mind and asking "how can I do this in a way that best takes care of God's amazing creation". That might mean taking in part in "No mow May" or creating a "wild" area in your garden for insects to thrive, or it might mean carefully considering where you buy your clothes from to reduce the environmental and human cost involved. Each month in the magazine we will try to give you some practical tips or ideas to help you on your own creation care path.



This month we'd like to share one simple change you can make to drastically reduce your impact on the natural world. By switching your search engine to 'ECOSIA' you can hugely reduce your carbon footprint.... How? Well unlike other search engines they use their add revenue to plant trees in key locations around the world, they've already planted 172,436,259 trees globally and counting. It's free, they publish their reports and give regular verified updates on their planting partners so you can rest assured they are making a real impact as you search away.



Moments of wonder



Spring truly is a magical time of year, blossom and fresh vibrant leaves are something to behold. April and May are especially beautiful as our ancient broadleaf woodlands turn to a shade of blue and purple. In the UK we are blessed to have half of the worlds bluebell population but they don't last long so make the most of it while they are out .

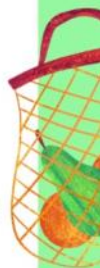
Vallis is absolutely stunning at this time of year as well as Blackdog woods, Berkley woods and Gare hill. all walkable distance from Frome or a short drive so make the most of it and do send us your pictures we'd love to include them in future additions!



Challenge

No Mow May! We are hoping you are feeling inspired to really let nature thrive and what better way than to take part in 'No Mow May' All you have to do is let your lawn grow free and wild for the whole month of may. This allows insects to thrive at a critical time of year giving them the perfect habitat during the breeding season. By taking part in No Mow May we can increase biodiversity, improve soil quality and thus lock in more carbon creating a healthier atmosphere for us all.

If you'd like to join the creation care team please get in touch with Fay Kelly, Mike or Bridget Adams or Joel Baxter We'd love to have you on our team.



MAY

SUN

MON

TUE

WED

1

2

3

10.00 Holy Comm
15.00 CAP Prayer
Meeting

7

9.00 Holy Communion
10.30 Wild Worship
11.00 Holy Communion
'Jesus, the way to
knowing God'

8

BANK HOLIDAY

9

10

10.00 Holy Comm

14

9.00 Holy Communion
11.00 Alpha. 'Does God
Heal today?'

15

19.30 Connect in
Prayer

16

17

10.00 Holy Comm
**10.00 JUNE maga
deadline**

21

9.00 Holy Communion
11.00 Alpha. 'What
about the Church?'

22

23

24

10.00 Holy Comm

6-7pm Prayer in 'T

28 Pentecost

29

30

31

H A L F

9.00 Holy Communion
11.00 Come Holy Spirit!

11.00 Julian
Prayer Meeting
at St John's

10.00 Holy Comm

2023

	THU	FRI	SAT
union	4 10.00 Trinity Toddlers 1.30 Parish nurse support group	5	6 CORONATION DAY
union	11 10.00 Trinity Toddlers 1.30 Parish nurse support group	12 FROME HISTORY FESTIVAL 12TH TO 20TH MAY see page 11	13
union zine	18 10.00 Trinity Toddlers 1.30 Parish nurse support group	19	20 8.00 Men's Breakfast. See Page 8
<i>6-7pm Prayer in 'The Giant's Garden'</i>			
union	25 10.00 Trinity Toddlers 1.30 Parish nurse support group	26	27
<i>the Giant's Garden'</i>			
	1 JUNE	2 JUNE	3 JUNE
T E R M			
union	10.00 Trinity Toddlers 1.30 Parish nurse support group		

Written by Rob and Sue Martin

The longed for visit by Bishop Qampicha and his wife Safia is going ahead in June!!! They have been interviewed by the British High Commission, and wait to hear if their visas have been granted. If so, they will arrive on June 1st. Then:- June 2nd – 7th, they will be based in Frome, visiting Frome, Wells, Bath and Malvern. Praise God, their visas have been granted. Please let us know if you'd like to meet them in June!

Famine and drought: The famine has been terrible. There was a fascinating but tragic article in the Saturday Times magazine (March 18th) about the effects of the famine in Marsabit. We knew the places they quoted, have churches there and visited them often in better times: Rawana, Funanqumbi, Elle Borr, Turbi. We even knew some of the people named. It broke our heart to think of the depth of their suffering. People have lost almost all their livestock, over 90%. In our last letter, we asked if you would help, and we were able to send out £9000! Thanks so much for these contributions, they will make a big difference.

But now a new problem – rain has come at last, hallelujah! However, it's been so heavy that there have been severe floods up near Sololo, 800 families have lost their homes, and many of the surviving, weak animals have perished. The ground is hard and parched, and the water may not sink deep. The suffering continues, and yet... These rains will fill up the aquifers and for those who have planted, food will come in a few months. So, hunger continues for now, and the floods have caused huge damage, but there is real hope that maybe the drought is over. Please pray the rains continue, crops grow, livestock are replenished, people have food and water .

The other challenge associated with the famine is insecurity, but - Hallelujah, it seems that, following peaceful elections and faced with the general suffering, violence has reduced and people are struggling together. It will always be volatile, and there are sporadic incidents, but for now, peace.

There is however so much positive news: On Easter Day, a new church was

consecrated at Laisamis, St. Matthews. It was a great occasion for everyone, Rendille, Samburu and visitors alike. Wonderfully, 10 people came to faith at the consecration service, an Easter miracle! Bishop Daniel Qampicha and Safia Funds had been provided by an extremely generous church in S. Carolina, Christ Church, Mt. Pleasant, which Rob visited several times in 2010s. Other churches consecrated this year have been St. Andrew's Church of the Cross at Archers Post, and ACK Filadelfia, Bori. Brilliant!

Our Laisamis church compound also has a primary school, funded by Compassion. Pupils have now reached Standard 6, and so a new Junior High school is being built. In fact, we have three other Junior High schools being built – at Wings Academy in Karare, Tumaini at Sololo and St. Paul's in Moyale. Also, land has been bought for the girls' high school at Wings with funds we sent out for the 10th anniversary of the Diocese 2 years ago. Wings itself has just celebrated its 10th anniversary, and we thank Cargo Human Care for their huge ongoing support. The Lord has been so gracious!

St. Andrews, our Boys High School, now has over 80 pupils – it is growing fast! Thanks to our overseas friends, ARDF from the USA, they have just finished building two more classrooms, 4 teachers' houses and a 150,000-litre masonry water tank. Rev Jomo, our Youth Secretary, visits there on Tuesdays and Sundays. What a blessing this school, our first High School, is proving to be – our education footprint is growing all the time!

Other news: Youth: Last December we sent out a £2000 grant to help fund a Youth conference, Imarika. – its theme "Rooted in Christ 24/7". It was a great success - over 300 youngsters came together for a week from all over the Diocese. This is such a crucial ministry in helping break down ethnic barriers

Mothers Union (MU): The Cathedral MU is building a new MU Plaza on the Marsabit compound to earn money to fund future MU ministry. It held a big Harambee a few weeks ago and raised over £10,000! KAMA is the Men's equivalent of the MU: they now have branches in at least 7 parishes.

Thanks so much for your prayers.

CHILDREN & YOUTH

Trinity Toddler group is for children aged 0-4, at 10am on Thursdays (termtime). Pre-booking online is essential and tickets can be found on Eventbrite; just search for 'Trinity Toddlers' in Frome.



Trinity Toddlers is a fun, friendly playgroup where toddlers can enjoy two hours of letting off steam. We provide tea, coffee and biscuits for adults, as well as healthy snacks for children.

parenting for faith'

Pop-up small groups for parents & carers.
8.00-8.30pm on 'parenting for faith' facebook page

ssaaavvee

Jan 17	Money
Mar 14	Sexuality and gender
May 16	Exams and tests
Jul 11	Decision making
Sep 19	Media
Nov 14	Tough times

WILD WORSHIP
CHURCH OUTSIDE FOR FAMILIES

10:00AM ON THE FIRST SUNDAY OF EVERY MONTH AT TRINITY FIRST SCHOOL
10.30am

**OUTDOOR CRAFTS
WORSHIP
GAMES
FOOD**

HTF YOUTH DISCIPLESHIP GROUP

6:30 - 7:30pm
1st & 3rd Thursday of the month



SEWING FOR CHARITY

Tuesday evening once a month at Trinity Hall
7pm to 9pm

Bring your sewing machine, scissors and bring your non-sewing friends too, extra machines are provided.

Dates for your Diary 30 May, 27 June, 25 July, Lizzie will bring things for sewing tiny quilts for NICU incubator covers.

Please ask around for donations of towels and 100% cotton fabric, double duvet covers, cotton curtains, need to be hot washed without fabric softener.

We will be making cloth sanitary pads to go to disaster areas around the world where people have lost everything and as a result of earthquake, flood, fire, or war where there are no shops, transport, and no supplies.

We will also be considering other sewing projects, bring along your ideas and information. Drawstring bags, Angel Gowns, ICU incubator covers, port cushions, chemo turbans.... All requests for help will be considered.

***Invocation of the Holy Spirit
(Celtic Daily Prayer book)***

*Most powerful Holy Spirit
Come down upon us
And subdue us
From Heaven where all things are made glorious
And Glory seems but ordinary
Bathe us in the brilliance of your light
Like dew*

WHAT'S ON

WHAT'S ON AT TRINITY DURING FROME FESTIVAL

<i>Saturday 8th July, 8pm.</i>	<i>Andy Kind concert (acclaimed preacher, comedian and author)</i>
<i>Monday 10th, 7.30 pm</i>	<i>Burne-Jones Windows talk</i>
<i>Tuesday 11th, 7.30pm</i>	<i>Alison Howell, Organ concert</i>
<i>Friday 14th, 2.30pm</i>	<i>Burne-Jones Windows talk</i>
<i>Saturday 15th, 11am</i> <i>2.30pm</i>	<i>Puppets workshop</i> <i>Family Magic show</i>
<i>10– 14th July, 12-1pm.</i>	<i>Daily Meditations</i>

FROME HISTORY FESTIVAL

FRI 12 MAY – SAT 20 MAY, 2023

WOVEN IN TIME



...with all the labouring men, women and children at Frome as deeply tinged as ancient Britons with dark blue with the manufacture of cloth.
Reverend B. Warner 1801.

Nine days of Frome textile & local history, including walks, talks, exhibitions, and workshops . . .

. . . plus, much more.

The Frome Refugee Support Hub

Every Tuesday, 10am - 3pm
at Frome Town Hall

For access to signposting, support and English Language classes. The hub offers...



You can also book in your Health Connections

FROME HISTORY FESTIVAL

FRI 12 MAY – SAT 20 MAY, 2023

WOVEN IN TIME



...with all the labouring men, women and children at Frome as deeply tinged as ancient Britons with dark blue with the manufacture of cloth.
Reverend R. Warner 1801

Facilitator at Frome
3 475 579, or by email:



Nine days of Frome textile & local history, including walks, talks, exhibitions, and workshops . . .

. . . plus, much more.

MOTHERS' UNION

Our April meeting was an Easter Holy Communion Service at Beckington led by Rev. David Clark.



He brought along two of his favourite paintings portraying the Easter story on which to base his talk. Massachio's 'La Trinite' portrays Christ on the cross showing the figure of God the Father supporting the weight of the cross as Jesus hangs on it. It was painted in 1425 and hangs in Santa Maria church in Florence which we had visited in 1988.

The second picture was by Fra Angelico in the Convent of St. Marco, also in Florence, of the Annunciation. Each monk had his own particular fresco painted on his cell wall for him to meditate on. They were all very beautiful. He resided in Cell 3.

We than shared a Communion service together before enjoying our usual tea and chat. In May we are hoping to have a visit from a "Therapy Donkey" which should be great fun.

Our June meeting will be a Cream Tea. Do contact Susan Clark or Mary Earle if you are interested in coming to our regular meetings - normally on the first Wednesday of each month.

THANK YOU

As some of you know this last six months has had a lot of ups and downs for me, but the staff at the RUH have been brilliant as have the staff at our own hospital. Most of all has been the love and prayers, gifts and help from Trinity. There are a few people who have been absolutely wonderful, they know who they are. Thank you all so much. God has been with me the whole time. Praise to our Lord God!

with my thanks, love and blessings, Jan (Janet Simmonds)

**Safe Families Somerset
5 Year Anniversary
Celebration Service
at Taunton Minster on
Thursday June 15th from
7.30—9.00pm.
All welcome!**



We are looking for another Community Volunteer Manager in Somerset!

The Community Volunteer Manager (CVM) is a key staff role within Safe Families. The role has two main responsibilities which dovetail perfectly together;

1. Building strong relationships with local churches to help establish Safe Families as a transformational tool they can use to serve their communities.
2. Recruiting, training and supporting volunteers, primarily, but not exclusively, from local churches, who provide support to referred families. You will be part of a thriving, innovative team, dedicated to empowering churches and volunteers to make a real difference in their communities. You would work as part of the Somerset team, and you will need to be able to travel and work predominantly across the county of Somerset.

Job description and application pack https://safefamilies.uk/job_roles/somerset-community-volunteer-manager/

FREE EVENTS AT AMMERDOWN

Taize Service @ Ammerdown

Please join us for beautiful evenings of prayer and meditation with live music, readings and times of stillness and silence.

7-8pm on the first Wednesday of the month: 3 May, 7 June, 2 August and 6 September 2023

To book places: <https://www.ammerdown.org/WhatsOn/1102-/Taize-Prayer-Service>

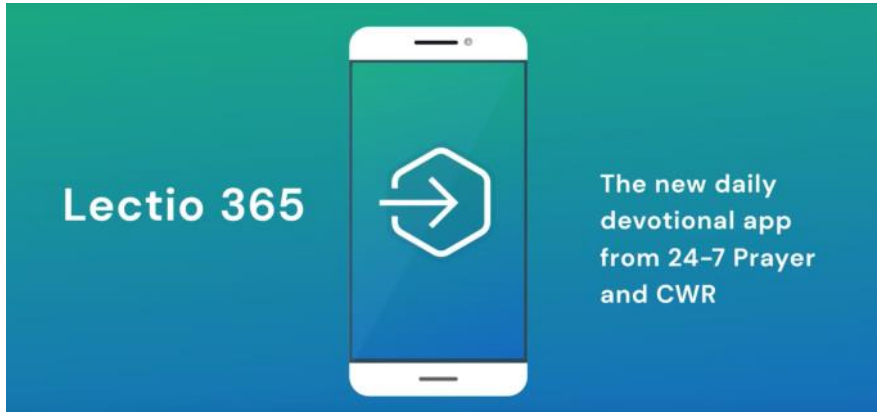
Preparing for Pentecost – FREE online Bible study

10-11.30am on Tuesday mornings: 2, 9, 16 & 23 May 2023

To book places: <https://www.ammerdown.org/WhatsOn/1127-/Ammerdown-Preparing-for-Pentecost-Course-2023-Zoom>

BIBLE ENGAGEMENT

Lectio 365 is a free daily devotional resource in the form of an app that helps you pray the Bible every day. You can download the app from the app store on your phone or find out more information on their website: <https://www.24-7prayer.com/resource/lectio-365/>



Bible In One Year is an app which takes you through every chapter and verse of the Bible in 365 days. You can download the app from the app store on your phone or find out more information on their website: <https://bibleinoneyear.org/en/>



DEANERY EVENTS

PRAYER IN 'THE GIANT'S GARDEN', 19-26th May

Elizabeth and Andrew are hosting hour-long practical and creative prayer sessions in 'The Giant's Garden' between Ascension and Pentecost. They will be joining with the international movement to pray 'Thy Kingdom Come!'

The sessions will run 6-7pm, 19-26 May each day except Sundays. They are for any Christian, whatever their age or church affiliation.

Below is a link for a brief explanatory video if this is helpful.

https://drive.google.com/file/d/1gX_0k6VAfr5l-zioRBRsDMP1G4sntUI/view?usp=share_link

Forget-Me-Not Café

3rd Sunday of every month
2.30-4pm

St Philip and St Jacob's Church
Norton St Philip

Come and enjoy a cuppa and friendly people to chat with. Some of us may have memory challenges but we have a great café team who are all dementia friends. All are welcome.

FROM THE OFFICE



Stamps: We collect all used postage stamps; international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. PLEASE REMOVE ANY PLASTIC BAGS.

Used inkjet printer cartridges: We can recycle the following brands only - Canon, Dell, HP, Lexmark, Neopost and Samsung. Only the cartridge is needed, none of the other packaging.

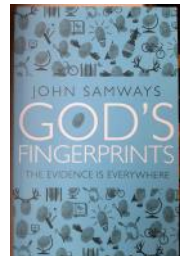
FOIL lined packets: We collect these as well as sweet and chocolate wrappers, and CLEAN FOIL LINED food packets (such as pasta or rice bags for recycling. All recycling needs to be clean and dry. PLEASE—NO BAGS THAT HAVE HAD WET FOOD IN THEM and no ordinary non-foiled lined bags.

Writing instruments: Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. Please note **no glue sticks**, wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.



These beautiful books by Dennis and Daphne Neate, about trees and their companion species, are available from the church office for £10.

Also, copies of John Samways books 'God's Fingerprints' may be purchased from the office.





MJ Communications (Mobile Phone & Tablet Repairs)

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful and professional, he has rescued many a desperate person with a smashed screen or drowned phone! Can be contacted on 07846 296545, or found online at www.mjcommunications.co.uk.

James Markham Photography

Relaxed, candid & creative wedding and family photography. Visit my website at www.jamesmarkham.org or contact me via jamesmarkhamphotography@gmail.com for more details.



Alan Heath is offering **SPRING CLEANING** for Trinity members
Carpet, Patio, Driveway and paths.
Oven clean includes a free hob clean.

1st Local Bio Oven, Carpet & Patio-Decking Cleaning

www.ichthuscleaning.com
01373451225
07891909789

Mind your Music

A free monthly Music workshop and a monthly Drama workshop from
April to Saturday 2nd December 2023.

Time: 1.45pm – 4.15pm

Venue: Trinity Hall, Trinity St, Frome BA11 3DE,

These workshops are FREE to participants who will be able to engage and enjoy workshops over the year. If interested please contact Bo Bowman-Shaw on: bo.bs.openmentalhealth@gmail.com

CHURCH GIVING

If you would like to support the work of Holy Trinity via donation or standing order, your gift would be very gratefully received. To keep the church running for Sunday Services, current costs are around £13,250 per month. With the addition of Children and Youth work, the Debt Centre and the Parish Nurse, the cost is just over £18,000 a month in total.

SUPPORTING THE CHURCH

Account no: 52069117

Sort Code 60-08-31

Reference: GENERAL FUNDS

SUPPORTING THE DEBT CENTRE

Account no: 52069117

Sort Code 60-08-31

Reference: DEBT CENTRE

SUPPORTING THE PARISH NURSE

Account no: 52069117

Sort Code 60-08-31

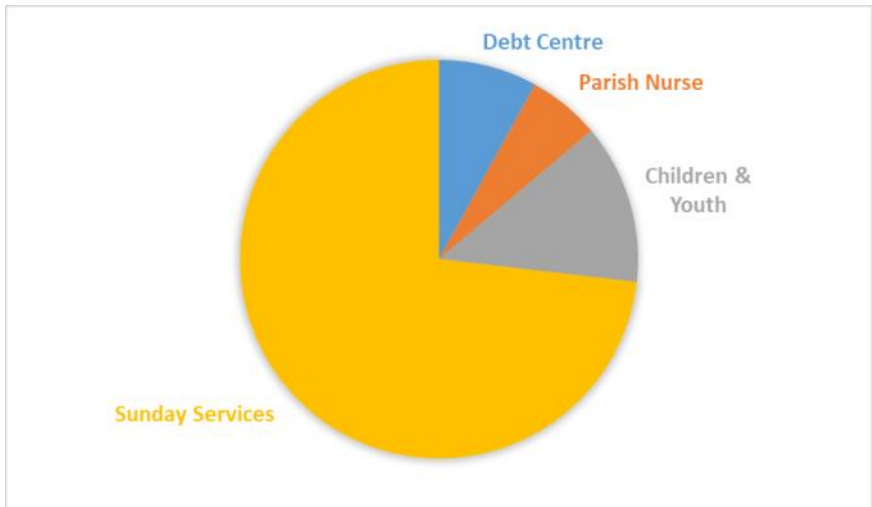
Reference: PARISH NURSE

SUPPORTING THE CHILDREN'S WORK

Account number: 63576341

Sort code: 60 08 31

Reference: FAMILIES WORK



CONTACT

VICAR	Rev Ian Snares	07493 463877
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	Phil Gray	07986 326558
	Dorothy-Anne Bryant	07599 439562
	Miriam Hare	01373 469788
ASSOCIATE MINISTER FOR FAMILIES, YOUTH & EVANGELISM	James Markham	07825 758195
CHURCHWARDENS	Chris Stafford	01373 455734
	Libby Doewansey	07802 435231
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	Brigit Adams	01373 453425
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HALL BOOKINGS	Church Office	01373 453425
HALL MANAGER	Jonathan Norcott-Smith	07471 776948
PARISH NURSE	Jan Zriel	07423 318929
DEBT CENTRE	Phil Gray	07496 516089
CHOIR	Margaret Perry	01373 453962
MUSIC GROUP	Ruth Burden	07811 894317
FLOWERS	Georgina Boyden	01373 469686
SAFEGUARDING	Ruth Haines	07540 324076
PASTORAL CARE	Sue Martin	01373 672709

Holy Trinity Church
Trinity Street
Frome
BA11 3DE

Website: www.holytrinityfrome.com
Telephone: 01373 453425
Email: holytrinityfrome@gmail.com
Office Hours: Mon—Fri; 9:30am - 12:30pm

The Bereavement
Journey

Are you grieving
the death of a loved
one or struggling with
the long-term effects
of loss?

A six-session course
will soon be running
in your area.

Wednesday 17th May
2023

For 6 weeks from
7pm to 9pm

At

Holy Trinity Church,
Trinity Street, Frome
BA11 3DW

Contact Parish Nurse:
Jan Zriel 07552235397

Topics include:

Attachment, separation and loss · The impact and pain of bereavement
Adjusting to change · Anger and guilt · Coping with others' reactions
Moving on healthily · And an optional 6th session on Faith questions

thebereavementjourney.org

Holy Trinity
Church • Frome

holytrinityfrome.com
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holytrinityfrome@gmail.com 01373 453425
Registered Charity no. 1129366

