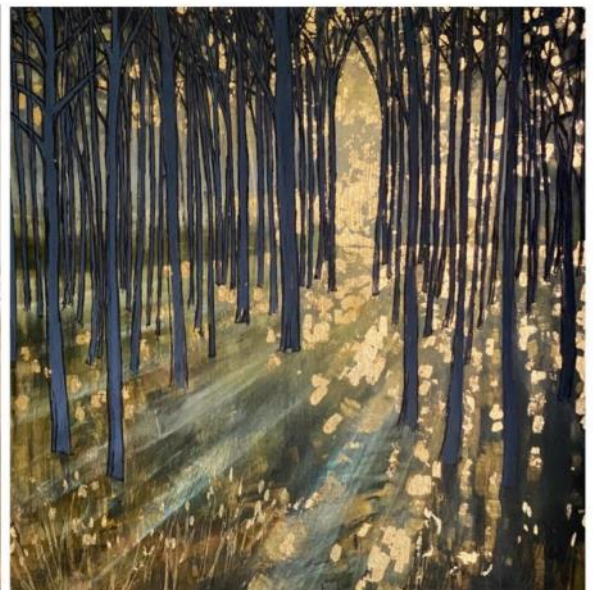
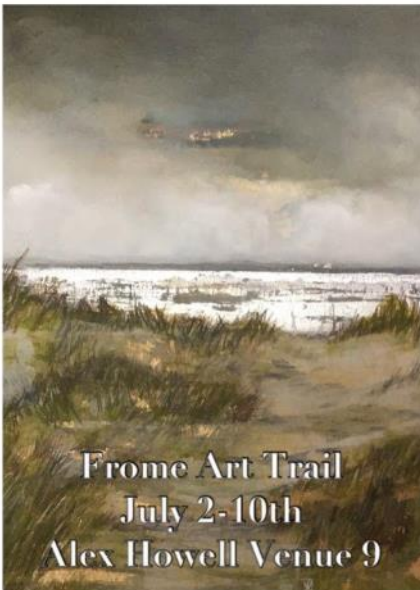




TRINITY TIMES JULY & AUGUST 2022



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SERVICE TIMES

SUNDAYS

9.00 Holy Communion

11.00 Morning Worship
Contemporary service including
Kids Church*

15.00—17.00 Wildfire Youth

WEDNESDAY

10.00 Holy Communion

*Kids Church on the 2nd, 4th & 5th
Sundays of the month. 1st Sunday is
Wild Worship at Trinity First School
and 3rd Sunday is Café Church.

CHURCH GIVING

If you would like to support the work of
Holy Trinity via donation or standing
order, your gift would be very gratefully
received.

SUPPORTING THE CHURCH

Account no: 52069117
Sort Code 60-08-31

SUPPORTING THE PARISH NURSE

Account no: 52069117
Sort Code 60-08-31

Reference: PARISH NURSE

SUPPORTING THE DEBT CENTRE

Account no: 52069117
Sort Code 60-08-31

Reference: DEBT CENTRE

SUPPORTING THE CHILDREN'S WORK

Account number: 63576341
Sort code: 60 08 31

A WORD FROM THE WARDENS

As the nation celebrated the Platinum Jubilee of Queen Elizabeth, the thoughts of many adherents to Holy Trinity Frome were focussed on another accession! Who would be the new Vicar? The two days of interview were well-planned and all ran smoothly due to the willingness of a whole army of people determined to make it all work. Libby and I would like to thank all those involved – guided tours, flowers, cakes, sandwiches and all! It was a mammoth operation but all four candidates were made to feel special and welcomed by this unique community – thank you.

Best laid plans.....? We received a call the day before the interviews from Archdeacon Anne Gell to say that she had Covid and would be unable to chair the selection panel! This was a bit of a blow as we all felt that Anne understood who we were and where we want to get to. We are enormously grateful to Archdeacon Simon Hill, who stood in at very short notice; he must have been up all night planning and preparing for a very intensive day. He calmly led a lovely Communion service at 8.30am for the panel and the candidates before engaging with the CVs, References and discussions. Tony Perry was the other Parish Rep and the panel was completed by the Area Dean, Revd Caroline Walker, and the Lay Chair, Lois Bushell (Jeanette's Mum!). At the end, Simon skilfully led the panel to a unanimous conclusion, which was a significant accomplishment.

So, our new Vicar is Revd Ian Snares – who else has a Vicar whose name is mentioned 77 times in the Bible? Sadly, not all the references are particularly edifying, so perhaps well leave it at that! Suffice to say that God has led us to a man who is steeped

in Word and Spirit ministry. His proven track record in leadership will be of real significance at Holy Trinity as we move into exciting but uncharted waters. His passion for preaching, mission and discipleship will enable this community to navigate the tricky waters that lie ahead for the Anglican Church on a local level, as well as on the national stage. And of course, he comes with his family; Jo is a secondary school maths teacher and their two school-age children, Jonathan 13 and Annabelle 11 will be very welcome additions to our church family. How lovely is it that a family will once more occupy the Vicarage?

Ah, yes, the Vicarage..... Work is progressing really well on that front and all should be ready for the Snares family to move into during the second half of August (after they have returned from New Wine). There is much to sort out before they arrive: we need an army of volunteers to tackle the garden; it would be great to stock the pantry with loads of goodies and groceries; we will also be approaching the church family to help with the cost of the new bathroom, which was urgently needed but not in the Diocesan budget – will you help?

So, the date for your diary is Thursday 8 September – the date of Ian's Welcome and Licencing Service at which Ruth will preside – it will be a great celebration! It may not attract the thousands that recently gathered in the Mall and outside the Palace, but I can confidently say that the mood will be one of great celebration and Holy Trinity will be packed! Praise the Lord.

Chris and Libby

The New Vicar!



Memo from the Archdeacon of Wells To: The Parish representatives and Churchwardens of the Benefice of Frome Holy Trinity.

“Following the recent interviews and the recommendation of the Parish representatives, we are pleased to announce that the Bishop has appointed the Reverend Ian Snares to the post of Vicar of the Benefice of Frome Holy Trinity. This appointment is subject to a satisfactory completion of the usual statutory checks made on all clergy taking up a new post.

Details of a Service of Welcome and Institution will be announced in due course.

EDIT: 8th September is the date of the Induction service.

Please hold Ian and Jo in your prayers as they prepare to begin a new ministry among us and pray too for Ian’s current congregation to whom this announcement will also be made today.

Archdeacon Anne has asked me to thank everyone involved in the process of bringing this new appointment to fruition.”

Ian is currently the Vicar at St Wilfred's, Cowplain in the Portsmouth Diocese; he has been in post 7 years.

He is married to Jo, a senior school science teacher, and they have two children aged 11 & 13.

He has an engineering degree from Brunel Uni and a Christian Theology degree from Ridley Hall, Cambridge. Prior to ordination, he worked for the Ford Motor Company as a project development manager. Following a curacy in Ilfracombe, he was appointed to his current post, where he has been an Area Dean, involved in Messy Church, Youth for Christ and New Wine leadership development groups and conferences.

He is passionate about mission, evangelism and discipleship; he's full of vision and dynamism and has a proven track record in leadership. He is energetic, full of the Holy Spirit and full of fun, too!

He loves music and plays keyboard and flute and sings in his church's worship band.

Tony Perry and I genuinely believe that he will be able to hold together the diverse congregations that we have at HTF and lead us forward to a very exciting new phase in the life of this church.

Chris Stafford.

TRINITY CAMPING TRIP

On the 17th -19th June some of the Trinity family went down to Higher Moor Farm near Weymouth for a few days of camping, fellowship and fun!

Arriving on the Friday in wonderful sunshine, the group relaxed together under the gazebos, sharing G&T's, lemonade and hot chocolate. We were a happy camp! Games of Kubb, cricket, football and others were played and it felt like the start of a much anticipated holiday together.

On the Saturday, after the camp awoke (none earlier than Ali Baxter and James Markham who went for an early morning paddle board down at Portland harbour), we slowly realised the weather that had been forecast all week was definitely not going to happen. The expectation of hot weather and clear skies was quickly discarded when we saw the dull clouds and felt the cold wind. Not to matter, we would all head down to the beach for the afternoon - the beach is fun in all weathers, right? Fast forward two hours and Chris Hare had lost his whole sandwich to a plucky seagull, sand was flying everywhere and a few of the children were getting tearful (perhaps partly because the excitement last night had led to a slight lack of sleep). Still, a few had been brave enough to get into the (not quite mediterranean!) waters off the English coast. Zoe, Logan, Honey, Abi and Ben all took a dip!

At this point the group went in a few directions, some headed for a mooch around Weymouth, some for coffee shops, a few went to the fairground and a few of the men headed to the shelter and comfort of a local pub (leaving their unsuspecting wives with the children—when will men ever learn!).

A group of us then went on the walk to Chesil beach along the nature path, a really lovely walk that I would highly recommend. During this time my phone started to buzz, and buzz and buzz. It was the Trinity camping WhatsApp - 10,12,15 messages. It soon became clear that the wind had played havoc with our camp. You know the words from that song, 'Leaving on a Jet plane, don't know when I'll be back again'? That could have been sung by both the Markham's tent and the Hare's gazebo! Once we had sorted out sleeping accommodation, we all headed to the games room to celebrate Jane Stafford and Chris Hare's respective birthdays. We were all spoilt with bubbles and cakes and enjoyed the relative warmth of the shed!

The wind (and later rain) didn't dampen our spirits (too much!) as the day went on. We huddled in different vans, porches and tents enjoying fish and chips, hot chocolate, cold beer and (for those of us who trusted the weather forecast and didn't bring suitable clothing) as many blankets as we could find. A memorable day drew to a close, one that will last long in the memory for various reasons!

On the Sunday, we found a little spot where the wind was quiet and shared breakfast baps together before having a time of worship. At this point a few tired campers headed back to Frome but quite a few of us packed up our tents, took a picnic and headed down to Portland Sculpture park. This was a great place to visit and the kids loved climbing up and down the tracks and piles rocks and, after a while, we found some incredible sculptures lurking down different tracks.

All in all it was an enjoyable and memorable trip, so let's see what the Trinity camping trip looks like next year; plans are already underway!



PARISH NURSE

Greetings Trinity family!

I hope the beautiful sunshine we've had today as I write this has continued into July and you are all enjoying our newfound post-Covid freedom with family and friends!

Don't forget to wear your hat and apply sun screen when out in the summer sun. And keep hydrated with plenty of fluids (8-10 cups daily!) and not too many caffeinated drinks!

Such good news that our new vicar Ian has been announced and will be joining us with his wife Jo and family in the near future! I'm really looking forward to meeting them and sharing their vision for Holy Trinity moving forward.

This month I thought I would talk about exercising when you find it difficult due to a chronic condition or following surgery. We all know moving more is good for us. But knowing the level of activity that's right for you, can be difficult.

Being more active isn't about working up a sweat. It's just about moving more each day in whatever way works for you. Below are some activities that could help.

Regular standing

If you sit down a lot during the day, try to get up once an hour. If that's not possible, moving your arms and legs for a few minutes will help.

Standing without help

Work towards pushing up from sitting in a chair to a standing position without using a walker or leaning on someone else.



- Sit on a chair without arm rests, with your arms across your chest.
 - Lean forward.
 - Put your weight on your feet while leaning forward.
 - Stand up by straightening your knees. Sit down again.
 - Repeat this as many times as you feel able.
- Try to do this exercise 3 to 5 times a day.

Gentle stretches

Try some gentle stretches in bed or a chair every day to keep supple.

- While sitting or lying, bring your toes towards your shin and then point them toward the floor. Repeat for both feet.
- Sitting on a chair, lift your leg up off the seat, keeping your knee bent. Return to starting position and repeat.
- Sitting on a chair, pull your toes up, tighten your thigh muscle and straighten your knee. Hold for about 5 seconds, if you

can, and then slowly relax your leg. Repeat for both legs.

- Sitting on a chair with your feet on the floor, bend your knee as much as possible. Repeat for both legs.

Sitting on a stool, let your back drop and get rounded, then use your back muscles to straighten your back and arch it (but not too much!).

Walking between rooms

Walk from one room to another and back if you're steady on your feet, and time how long it takes. Try to beat your time each day.

Fitter feet

Problems with your feet can stop you getting out and about. They can also affect your balance and increase the risk of falling. So, it's important to look after your feet, and report problems such as foot pain and decreased feeling to a healthcare professional.

Podiatry outreach continues at Holy Trinity every two months and is kindly funded by Frome Rotary and Lions Club Frome. Caroline is a Registered Podiatrist who gives the treatment at a subsidised rate of £20 to those who otherwise could not afford this valuable service.

How can I look after my feet?

A simple foot routine will help keep your feet in good condition, including:

- wearing suitable footwear
- keeping your toenails short
- regularly moisturising your feet
- checking for cracked skin, blisters and signs of infection.

Which types of shoes are best for my feet?

You may find that trainers or well-cushioned shoes are more comfortable than ordinary shoes and offer welcome support. These footwear tips can help you feel more confident on your feet.

- Always wear shoes or slippers. To avoid slips, never walk indoors in bare feet, socks or tights.
- Wear shoes that fit well. High-sided shoes with low heels, thin soles and a good grip are a good choice.
- Avoid wearing sandals and shoes with high heels.
- Wear slippers that have a good grip and fasten up. Loose or worn out slippers may cause you to trip.

Where can I get my toenails clipped?

Good nail care can help to keep feet feeling comfortable. Nails that are too long can press against the end of the shoe and the constant pressure can cause soreness.

Toenails that have been poorly cut can also become ingrown.

If you're struggling to cut your own nails, ask a friend or family member for help. You may be eligible for free podiatry if you are diabetic. Ask your GP surgery. I know it is getting more difficult to access free care. Why should I get my feet checked?

Common problems like corns, cracked skin and ingrown toenails can be treated successfully. Conditions like diabetes or circulatory problems can all be picked up by looking at the feet.

If you have a long-term condition, such as diabetes, **arthritis** or chronic problems with blood circulation in your legs, your feet are particularly vulnerable. Check your feet

regularly and ensure you attend check-ups as requested. If you notice any problems, report them to your doctor as soon as possible.

Plenty more advice regarding foot conditions is available online at The Royal College of Podiatry website.

<https://rcpod.org.uk/common-foot-problems/gout>

<https://www.nhs.uk/>

Other news!

Chris Stafford called me with the exciting news that he has secured £10,000 for the Parish Nurse Fund! A real answer to prayer!

I continue to work every Wednesday & Thursday 10-4pm

I usually pop into the Bridge café each Wednesday to catch up with the regulars who can see me if they have a health concern.

I have restarted my support group on a Thursday afternoon at Holy Trinity from 1:30-3:30, after Chris, a Bridge user, contacted me to ask if it was restarting. It's a great safe space for people to support each other, and we usually end the session with a prayer and some inspirational words that a person has brought in to read as they have found it helpful and want to share it with others. Some of the attendees are church members, some are not, but who knows, they may be inspired.

I continue to visit those who have recently had surgery, and also some people who are housebound. Please let me know if that's

you, I'm really happy to see you and offer supportive prayer, or signpost you to other services.

The Bereavement Café meets at the Bridge Cafe on each fourth Wednesday of the month from 7-9pm. Several new people have visited. Please pop in to support me if you are able, its nice to have company!

Love & Blessings

Jan x

THOUGHTS ON THE MEANING OF COMMUNITY

(talk by Jane Stafford following the theme of Life Matters)

To give you some context, I lived at the heart of Christian communities for 20 years and worked in a secular community setting for 15 years so it is a subject I am passionate about but also find very challenging. In talking to you about this, please hear that I am very much challenging myself too.

The dictionary definition of community is a social group of any size whose members often have a common cultural heritage. The dictionary describes fellowship as being a common interest or feeling.

Do you think either of these definitions accurately describes us at HTF?

Try this....

Acts 2 talks about '**The fellowship of believers**' – this is what it says.

The people devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favour of all people. And the Lord added to their number daily those who were being saved.

Now how well do we think we are doing?

If I'm honest, I'm not seeing as many wonders and signs as I would like. I haven't sold any personal possessions in order to give to someone in need. And I don't think decluttering and dumping my unwanted goods off at the charity shop counts! I do praise God and share meals with people in my home, but they are mainly close friends.

This led me to think about Jesus's disciples. Surely, this was the first community or house group. What a motley crew they were! I can't imagine that Matthew the former tax collector was very happy about associating with smelly fishermen like Simon Peter! And what about James and John who Jesus called 'Sons of thunder.' How did they get on with more sensitive characters like Thomas? But Jesus didn't make any allowances, did he? I don't suppose he said 'mmm... yes Matthew, I can see that Peter's not your type, why don't you pop over on a day when he's out fishing.

So, this makes me feel that although community is something to strive for and something most of us would say we want, true community in the biblical sense is costly. **True community in the biblical sense is costly.**

Community or fellowship is different to a clique which is defined as, 'a small exclusive group of people'.

Are we at HTF a community made up of different cliques? How do we know if we have inadvertently fallen into the clique trap?

It is so easy and quite natural to mix with people who are likeminded or the same age and stage as us and there is nothing wrong in that. However, if we take the example of Jesus's disciples and the early Christians in Acts, a Christian community is so much more than just a group of likeminded friends who have lots in common. Do you agree?

Being a true Christlike community, I think is hard. It takes courage and humility. It requires us to go out of our comfort zones. It means forgetting oneself, laying down our preferences and putting up with what other people like. It means forgiving one another regularly. It means not taking offence. It means taking an interest in someone different to yourself. It means speaking to one another in love with grace when we encounter problems in relationships. It means not always thinking we are right. This is everyone's responsibility.

I think there are some practical things we could do to ensure that we don't become a community of separate cliques or lonely individuals meeting in the same building on a Sunday.

These are my suggestions; you may have others you want to add.

If you feel annoyed at people not talking to you, why don't you make the first move and approach others and find out about them? You may have to do this several times.

If you feel left out of the young family's group over there by the side chapel, why don't you go and chat to them or volunteer to put the creche toys out.

Young families, invite someone older or single to lunch – if you are feeding all those mouths, you may as well feed one more and I bet they would help with the washing up!

Sit in a different seat each week, commit to getting to know someone new to you. Perhaps we should have a 3-minute rule at the start of each service where we talk to someone we don't know or don't usually talk to?

If you don't normally, you could attend a couple of Wild Worship sessions or the 9 o'clock service just to show your support. Does it really matter once in a while if you get a bit wet or if the worship at the 9 o'clock isn't to your taste?

If you are single and want to invite people for supper but don't want to do it by your-

self, why don't you buddy up with a friend and invite a load of random people over? I know this is something practised by Jackie Platt and Felicity Jones.

If all your church friends are the same colour, age, stage, gender, sexual orientation etc why don't you make an effort to connect with someone who is different to yourself?

If you have been in the same home group for more than three years perhaps you have become too comfortable. Consider switching groups or even starting one of your own.

My conclusion (or perhaps St Paul's) is that belonging to a Christian Community is about 'being completely humble and gentle; being patient, bearing with one another in love' as stated in Ephesians 4:2

It seems to me that when the early believers and disciples shared all they had, when they accepted one another and met regularly, when they showed love to those outside of their social group **then** they began to see signs and wonders. **Then** the Lord add to their number daily. **Is that what we want at HTF? Or is it too costly?** Are we happier having our own way with liturgy, songs, service structure etc.? Do we have the humility and courage to move away from our own comfortable social group? Can we forgive and not take offence? Can we learn to prefer one another's needs?

John 13 verses 34 and 35 says;

Love one another. As I have loved you so you must love one another. By this everyone will know that you are my disciples. Perhaps it's only when we achieve these things, through the power of the Holy Spirit, that we will see the spiritual breakthrough in our community that we are all longing for.

J U L Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
3	4	5	6
9.00 Holy Communion 10.00 Wild Worship 11.00 Holy Communion 1-2pm Baptism	14.00—16.00 Good Afternoon Choir 19.00 Community Choir		10.00 Holy Communion 13.00-14.00 Street 15.00 CAP prayer Standing Communion
10	11	12	13
9:00 Holy Communion 11.00 Morning Worship 15.00 Wildfire Youth	14.00—16.00 Good Afternoon Choir 19.00-Community Choir 19.30 Prayer for the Vacancy		10.00 Holy Communion 13.00—16.00 Street
17	18	19	20
9:00 Holy Communion 11.00 Café Church 19.00 Encounter Worship	14.00—16.00 Good Afternoon Choir 19.00-Community Choir		10.00 Holy Communion 13.00—16.00 Street 19.30 PCC Meeting
24	25	26	27
9.00 Holy Communion 11.00 Morning Worship 15.00 Wildfire Youth	14.00—16.00 Good Afternoon Choir 19.00 Community Choir 19.30 Prayer for the Vacancy		10.00 Holy Communion 13.00—16.00 Street SCHOOL HOLIDAY
31			
9:00 Holy Communion 11.00 Morning Worship			

2 0 2 2

	THURSDAY	FRIDAY	SATURDAY
		1	2
		18.15 Youth Alpha	9.00 Who let the Dads out? 16.30 Youth Games Café 14.00—16.00 Churchyard Biodiversity
	7	8	9
Communion Stroke Association Board meeting Committee meeting	10.00 Trinity Toddlers 17.00 Food @ Five	18.15 Youth Alpha	
	14	15	16
Communion Stroke Association	10.00 Trinity Toddlers 17.00 Food @ Five	18.15 Youth Alpha (final)	
	21	22	23
Communion Stroke Association Meeting	17.00 Food @ Five 19.00 16-25 Book Club at The Bridge Café		
	28	29	30
Communion Stroke Association 10 DAYS BEGIN	17.00 Food @Five		
		15	

A U G U S T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	1	2	3
			10.00 Holy Com 13.00-14.00 Str 15.00 CAP pray
7	8	9	10
9.00 Holy Communion 10.00 Wild Worship 11.00 Holy Communion	19.00 Community Choir		10.00 Holy Com 13.00—16.00 St 19.00 Focus on
14	15	16	17
9:00 Holy Communion 11.00 Morning Worship	19.00 Community Choir		10.00 Holy Com 13.00—16.00 St SEPTEMBER DEA
21	22	23	24
9:00 Holy Communion 11.00 Café Church 18.00 Encounter Worship	19.00 Community Choir		10.00 Holy Com 13.00—16.00 St
28	29	30	31
9.00 Holy Communion 11.00 Morning Worship	19.00 Community Choir		10.00 Holy Com 13.00—16.00 St

T 2 0 2 2

	THURSDAY	FRIDAY	SATURDAY
	4	5	6
Community Stroke Association General meeting	17.00 Food @ Five		8.00 Men's Breakfast
	11	12	13
Community Stroke Association Faith	17.00 Food @ Five		
	18	19	20
Community Stroke Association FOR MAGAZINE ONLINE	17.00 Food @ Five		
	25	26	27
Community Stroke Association	17.00 Food @ Five		
	1		
Community Stroke Association	17.00 Food @Five		



Newsletter for Evangelical Church Bitola, April 2022 Bitola, North Macedonia

Dear friends, prayers, helpers and participants with us in the work that God is doing in Bitola.

As you know God is faithful and working always in sickness and health, hard times or joyful times He is building His church and continuing to gather us around Him. The beginning of this year was a hard time for pastor's health for a couple of months and, with gratefulness we can say he is much better now. In this time, it was a blessing to see the care the church showed to us through prayers, phone calls, and visits.



Through these months, beside the services, prayer times and times of fellowship with one another and serving one another as much as the Lord was giving and we could do, the church had several evangelistic outreaches.

National Women's Day



This was an opportunity to give a present together with a message of the love God has for us every day, not just one day of the year. In the reality of this fallen world it seemed to be hard for them to accept hope which they cannot see physically, but the Word is sown. It was also an opportunity to some to speak for our faith and the church.



Women's conference

The removing of Covid restrictions helped in enabling Women Fellowship Ana in Macedonia to hold three conferences in three different towns in Macedonia. The theme was loss, and the goal was to help women that have lost dear ones to face the grief, how to grieve in a healthy way, to share Christ with them, the help we have in Him and the hope of eternal life. One of them was held in Bitola. This united the churches of all denominations in Bitola, Resen, Ohrid, Struga and Prilep to work together in preparation and realisation. About 90 women came to the conference and 41 of them wanted to continue hearing and discussing, coming together. E.C. Bitola started one group, with joy and lots of hope and soon to be little disappointed to see some women changing their mind, yet we continue to pray and trust in the work of the Holy Spirit, do our part of inviting and being there for those who decide to come, praying for continuing guidance.



Easter gifts

Shopping bags filled with New Testament and Christian books were delivered on the street. People showed a lot of interest to get one and all 150 bags were given out in about an hour. Again, this gave an opportunity to be out on the street and point out God is real and alive, has risen from the dead to prove there is resurrection and eternal life. A few stayed to talk but all of them have the books and we continue to pray that God will use the books and the words to speak to their hearts and open their eyes to see Him.



The youth group has started to gather once a week. We pray that the Lord will give them the strong desire to be with Him, learn and act with joy. Aleksandra, the girl taking the photo, is the only believer in her family. She lives with an alcoholic mother who hardly works and older brother who is often arguing with the mother. This year she finishes high school and thinking what is next. She shared that every day for her is a

hard life. Her friends are from school and some taking drugs. She is such a sweet soul, listens with a lot of interest, but still does not see the importance of spending time with God regularly.

Please also pray for

- Evangelistic outreach on 11-14 of August

Many blessings

In Him

Josip and Biljana

TOM WALKS 4 TEN

Photo by [Tim Foster](#) on [Unsplash](#)



I am planning to walk back from Land's End to Frome, around 350 miles, to raise money for TEN, a Bristol based charity that supports churches in former Communist Countries. At the moment they are helping churches in Romania and Moldova that are caring for Ukranian refugees.

I am starting from Land's End on Wednesday 15 June and hope to be back in Frome by 15 July. I am going quite slow as I want to enjoy the journey. I will be

wild camping most of the time with occasional B&Bs to freshen up a bit!

If you would like to join me for a day that would be great.

I am hoping to raise £1000 for TEN.

<https://www.stewardship.org.uk/pages/tomwalks4TEN>

You can contact me on:- mob. - 0786 0739 906 email - tomharflett@hotmail.co.uk

Tom Harflett

MISSIONS

Brigit met her 'deadline' of being able to back in church for Easter, and is now back to full health, eating and drinking normally, and even starting to run/jog again. Thank you for all your prayers and love during the past 9 months! When she was having chemotherapy, she decided once she was well again she would like to do a road-trip to visit family and friends who have supported and encouraged us during the past year. Chris and Miriam kindly lent us their campervan so that we could take our dog with us and in May we spent 2 weeks taking a circuitous route up to Edinburgh and back again. It was such a blessing to be able to stay wherever suited us and enjoy the occasional sightseeing stop. An additional blessing was that while we were in York Brigit was able to make an unscheduled side-trip to Cumbria to visit her sister who has been unwell for several years, which proved to be the last time she would see her. Although this was an added sadness in a difficult year we are glad that her distressing decline is over.

Mike has started working with a friend to develop the 'Blended Learning' training format that was pioneered by the Indonesia FRR (First Response Radio) team last year. All FRR training for the last 15 years has been in a face to face, in-class, training environment, but we all learned during the Covid19 Pandemic that we can do much more online via video calls. Also, many trainees are reluctant, or not yet allowed to return to full in-class training. FRR plans to develop a hybrid system starting with online training and then transitioning to essential hands-on training for the equipment. We need to develop the full training package so all our international teams can take advantage of what our first teams have learned already.

Mike and a group of 'techies' met in Worthing a couple of weeks ago to work on a re-design of the essential 'radio studio in a suitcase' elements. The original suitcase had many components that were then highly customized, took a long time to assemble and was expensive. The idea was to create a version that would use off the shelf equipment with minimal customization. Praise God technology has advanced so much that we can do more with less equipment.



Prototype layout of out the new equipment



Dave Dunn testing new microphones (waiting for a train to pass)

Far East Broadcasting Company (FEBC), our sending mission, has a total of eight radio stations in Ukraine, but two have been destroyed since the start of the conflict in February. In addition to radio, our staff are using internet-based broadcasts on Facebook, YouTube, and other social media. Pray for the safety of our staff and for God's protection over our facilities in the country.

Brigit has offered to help with ESOL (English for Speakers of Other Languages) and hopes to start tutoring

a Ukrainian woman in Frome soon. We'll be returning to the USA in August/September for a wedding and are looking for someone to house and dog-sit. Please let us know if you have any ideas.

Prayer requests

- pray that we can find a house/dog sitter for the time we are away
- pray for Mike and Terry and Dave as they finish off assembling the suitcase prototype
- for Brigit's brother to have the best palliative care possible
- pray for FEBC programmers in Ukraine that they can continue to make relevant and helpful programmes as the war continues, in particular for the counselling team as they take lots of phone calls.



Practising making a radio programme with the new equipment



A glimpse into Heaven (A precis of Revelation)

John, much-loved disciple of Jesus, lived to a great age. Revelation, the last book of the Bible, records John's vision of the future. It is written in picture language, a code that Jewish and Christian readers at the time would understand. It was probably written at a time when the Roman emperor was persecuting the church.

Many Christians were asking: "is God *really* in charge? Will Jesus come back?"

John himself had been sent to a prison camp on the island of Patmos, when, one Sunday morning, Jesus appeared to him, shining with glory. He gave John messages to the churches in seven different cities. The John had a glimpse into heaven itself, where God, blazing with jewel-brightness, was sitting on a throne circled with rainbow light. In his hand, he held the sealed scroll of the future.

Only one person among the multitudes in heaven was fit to undo the seal and set the events of the world in motion. That person was Jesus.

John gazed, expecting to see a strong, lion-like figure, but Jesus looked like a lamb ready for sacrifice. He is the Lamb of God, who died to take away the sin of the world.

When Jesus took the scroll, thousands upon thousands in heaven burst out singing, "Worthy is the Lamb who was slain! To receive power and glory and blessing!"

As Jesus began to unroll the future, John knew for certain that God is in control.

Satan, the old enemy of God, has plunged into sin and suffering. But Jesus has won the victory against evil, by dying and rising to life for ever.

Then John saw the end of everything old and ugly and spoiled, and the beginning of a new world, fresh and lovely and good.

No one who might spoil that lovely world could be allowed in, but only those made clean by Jesus. Everyone who says "No" to Jesus in his lifetime and refuses his forgiveness will be sent far away from God.

'I saw a new heaven and a new earth,' John wrote. 'And I heard a loud voice saying, "Now God's home is with mankind. **God himself will be with them. He will wipe away all tears. There will be no more death, no more grief or crying with pain.** God's Holy City has no need of sun or moon, because the glory of God shines on it, and the Lamb is its light.'" '

How John longed for that day to come! 'I am coming very soon!' Jesus promised. And gladly John answered, 'Yes, Lord Jesus – please come!'



Trinity will be hosting a number of events during the Festival this summer, including talks on the Burne Jones windows by Rob Martin, Meditations at Noon each weekday, Oakfield Choir (Wed), and a concert by Sospiri chamber orchestra (Sun 3rd).

You are also encouraged to support the following two events we are promoting:

Friday 1st July 7.30pm: What promises to be a fascinating talk by William Ruff on **Father Henry Garnet and the Gunpowder Plot**. Tickets £8, under 19 £4.

Thursday 7th July 7.30pm: An “exciting and colourful” **Organ Recital** by **David Bednall**, a renowned organist at Bristol and Clifton Cathedrals. Tickets £10, under 19 £5.

The cheapest way to buy tickets for these two events is from the **Church Office**. Tickets for almost all events are available from the main Cheese & Grain Box Office, but a £1.50 handling charge will be added to each ticket over £5.

As usual we will be recruiting a few Stewards to assist in welcoming visitors to events in the Church. We won't need as many as in some previous years, as our programme is less ambitious, so there will not be any sign-up lists put out.

If you would like to volunteer, please contact me, and we can discuss the most suitable time(s).

Thank you. Margaret (01373 453962; margaretperry1@outlook.com)

TRINITY NOTICEBOARD

Amazon donates to your chosen charity for every purchase you make If you are buying anything on Amazon, you could donate 0.5% of the price of your eligible purchases to Trinity at no extra cost to you.

Go to <https://smile.amazon.co.uk> and select The Parochial Church Council of The Ecclesiastical Parish of Holy Trinity, Frome as your chosen charity, do your online shopping as normal.

RECYCLING AT TRINITY :

* **STAMPS:** We collect ALL used postage stamps, international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. When there is 1kg or more they are sent away, the company that buys them from Trinity pays for postage so this is a great little fundraiser at no cost to Trinity.

* **USED INKJET PRINTER CARTRIDGES** for the following brands only: **Canon, Dell, Hp, Lexmark, Neopost and Samsung.** All others need to go to the recycling tip. Only the cartridge is needed, none of the other packaging.

* **CRISP PACKETS, sweet and chocolate wrappers, and pasta packets** for recycling. All recycling needs to be **clean and dry.** We do not take curb side recycling, such as cardboard and tins. Please **ONLY** bring what we can accept, and not things like paper and plastic which can be recycled at home.

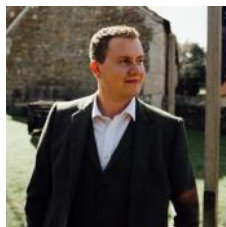


* **WRITING INSTRUMENTS** are accepted: Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. **Note: No wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.**

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful, professional and has rescued many a desperate person with a smashed screen, or drowned phone!

Mobile Phones & Tablet Repairs

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Threat to Christian Assemblies

A new private members bill currently waiting for its second reading in the House of Commons aims to remove Christian worship and Christian assemblies from state schools without a religious character. This would mean that these schools will no longer be allowed to organise acts of worship or other religious observance in school. The law as it currently stands affords many individual Christians, staff members and Christian organisations the opportunity to be welcomed into schools to present the Easter and Easter stories, and permits Nativity performances and Bible based assemblies by organisations such as 'Open the Book'. Pray that those with a secularising agenda would not push this any further, and seek God's blessing on the many groups that share the good news of Jesus in UK schools.

Volunteering



**Didn't you know it's good
for you.**

We rely on people like you playing their part to give young people the opportunities they need.

But volunteering's not just about giving something back. It's also about doing something that's good for you.

Volunteering gives you career-boosting skills, improves your wellbeing, and helps you make connections with friends, family and your local community.

So what are you waiting for? Get in touch Hannah.Jackson@Scouts.org.uk or call 07593 100603

scouts.org.uk/volunteer

#GoodForYou

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Nifty Needles Craft Group

You are welcome to join Nifty needles and enjoy sharing your creative interest in cheerful company. The next meeting will be on Thursday 27 January 2022 at 10.30am, unless new regulations are in place. 'Hands, Face, Space' advice will be observed. For details contact Barbara Bacon: 01373 473673

barbara.l.bacon@gmail.com



HOPE FROME

HISTORY OF HOPE FROME

HOPE Frome started in 2008 as part of a nationwide vision to bring Christian denominations and groups uniting in prayer, community action and outreach. In Frome that manifested itself as town-wide litter picks, supporting activities such as the Food Festival (setting up and taking down tents, litter clearance etc) and liaising with the police and town council to start the HOPE Coffee Van to help combat late night unrest in the town centre. Over the years the coffee van provided countless cups of tea, coffee and hot chocolate to the late-night population of Frome, and was acknowledged by the police as being instrumental in alleviating unrest there.

The HOPE Oasis stall at Frome's Independent Market was established with the intent to provide a connection to the very busy market for the Christian communities of Frome. The Oasis provided a gazebo to sit and chat under and free cups of water for market customers. Monthly Oasis volunteers also took part in a publicly open moment of reflection on the Lord's Supper at noon. The stall also became a go-to spot for lost children and medical responders and was a monthly stop for a number of regular market visitors and stall holders. The Independent Market and HOPE Oasis stopped operating in 2020 due to Covid. When invited to restart the Oasis, HOPE struggled to find volunteers available to operate the stall to keep it operational.

One of the challenges has been to know what the priorities for regular community outreach in Frome are and how we can deliver them. After consultation with the local police, YMCA and the town council, a priority in Frome was identified as building bridges with the youth in the parks and open spaces, where drinking and drugs have been identified as a concern. This ties in with the work that the Frome Deanery Pioneer Missioners, Andrew and Elizabeth Alden are already doing.

WHO IS HOPE FROME?

A small (but hopefully growing!) group of people are involved in looking for opportunities to represent the Christian community serving Frome in practical ways. More people are needed to be viable – we hope that everyone from all churches in Frome will consider being involved in HOPE Frome in some way.

HOW CAN YOU BE INVOLVED?

Children's Festival

HOPE Frome has been asked and agreed to support the Children's Festival in August. On Sunday August 21st from 10 am to 4 pm, we will be manning a water & respite tent in Welshmill Park for Children Festival attendees. We need DBS checked volunteers to man the gazebo in 1 or 2 hour shifts, welcoming guests and offering them water and/or a place to sit and recover from the days activities. Please contact Gary Lee (gmllee@mac.com) if you can help..

HOPE Frome In Parks And Open Spaces

A few of us have committed to walk in the parks/open spaces at least one evening every two weeks. One evening we were able to talk to some people about the recent violence in Frome. Another evening we set up a pizza oven by the coffee shop area of Victoria Park. 15 young people came to join us and made their own pizza, including a mixed group of young men/women skateboarders. Their whole group came over and settled to join us and spent a fair bit of time with us, rather than just 'grab and go'. We learned later that some of this group have connections to youth at Holy Trinity. It was encouraging to connect with a group we might build further links with.

Sign up to volunteer and/or pray for HOPE Frome, particularly in the parks and open spaces. Although we are still in the exploratory phase of the project, the long term aim is to provide training for small groups to be able to engage with and build relationships with young people in Frome, ideally through activities and interaction in various venues and the open spaces. Outdoor volunteers will need to be DBS certified. Contact Andrew and Elizabeth Alden for more information (fromepioneers@gmail.com)

'Pizza in the parks...a beautiful evening blessed by God.

The first picture gives a flavour of the group which joined us; the one approaching was the first of several who joined their friends, and then sat/sprawled (!) on the picnic blankets with us for over an hour, eating, drinking and chatting. Thank you, Lord, for encouraging the team on this first.'



ECO CHURCH—THE WONDER OF TREES

'Do not harm the land or the sea or the trees' **Rev 7:3**

'... blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought.' **Jeremiah 17:7-9**

'God writes the Gospel not in the Bible alone, but also on trees, and in the flowers and clouds and stars.' **Martin Luther**

Trees present us with wonders that science is only just beginning to explore, not least the 'wood-wide web'. This comprises a widespread underground fungal network which enables trees to 'communicate' with each other.

Together with all creation, trees invite and encourage us to 'keep learning, keep humble and to keep living in wonder', three principles which play a foundational role in our faith journeys.

['The beauty of nature is like a trickle of water in comparison with the fountain of beauty to be found in God.'](#) These words of Aquinas remind us that to grasp the beauty of what God has created helps us to appreciate the even greater beauty of

God himself. How important it is that our faith journeys embrace both the wonder of the God of Creation and the God of Redemption, wonder embodied in Jesus in whom *'all things hold together'* Col 1:17)

Recommended resources:

'The Wonder of Trees' by Nicola Davies (for young people)

'Trees' beautifully illustrated by Daphne and Dennis Neate, members of the congregation

TED talks on the 'Wonder of Trees' Never forget, 'we're born to wonder not merely exist.'

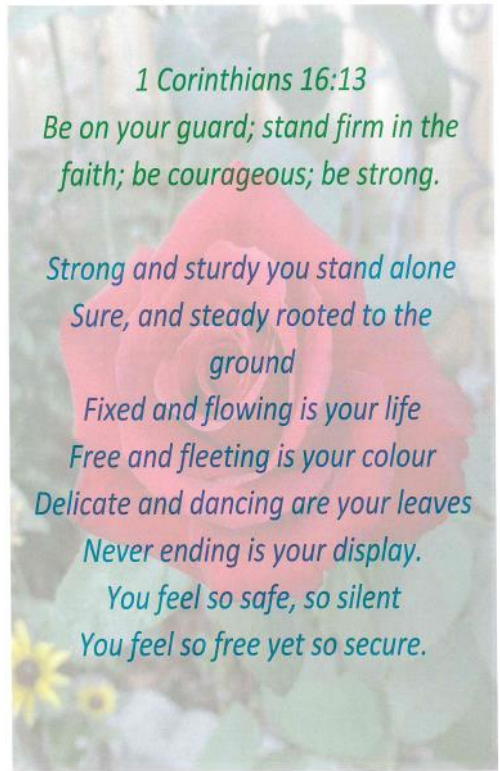
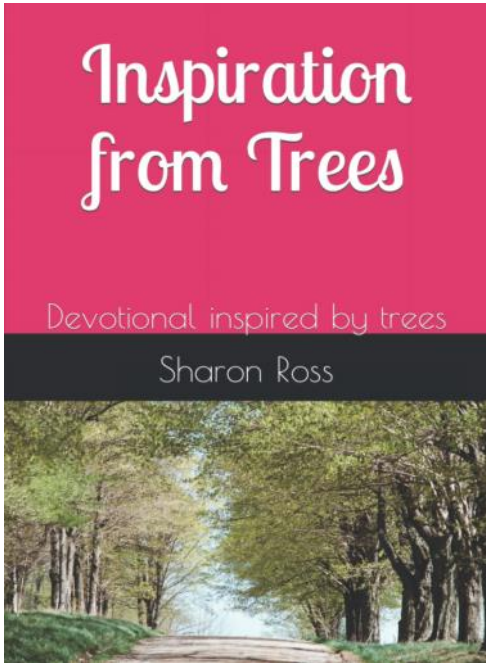
The church eco patch contains a number of trees/bushes and we're beginning to plant species growing locally. Recent additions include crab apple, wild cherry, hawthorn and sloe. The former Oakfield house group are contributing a Rowan which will be planted in the autumn.

Butterflies on the wing locally in July/ August include: Wall Brown, Ringlet, Gatekeeper, Meadow Brown. Common Blue, Marbled White, Small Copper

Prayer: ***Creator and redeeming God set our imaginations on fire for you and your creation.***

John Samways

Inspiration from trees, a beautiful devotional book available on Amazon by Sharon Ross of Holy Trinity Frome



Frome Churchyards' Biodiversity Open Day Saturday 2nd July as part of Frome Festival

On Saturday 2nd July 2022, the churchyards will be stewarded as follows:

10am – 1pm: Christ Church, Dissenters Cemetery, St John's & Wesley Church

1pm – 4pm: Holy Trinity, St Katharine's & St Mary's

We still need stewards for Holy Trinity (please sign up on the Eco Board in the Link). Please also consider supporting this event either by coming to see Trinity's Eco area or by visiting other churchyards.

Mothers' UNION

Christian care for families

MU members enjoyed an excellent Cream Tea at the beginning of June to celebrate the Queen's Jubilee. The money we raised will be sent to MU Headquarters towards our "Jubilee Summer of Hope" to help support women around the world to lead and transform their communities, especially those in leadership roles. We tested our knowledge of the Queen and her family through a royal quiz which proved to be quite difficult!

It was great to enjoy all the Jubilee Celebrations and give thanks for the Queen and her years of service as Patron of the Mothers' Union. She has carried out her royal duties with grace and dignity and has been a symbol of inspiration for many within the UK, across the Commonwealth and in many other countries. She has promoted Christian values at home and abroad, often using her broadcast messages at Christmas and in the face of national crises to remind us of the strength that can be found in the anchor of Christ.

At our next meeting on Wednesday 6th July we will be having a talk entitled "Visiting Iona". This will be at Lah's Place, Beckington at 2pm. There will not be a meeting in August but we shall remember our founder, Mary Sumner, on her anniversary on Tuesday 9th.

For more information please contact Mary Earle or Susan Clark.

MAGAZINE ARTICLES, POEMS, BOOK REVIEWS, TESTIMONIES, ETC

Please submit to the magazine editor on holytrinityfrome@gmail.com by the following dates

MAGAZINE	DEADLINE DATE
September magazine	17th August
October Magazine	21st September
November Magazine	19th October
December and January Magazine	16th November

C O N N E C T

VICAR	VACANCY	
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