



Trinity Times

June 2022



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SERVICE TIMES

SUNDAYS

9.00 Holy Communion

11.00 Morning Worship
Contemporary service including
Kids Church*

15.00—17.00 Wildfire Youth

WEDNESDAY

10.00 Holy Communion

*Kids Church on the 2nd, 4th & 5th
Sundays of the month. 1st Sunday is
Wild Worship at Trinity First School
and 3rd Sunday is Café Church.

CHURCH GIVING

If you would like to support the work of
Holy Trinity via donation or standing
order, your gift would be very gratefully
received.

SUPPORTING THE CHURCH

Account no: 52069117
Sort Code 60-08-31

SUPPORTING THE PARISH NURSE

Account no: 52069117
Sort Code 60-08-31

Reference: PARISH NURSE

SUPPORTING THE DEBT CENTRE

Account no: 52069117
Sort Code 60-08-31

Reference: DEBT CENTRE

SUPPORTING THE CHILDREN'S WORK

Account number: 63576341
Sort code: 60 08 31

Manna mailing – June 2022

Generosity of service – it’s contagious.

It is always inspiring to hear how individuals or churches are serving those in their community. Recently the actions of residents of the village of North Moreton in Oxfordshire hit the news when they came together to offer support for 60 refugees fleeing the devastation in Ukraine.

Gary Watson, Giving and Funding Adviser for Bath and Wells said, “The idea apparently came from one individual who wanted to help as she has friends in Ukraine. The village is home to around 350 people but it took just one person to start the conversation about how she was going to help. From that, others were inspired and motivated to do the same, resulting in a co-ordinated offering of homes, transport, healthcare and even teaching for children in the village hall while they wait for places at local schools. A fantastic example of how contagious generosity can be!”

Gary adds, “Much of our behaviour is influenced by our observations of those around us. We are led by example, both positively and negatively, by words or deeds or their very absence. That’s why it’s so important for us to have people who will commit to be the examples of generous service needed to influence real change in the lives of our communities. Jesus knew the importance of serving as he humbly washed his disciples’ feet, giving us the very example of servanthood and a command to do the same.”

This month we celebrate the 70 years of service the Queen has given to our nation and the difference this has made. We could all take this opportunity to reflect on the ways we have (or haven’t) served those around us and move forwards with a resolve to be examples of the generous love we have received from God in Jesus.

News in brief

New bishop announced

On 28 April 2022 Downing Street announced that the Rt Revd Michael Beasley will be the next Bishop of Bath and Wells. Currently the Bishop of Hertford, prior to taking a fulltime role with the church, Bishop Michael was an epidemiologist, a background he was called on to use during the pandemic as a member of the Church of England’s Covid task force. He is already familiar with Somerset. His wife Lizzie is from a local farming family and before his

interview for the role they both undertook a 60 mile walk around the county.

A warm welcome for Bishop Michael

On the day it was announced that he is to become the next Bishop of Bath and Wells, Bishop Michael undertook a 10-hour, 84-mile tour of the diocese. He met with a variety of people, undertook media interviews and attended a host of events at churches and in the community. The children of St Mary's primary in Bridgwater were delighted to be the first to hear the news of his appointment at 10am.

Celebrating together

St Petrock's in Timberscombe, deep in the heart of Exmoor, is just one of our churches who will be celebrating the Platinum Jubilee with their community. They are holding a three-day open Village and Church Heritage Exhibition on 2-3 June, and again on Monday 6 June for local school children.

Churchwarden Marion Jeffrey says, "It is our hope that visitors and villagers who may not normally enter the church will be able to visit and enjoy this event along with others."

On display will be historic church documents and some recent archaeological findings.

Alongside this will be the school's Platinum Jubilee creative work and villagers' royal memorabilia.

Guided by faith

By Michael Beasley, Bishop Elect, Diocese of Bath and Wells

Visits undertaken, trees planted, ambassadors welcomed, honours awarded, miles travelled! Just a fraction of what our Queen has done. When, on her 21st birthday, Elizabeth II pledged herself to our service her whole life long, she could scarce have imagined the commitment she was making.

What has enabled all the achievement that we celebrate in this year of the Platinum Jubilee? Her reign has seen joy and sorrow, triumphs and setbacks. The Queen gave an insight into what has seen her though in 2002 when she said:

"I know just how much I rely on my faith to guide me through the good times and the bad. Each day is a new beginning. I know that the only way to live my life is to try to do what is right, to take the long view, to give of my best in all that the day brings, and to put my trust in God ... I draw strength from the message of hope in the Christian gospel."

I'm inspired to be coming to Bath and Wells during this Platinum year that sees us celebrate the Queen's steadfast service that flows from her Christian faith. Just as the young Elizabeth II couldn't know what lay ahead as she looked to the future, neither can we. As we emerge from COVID, see war in Ukraine and confront a cost of living crisis we live in challenging times. To face our days we'll need all the faith and experience, creativity and skills of everyone in Bath and Wells. Above all we have the hope of the Christian Gospel that has stood our

Queen in such good stead throughout her long life. It's the faith I'm looking forward to serving and celebrating with you as together we live and tell the story of Jesus.

Every blessing

Bishop Michael

50 years of supporting children

Margot Sampson MBE has just stepped down as chair of The Children's Society Winscombe St James Fundraising Committee, after 23 years.

How did you get involved with the Children's Society?

It has played a significant role in my life for over 50 years. It all began when I was a young mother, when our then Vicar, Revd. Bernard Salmon approached me when the existing representative retired. At that time there were just six charity boxholders who met once a year.

How did you get on at first?

I felt committed to ongoing support once I discovered what it was all about. My own background did not prepare me for what I was to learn about the lives of so many of the young people with whom I had lived and gone to school. It was a learning experience for which I was totally unprepared and it mortified me.

How have things changed over the years?

We have learned to adapt to the changing needs and attitudes of society. We used to knock on every door for our annual collection but now we collect at local supermarkets. At our height we had 127 box holders.

Is there anything in particular you have enjoyed?

Paul and Mo's Open Garden Day and our Christingle Services. Their ability to communicate Christian love and fellowship through superb food and comradeship is incredible. We were one of the first churches in the UK to introduce Christingles and because we live in a cider area, we represent the world with an apple from the Church orchards.

How do you feel about your time with the Children's Society?

It has been for me a truly meaningful and appreciated part of my life. Because of my involvement with the Children's Society I have learned so much and I give it – and always will – my deepest thanks and love.

Read more about Margot's work and that of the Children's Society at: childrenssociety.org.uk

Breaking down the barriers of loneliness

Active and In Touch will focus on the impact of loneliness with the *Above and Beyond Fundraising Appeal* during National Loneliness Week between 13th and 17th June. The charity supports over 300 people in Frome and neighbouring villages who are living alone at home.

According to the Campaign to End Loneliness -

The number of over-50s experiencing loneliness is set to reach two million by 2025/6. A 49% increase in 10 years.

- *Half a million older people go at least five or six days a week without seeing or speaking to anyone at all.*
- *Two out of five older people (about 3.9 million) say the television is their main company.*

Social isolation and loneliness are real issues to many people. Lack of family contact, no friends or limited opportunity to go shopping, being house bound or unable to get active in the community have a real impact on physical and mental health.

Active and in Touch is changing this situation by supporting people and creating space and opportunities for them to make new friends and connections and develop a sense of belonging through a matched 1:1 befriending service.

Active and In Touch work closely with a broad range of health and wellbeing services including Frome Medical Centre, social care charities, Health Connectors, Village Agents and Frome Town Council.

Dougie Brown, Charity Manager says;

“Loneliness is something which affects us all at some time in our lives. For older members of the community, this can have a real impact on physical and mental health.



National Loneliness Week enables us to not only focus on the impact of social isolation but also to celebrate the support services

that Active and In Touch offers people who feel lonely.”

Active in Touch’s team of wonderful volunteers offer a lifeline to people who may be struggling alone at home. Knowing there is someone out there they can meet for cup of coffee and chat, help with shopping or providing some company can make all the difference.

In addition to the befriending service, the charity runs two weekly social groups and Active and In Touch Community Drivers, providing a lifeline for people living in Frome and neighbouring villages who could not otherwise access vital services such as attending medical appointments, going shopping, visiting family and friends or attending social events. They rely on a network of local volunteer drivers who give up their time to provide lifts within Frome and neighbouring villages, including visits to the Royal United Hospital in Bath.

The charity is calling on the residents of Frome and surrounding villages to get behind the appeal by giving a donation, running an event, or involving their church, school, community group or business. It is also looking for volunteers to join the befriending service or signing up as a community driver.

For more information about how you can support the charity, please visit www.activeandintouch.org, email enquiries@activeintouch.org or call 07539

CHURCH CAMPING TRIP

JUNE 17TH—19TH

We are pleased to say we have found a campsite willing to take on a group. It is Higher Moor Farm in Dorset, just a few miles from Weymouth beach.

The cost is very reasonable, around £20-30 per pitch per night (depending on whether you want electric hook-up, etc). Please look at the mid-season prices on the website to work out the cost depending on what you want (<https://highermoorfarm.co.uk/camping>).

We have 15 pitches available so it is on a first come-first served basis, although people who would like to drive down for a day trip are most welcome.

To book, call the campsite on 01305 815199, and make sure that you reference 'Holy Trinity Frome' to ensure you are camping with the group.

Any question please feel free to ask James Markham or Beth Baxter.



Forget-me-not Café



When? - 11th April (second Monday of every month) **NEW TIME 2.30 – 4 pm**

Where? - St Philip and St James Church, NSP

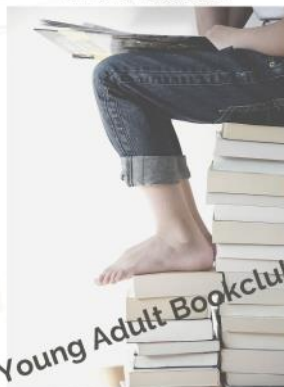


Come and enjoy a cuppa and friendly people to chat with. Some of us may have memory challenges but we have a great café team who are all Dementia Friends!

ALL ARE WELCOME!

Contact Jo for more information 321jorobinson@gmail.com 01373 831381

Choose a proof book, tell others what you think and write a review



Young Adult Bookclub

**16-25
BOOKCLUB**

THE BRIDGE CAFE, 43 SELWOOD ROAD, BA11 3BS
7PM 3RD THURSDAY OF THE MONTH

Choose your book from Hunting Raven Books, Cheap Street, Frome
£3.90 Cookies, Can and Book
book-in by text to Elizabeth and Andrew on 07536 888058

PARISH NURSE

Greetings Trinity family!

Today as I write it has poured with rain, but we have had some gloriously warm days in May and I hope this will continue now in June.

I hope you are all keeping well, please do contact me if you have any health concerns or worries about medication. I'm always happy to accompany someone to see their GP and advocate for them if need be.

Sometimes our health system is quite difficult to navigate!

Mental Health Awareness week was in May and the theme was loneliness. Hopefully when you read this you will have seen the clip I am intending to play in church, highlighting mental health and the importance of talking to someone if we are struggling.

Let's also think about loneliness! Which the dictionary defines as "being without friends or companions" or "isolated". I can certainly relate to this as when I arrived in Frome five years ago this July I felt very lonely in a strange new town where I had no family or friends. I really thank God for Holy Trinity family and my amazing housegroup and group chat, where I can request instant prayer support which never fails to lift my mood!

A coalition of faith based charities called 'Christians Together against Loneliness' are

urging



churches to engage in the national campaign – **Let's Talk Loneliness**, raising awareness of issues relating to loneliness and social isolation during Loneliness Awareness Week (17-21 June).

The government campaign aims to reduce the stigma of talking about loneliness. '[Let's Talk Loneliness](#)' launched recently by Loneliness Minister Mims Davies.

The loneliness capital of Europe. The campaign is in response to increasing evidence that loneliness and isolation figures are increasing in the UK:

- Over 9 million people of all ages say they 'always' or 'often' feel lonely.
- With over 50% of those aged 75 living alone, older people are at greater risk of isolation.

9 million older people consider television as their main form of company.

With the UK often quoted as the 'loneliness

capital of Europe' Jeremy Sharpe, Chair of Christians Together explains:

'The Bible teaches us that we are all to care for those on the margins of society and, by definition, many people struggling with loneliness are often unseen. This provides a challenge in identifying those most at risk, but also provides an opportunity for us all to be alert and aware of those for whom this could be a part of their day to day lives.

It is also often the case, particularly in rural areas, that church buildings are the only places to meet within the community. This should therefore provide a greater impetus to explore ways to reach and engage with people within our local neighbourhoods.'

The Coalition

Livability is one of ten organisations that form the coalition working alongside: Care Home Friends, FaithAction, Faith in Later Life, Germinate Arthur Rank Centre, Linking Lives UK, Parish Nursing Ministries UK, Pilgrim's Friend Society, The Gift of Years and the Salvation Army. The coalition were consulted on plans for the national campaign.

Corin Pilling, Deputy Director of Public Engagement at Livability said:

"We are proud to join the Christians Against Loneliness Coalition. A huge part of tackling loneliness is preventing it. By ensuring that everyone can continue to be part of the community, churches can be part of the solution. Those living with dementia run a

particular risk of becoming hidden in our communities."

What can we as a church community do to prevent loneliness within our own church?

Livability have some excellent short courses on a variety of health subjects. Here is a short bible study about community and how we can build it better within our church and beyond!

We humans are social beings – it's one of our most fundamental characteristics.

"If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it" (1 Corinthians 12:26)

Four hundred years ago, John Donne wrote those famous words, "No man is an island, entire of itself, every man is a piece of a continent, a part of the main", and they are just as relevant today.

The Bible too has much to say about corporate relationships, or community. From the beginning, God said, 'It is not satisfactory for man to be alone; I will make him a helper complementary to him'" (Genesis 2:18).

Indeed, God himself is a community of persons, the Trinity, who created humans in his own image ("Let us make humankind in our image, after our likeness", Genesis 1:26). Jesus gathered a group of people together his twelve disciples, with others, to be the prototype of his new community.

So, we are on very solid ground when our focus is not simply on an individual

Christian's relationship with God, but also on the shared, communal dimension of our life together – the church.

How should we best understand our church, and how it functions?

The apostle Paul tells us it is like a human body, but how is that so? Question: Why did Paul use the body as a metaphor of the church? What are the similarities, and how does the human body's functioning illustrate our community relationship?

Some key points emerge from the passage: 1. Like constituent parts of a body, we are all very diverse, as individuals and as groups, each with our own special gifts and abilities (v 4-10) 2. But we are nevertheless members of just one body, not many (v 12-13) 3. There is only one head, one Lord, one Spirit, not several (v 4-6) 4. Each individual member is valuable – including those less visible (v 15-25) 5. The relationships are so closely connected and integrated that if just one person suffers (or rejoices), it has an immediate and profound effect on all the others (v 26). Think how a person feels when they have a toothache!

Human beings function best in groups – they were never designed to live alone. This propensity to band together and cooperate is instinctive, hard-wired into our DNA. The strength or weakness of our relationships, both individually and corporately, has a huge impact on our physical, mental and general health. But as a society we are not doing well with community relationships. Loneliness is

becoming a huge problem. One study showed that two-thirds of Britons say they have no one to speak to about mental health or relationships.

Mother Teresa expressed the matter succinctly: ***“The greatest disease in the West today is not TB or leprosy; it is being unwanted, unloved, and uncared for. There's a hunger for love.”***

In their study of human society, sociologists call the ties that bind people together in communities, social capital. If a neighbourhood has high social capital there is much connection, trust and cohesion. Two types of social capital are described. The first is all about bonding – tightly-knit groups who look, think and act like each other (family, friends, colleagues, and ethnic groups function in this way). However, generally speaking, there is less interest and welcome for people who are different. The second type of social capital is termed bridging. Here, people from one group reach out to another group that is very different. This is much more challenging, but it provides the opportunity to break down age-old barriers and bring new and fresh life to groups that hitherto had no interest in each other.

Questions:

- What causes a community to turn in on itself, to focus only on bonding, with no interest in bridging to other, different

groups?

- Conversely, what might help such a community to turn its attention outwards?
- What groups exist in your locality that have little or no contact with our church? How might we as a church begin to make contact with them?

Our church community

- Looking again at our passage (1 Corinthians 12), where would you see our church's strengths?
- Research shows that community connection and support is one of the church's strongest cards. So how might your church strengthen its own community life?
- Could you extend this beyond the walls of the church, to people who would never normally darken the door of their local church?

Reflect on your experience of church community over the past years.

- ◆ What was your best experience of church community?
- ◆ Who was part of that community?
- ◆ How did their words and actions contribute to the wellbeing of the community?
- ◆ What was your part in it?
- ◆ What did you learn then that would help you today?

Great teaching from Livability! And food for thought! One of their courses I facilitated,

Lifting the Lid on Mental Health several years ago was really successful. Please let me know if you'd like me to run it again. Or there is another Dementia Friendly Church which you might find helpful. Together let's all help combat loneliness within our church and in our local community too!

Other news!

Bereavement Café continues monthly on the **FOURTH Wednesday** of every month at the Bridge café 7-9pm

Community Podiatry Outreach continues, the next session is June 16th 1:30-4pm
Treatment by a Registered podiatrist Caroline Pembrey at a subsidised rate (money kindly donated by Rotary & Lions club Frome)

My working days continue **Wednesday and Thursday 10-4pm**

Prayer!

Father God, I thank you that you know what community is like. For you are a community of persons, Father, Son and Holy Spirit. Give us your heart for community on earth. For love, compassion and concern for each other. And for others who lie beyond our own church family?

Blessings!

Janx

REACHING UPWARDS by Wendy Rootes

“Brother Mark prayed, not with words, but by somehow igniting a candle flame within him that burned immensely tall, and sent up the smoke of his entreaty, which was all for Meriet.....”

I read this rather moving description of prayer quite recently, as I was making my way through a rather wonderful collection of Medieval Whodunnits “The Cadfael Chronicles” by Ellis Peters. John and I would thoroughly recommend this series, by the way, as though they are full of sometimes grisly murder, mystery and suspense, at the same time they resonate a gentle, Godly Wisdom and Grace.

This description made me contemplate on how often our words don’t seem enough in prayer, somehow failing to express that for which we are really longing. Or maybe we don’t know what we should pray for. Often we become very tired of the sound of our own voices, but when we cease to speak, we can find the silence empty and oppressive.

At the same time it reminded me of a very recent experience in Salisbury Hospital, when admitted for a persistent lung infection. Omicron was rife and I had to be moved twice because of outbreaks in the bays. Those of you who have experienced being moved around to different wards in hospitals will know what this feels like. Having just settled down, maybe making friends with one or two fellow patients, or getting familiar with the staff and routines, one has to start all over again. I anticipated the last move with dread as it was to a Covid Contact isolation bay on a ward I knew from experience to be very cold and unfriendly.

As I was wheeled into the bay I was met by a most wonderful sight, which dispelled the gloom I felt. The end of the bay was a wall of large windows overlooking the beautiful Wiltshire Countryside. Magnificent! I was wheeled to the corner and found I had been allocated the best spot on the bay. (Thank You, loving Heavenly Father!)

Not only was I a few feet from a huge window overlooking the fields, but as I sat in bed and looked ahead, the adjacent window gave a spectacular view of the rolling countryside leading two miles towards the city of Salisbury. There, directly in my view, was the tower and incredible spire of Salisbury Cathedral.

As the next 10 days passed, it became a focus for me, as I tried to pray, something which is rarely easy to do in hospital. As I gazed on the spire, which seemed to be reaching heavenward, I found myself inwardly gathering up the situations which were troubling me and without words I reached up, following the direction of the spire, and gave them to

God, who knows our every heartache and trouble and wants to take upon Himself the burdens we are not meant to carry.

The image of prayer from Cadfael, of igniting a candle flame within us, burning immensely tall, sending up the smoke of our entreaties to God, and the picture of the spire of Salisbury Cathedral soaring upwards, will always stay in my heart, reminding me that at the heart of prayer is wordless surrender.

Wendy Rootes



J U N E

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			1
			10.00 Holy Communion 13.00-14.00 Street Mission 15.00 CAP prayer 19.30 PCC Meeting
5	6	7	8
9.00 Holy Communion 10.00 Wild Worship 11.00 Holy Communion 13.00 Queen's Jubilee 15.00 HTF Youth	14.00—16.00 Good Afternoon Choir 19.00 Community Choir		10.00 Holy Communion 13.00—16.00 Street Mission 19.00 Focus on Faith
12	13	14	15
9:00 Holy Communion 11.00 Morning Worship 15.00 HTF Youth	14.00—16.00 Good Afternoon Choir 19.00-Community Choir 19.30 Prayer for the Vacancy		10.00 Holy Communion 13.00—16.00 Street Mission 18.00 Deanery Conference JULY MAGAZINE
19	20	21	22
Church Camping Trip 9:00 Holy Communion 11.00 Morning Worship 18.00 Encounter Worship	14.00—16.00 Good Afternoon Choir 19.00-Community Choir		10.00 Holy Communion 13.00—16.00 Street Mission 19.30 Bereavement 19.30 PCC Meeting
26	27	28	29
9.00 Holy Communion 11.00 Morning Worship (Café Church) 15.00 HTF Youth	14.00—16.00 Good Afternoon Choir 19.00 Community Choir 19.30 Prayer for the Vacancy		10.00 Holy Communion 13.00—16.00 Street Mission

	THURSDAY	FRIDAY	SATURDAY
	2	3	4
Communion Croquet Association Prayer meeting Singing	QUEENS JUBILEE WEEKEND		
	17.00 Food @ Five 19.00 HTF Choir Practice		8.00 Men's Breakfast 9.30 Who let the Dads out? 16.30 Youth Games Café
	9	10	11
Communion Croquet Association Faith	10.00 Trinity Toddlers 10.30 CAP Meeting 17.00 Food @ Five	18.15 Youth Alpha	
	16	17	18
Communion Croquet Association Celebration DEADLINE	10.00 Trinity Toddlers 13.30 Podiatry 19.00 16-25 Book Club at The Bridge Café 17.00 Food @ Five	Church Camping Trip	
	23	24	25
Communion Croquet Association Lent Café Singing	10.00 Trinity Toddlers 17.00 Food @ Five	18.15 Youth Alpha	
	30		
Communion Croquet Association	10.00 Trinity Toddlers 17.00 Food @Five		

MISSIONS from young adults

‘One generation shall commend your works to the next.’ Psalm 145.4

Thank you for your prayers.

We have seen some beautiful answers from God; Selected encouragements:
The young adult book club, **1625bookclub** (below) is now established:

We have:

- a great venue: The Bridge Cafe, at very generous rates
- a monthly meeting on a Thursday evening
- an instagram account and a website, (thanks to the help of 2 young adults
- made a visit to Frome College, with an invitation to return
- hosted 9 young adults, with more interested in joining the club
- been interviewed by a young adult for broadcast on Frome FM



We had our first social this month: fire pit, drinks and games. Several commented on how difficult it is to get to meet other young adults. It is a blessing to be able to provide such a space for them.

In other contexts:

We are seeing signs of God impacting the lives of young adults:

Some are finding more meaning and purpose in paid or voluntary work for the first time,

Others are growing in confidence, learning to cook and enjoy conversation around a meal,

Some appreciate an adult taking an interest in their lives,

Some ask questions about God, begin to vocalise prayers out loud, experience God helping them in their lives, and/or express godly concerns about the world.

Please pray for these precious young adults, and also specifically for:



- All our interactions with young adults
- A proposed gardening project to be led by young adults. We would like the Church of England to say 'yes', and speedily, to our request to use a piece of land belonging to them which is currently overgrown with brambles
- A mentoring project we are setting up in response to young adults wanting mentors
- Young adults we meet regularly in hospitality venues, the YMCA, Cadets...
- God's guiding for the Hope project in the parks in the evenings



- Those young adults who want to live in relationship with God, to grow strong in Him

Thank you for partnering with this work with your prayers and encouragement,

Andrew and Elizabeth Alden, Pioneers amongst Young Adults, Frome.

Book club visit



Elizabeth from the '16-25 Book Club', aimed at young adults, came in to introduce the club to our students. The club meets up at 7pm on the third Thursday of the month at the Bridge Cafe, Selwood Road as they "want to see young people in Frome connect through the weird and wonderful world of literature". For more information, visit 1625bookclub.wixsite.com/1625bookclub

TESTIMONY

Testimony from Kristin Inspired by Tom's talk on 'Suffering', 1st May:

After a shower on Easter Sunday morning, I sat on the bed struggling with the discomfort of my body. As I sat there, I thought, I can't do this anymore! The bombardment of different things that have been happening to my body, really feels relentless.

However, giving up the struggle to keep going is not an option when surrounded by my loving family. That morning, I made it to church in spite of the energy needed to get there. The Worship, words and prayer were quite profound.

Two days later, Ian and I were on our way to Cornwall to meet with friends over the following three days. (These things have to be planned well in advance to fit in with treatment.) Ian and I were not only blessed with fabulous sunshine but great company too.

On our return to Frome, I was exhausted! On reflection, I believe God enabled me to find the strength to do something special and different, something away from my normal routine of hospital visits, and for this, I am truly grateful.

God does come up trumps and continues to do this for me on a regular basis. Whilst there is still a lot that I don't understand, I am grateful for the special times that do happen.





Just do it. A Poem By Mo Page

God's voice cries out - Just do it! Just do it!

Just do what I ask?

Encourage folk.

Make them smile and dance.

Behind many faces are lives of despair.
Give them your SMILE to freshen the air.

That look of approval is precious to them,
So start a new craze, repeat again and again.

An anxious heart leads to depression,
Give a good word. See life start to freshen.

Yes, lift folk up from the mud and the mire,
Draw them closer to the warmth of the fire.

Many dragged down by their blindness.
Now give them your hope and kindness.

So step out each day and be very bold,
See hearts melt as they come in from the cold.

A few gentle words given in season,
Share the JOY - Jesus touch is the reason.

Many Old Testament prophecies foretold of his coming.
So keep on encouraging and folk will come running.

Amen!

MAGAZINE ARTICLES, POEMS, BOOK REVIEWS, TESTIMONIES, ETC

Please submit to the magazine editor on holytrinityfrome@gmail.com by the following dates

MAGAZINE	DEADLINE DATE
July and August Magazine	23rd June
September magazine	17th August
October Magazine	21st September
November Magazine	19th October
December and January Magazine	16th November

WHO

WHEN

WHERE

HOW

WHY

WHAT

TRINITY NOTICEBOARD

Amazon donates to your chosen charity for every purchase you make If you are buying anything on Amazon, you could donate 0.5% of the price of your eligible purchases to Trinity at no extra cost to you.

Go to <https://smile.amazon.co.uk> and select The Parochial Church Council of The Ecclesiastical Parish of Holy Trinity, Frome as your chosen charity, do your online shopping as normal.

RECYCLING AT TRINITY :

* **STAMPS:** We collect ALL used postage stamps, international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. When there is 1kg or more they are sent away, the company that buys them from Trinity pays for postage so this is a great little fundraiser at no cost to Trinity.

* **USED INKJET PRINTER CARTRIDGES** for the following brands only: **Canon, Dell, Hp, Lexmark, Neopost and Samsung.** All others need to go to the recycling tip. Only the cartridge is needed, none of the other packaging.

* **CRISP PACKETS, sweet and chocolate wrappers, and pasta packets** for recycling. All recycling needs to be **clean and dry.** We do not take curb side recycling, such as cardboard and tins. Please **ONLY** bring what we can accept, and not things like paper and plastic which can be recycled at home.



* **WRITING INSTRUMENTS** are accepted: Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. **Note: No wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.**



Focus on faith:

is an interactive study group looking at key elements of the Christian faith. We use it as a follow up course for Alpha but it is open to anyone who wants to explore together what we believe. For more information email: tomharflett@hotmail.co.uk or phone 01373 462408.

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See www.jamesmarkham.org or contact me via jamesmarkhamphotography@gmail.com for more details

Nifty Needles Craft Group

You are welcome to join Nifty needles and enjoy sharing your creative interest in cheerful company. The next meeting will be on Thursday 27 January 2022 at 10.30am, unless new regulations are in place. 'Hands, Face, Space' advice will be observed. For details contact Barbara Bacon: 01373 473673

barbara.l.bacon@gmail.com

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful, professional and has rescued many a desperate person with a smashed screen, or drowned phone!

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References Available

For More Details Please Call

Jeanette

07856 042644



Three Volunteers (or more) are needed for Sunday 9am services

Are you a regular attender of the 9am Sunday morning service? Do you use a smart phone, do you use email and (any) social media?

The livestream of the 9am service is a very simple set-up, all the equipment is there – only needs an operator to switch it on at the appropriate moment, copy the song words into the comments and to monitor that all is well.

Full training (and dual assistance sessions until confidence is reached) will be provided to anyone who would like to step out and serve the wider community that logs in to join the service every week. Please speak to Dave Dunn — davedunn50050@yahoo.co.uk

Photo courtesy of: <https://teradek.com/blogs/articles/how-to-live-stream-church-services>

JULIAN OF NORWICH MEETINGS

Quiet Prayer and Meditation Series

Sheila Page and Ann Phillips started a series of quiet meditation and prayer pre Covid.

Meeting on the last Tuesday of each month, at St John's, 10.50am for 11am start.

The next one is 31st May followed by coffee and cake, each meeting lasts 25 to 30 minutes, and you are very warmly invited to come and join us.

Please contact Sheila for more info 07876300300

Picture courtesy of:

https://en.wikiquote.org/wiki/Julian_of_Norwich



FROME FESTIVAL



Tickets now on Sale!

Trinity will be hosting a number of events during the Festival this summer, including talks on the Burne Jones windows by Rob Martin, Meditations at Noon each weekday, Oakfield Choir (Wed), and a concert by Sospiri chamber orchestra (Sun 3rd).

You are also encouraged to support the following two events we are promoting:

Friday 1st July 7.30pm: What promises to be a fascinating talk by William Ruff on **Father Henry Garnet and the Gunpowder Plot**. Tickets £8, under 19 £4.

Thursday 7th July 7.30pm: An “exciting and colourful” **Organ Recital** by **David Bednall**, a renowned organist at Bristol and Clifton Cathedrals. Tickets £10, under 19 £5.

The cheapest way to buy tickets for these two events is from the **Church Office**. Tickets for almost all events are available from the main Cheese & Grain Box Office, but a £1.50 handling charge will be added to each ticket over £5.

As usual we will be recruiting a few **Stewards** to assist in welcoming visitors to events in the Church. We won't need as many as in some previous years, as our programme is less ambitious, so there will not be any sign-up lists put out. If you would like to volunteer, please contact me, and we can discuss the most suitable time(s).

Thank you. Margaret (01373 453962; margaretperry1@outlook.com)

ECO CHURCH - WATER

Once again we find ourselves in that most hopeful of seasons...spring. Perhaps since Lockdown we have become more aware of nature coming back to life? Perhaps this year you have found that the challenges of day-to-day living mean you haven't had time to notice? Maybe your garden is grateful that we have recently had some rain after a dry April? Maybe you would rather it stopped? But we need rain. Here in the UK our dry spells are just that...spells soon punctuated by showers...but in so many parts of the world the words of Zechariah are more meaningful. No spring rain = no food. Too much spring rain= flooding=no food.

"Ask the LORD for rain in the springtime; it is the LORD who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone. (Zechariah 10.)"

God planned a world where climate was predictable. Not everywhere had the same climate, but it was possible to plan planting and harvesting and assume that rain would fall when it was expected. Because of climate change that is no longer the case. Now many places suffer severe water shortage, even when they also have floods.

Do we even think about the water we use? Probably not...unless there is a hosepipe ban it does not impact greatly on our lives. Elsewhere in the world it is very different. Some stark statistics from "Water Aid":

771 million people don't have clean water close to home.

1.7 billion people don't have a decent toilet of their own.

(WHO/UNICEF Joint Monitoring Programme 2021)

31% of schools don't have clean water.

(WHO/UNICEF Joint Monitoring Programme

2020 Drinking water, sanitation and hygiene in schools; Global baseline report)

Every minute a newborn dies from infection caused by lack of safe water and an unclean environment.

(WHO, 2015)

Diarrhoea caused by dirty water and poor toilets kills one child under the age of five every two minutes.

Based on Prüss-Ustün et al. (2014) and the Institute for Health Metrics and Evaluation (2018)

Around the world up to 443 million school days are lost every year because of water-related illnesses.

(Human Development Report, 2006)

Every single one of these is preventable.

We may not make a huge difference if we just try to "save water"...though that helps...but have you considered twinning your toilet? The ones in the church are twinned. (www.toilettwinning.org)

Look at the Water aid site. There is lots of information there on how we can help make a difference.

([www. https://www.wateraid.org/climate-change-water-and-me](https://www.wateraid.org/climate-change-water-and-me)).

Remember this is not how God planned it. His promise to us is

"The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus, it will burst into bloom; it will rejoice greatly and shout for joy. (Isaiah 35 vv 1-2)"

But meanwhile we must do what we can to alleviate the situation.

Maggie

Date for your diary -->

On Saturday 2nd July, as part of Frome Festival several Frome churchyards are open for Eco Trails. Holy Trinity is open from 1-4.

We will need stewards. We will need support (maybe even someone prepared to offer refreshments though the Hall is booked for something else).

There will be a sign-up list on the Eco Board in the Link.

(NB Maggie will be away for most of June until 1st July but can be contacted via email. mhrjh14@gmail.com)

FROME ECO PARTY KIT

You hold a party, have a boogie, play some games and serve some food. When it's all over you throw the plates in the bin, simple. Or is it?

It can take 5 - 20 years for a paper plate to break down; that's a long time especially when you consider that plate was probably used for 20 minutes or less.

There is a better way! Frome Eco Party Kit hires out reusable tableware, games, and decorations for parties. So whether you're holding a children's party, wedding, christening, baby shower, or birthday they can now be low-waste, colourful, and safe.

Our standard kits cater for 20 guests but we can accommodate larger gatherings too, as well as providing tablecloths, decor, and activities for all to enjoy. One of our most popular items is the reusable pass the parcel which removes that sudden rush the night before the party wrapping a present in 20 layers of paper (which will all go to waste). Instead, it is fabric envelopes with velcro and a winners token which is exchanged for the prize.

So far the people of Frome and surrounding areas have saved almost 6,000 single-use items going to landfills. If you want to be part of the new way to party, then find out more by visiting our website or socials:

Website: <https://fromeecoparty.wixsite.com/fepk>

Facebook: [facebook.com/fromeecoparty](https://www.facebook.com/fromeecoparty)

Instagram: [@FromeEcoParty](https://www.instagram.com/FromeEcoParty)



Mothers' UNION

Christian care for families

Mothers' Union are having a "Jubilee Summer of Hope" in celebration of the Queen's Platinum Jubilee to raise funds for MU members around the world, especially to support projects that support women in leadership roles.

After 70 years of service, Her Majesty the Queen, Patron of Mothers' Union, will become the first Monarch to celebrate a Platinum Jubilee. In carrying out her royal duties with grace and dignity she has been a symbol of inspiration for many within the United Kingdom, across the Commonwealth and in many other countries. She has promoted Christian values at home and abroad, often using her broadcast messages at Christmas, and in the face of national crises, to remind us of the strength that can be found in the anchor of Christ.

A PRAYER FOR HER MAJESTY THE QUEEN

Eternal God, we thank you for Queen Elizabeth II,
Patron of Mothers' Union.
For her life of dedicated services to your Church,
to Mothers' Union and people of all nations.
Bless her with more years of good health and service to you.
Teach us to serve you with humble hearts.
Lead us from despair to hope.
Make us trust you without fear.
Remove hate and install love within us.
Help us make peace not war.
Let peace fill our hearts,
our World, our Universe.
Amen

Beckington Mothers' Union will be having a Cream Tea on Wednesday 1st June at Lah's Place.

Please contact Mary Earle or Susan Clark
For more information

C O N N E C T

VICAR	VACANCY	
READERS	<ul style="list-style-type: none"> • Ann Phillips, • Tom Harflett • Phil Gray • Dorothy-Anne Bryant • Miriam Hare • Wendy Rootes 	
CHURCH WARDENS	Chris Stafford Libby Doewansey	455734 07802 435231
ADMINISTRATORS	Kally Dunn/Rachael Markham	453425
TREASURER	Chris Round	465718
TRINITY HALL BOOKINGS	Church Office	453425
TRINITY HALL MANAGER	Jonathan Norcott-Smith	07471 776948
CHILDREN & FAMILIES	James Markham	07825 758195
PARISH NURSE	Jan Zriel	07423318929
DEBT CENTRE	Phil Gray	07496 516089
CHOIR	Margaret Perry	453962
MUSIC GROUP	Ruth Burden	07811 894317
FLOWERS	Ann Thackway	07734475913
SAFEGUARDING	Ruth Haines	07540324076
PASTORAL CARE	Sue Martin	672709
Church e-mail address: holytrinityfrome@gmail.com		
Church website address: www.holytrinityfrome.com		



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BA11 3DE



The church office is open
every week day 9.30 - 12.30
For hall bookings contact us
Via phone or email.



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