



HOLY TRINITY TIMES

JULY & AUGUST MAGAZINE



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SERVICE TIMES

SUNDAYS

9.00 Holy Communion

11.00 Morning Worship
Contemporary service including
Kids Church

18.30 Evening Worship / Prayer
Meetings

WEDNESDAY

10.00 Holy Communion

MON, TUES & THURSDAY

9.00 —9.30 Morning Prayer



Kids Church is now running at Trinity although a parent / guardian must accompany each child to their group.

SUNDAY CAFÉ: our youth group for 11-18's meets Sunday at **6.30pm** online, please speak to Bryce for details.

CLUTTER

Radar is a very useful aid to navigation. It sends out its pulses, displays the echoes on a screen and so gives the sailor some idea of what is out there that can't otherwise be seen; a coastline or other vessels which may or may not pose a danger of collision.



If the weather is bad (which is when the skipper most needs the radar), the image may be distorted by a mass of blips of light which make it difficult to work out what is what. The term the frustrated mariner uses to describe this phenomenon is "Clutter!"

What a great word that is – "clutter" – to speak it aloud is to hear the sound of stumbling over something that would really be better off out of the way!

The prospect of moving house is another activity that can bring us face to face with clutter as we realise how many odds and ends have accumulated over the years and here we are sitting down to look again at this and that, spending time re-living the associated memories and wondering in a distracted sort of way whether, for example, my plastic model of the Eiffel Tower should come with us or be recycled through a charity shop.

In the end however, it does feel good to clear away clutter. As the wisdom of our ancestors has it, the trees being out of the way, we can see the wood.

Church life can also become so encumbered by activities, traditions and 'stuff' that we risk losing sight of what is most important, namely our love for the Lord and our love for one another.

As I am sure readers of this article will know, Lesley and I are preparing for our next move; we have to get on with clearing away some of our clutter. Yes, we are looking forward to being nearer to our beloved family, but we do also feel a real sadness at moving away from our wonderful family here at Holy Trinity.

You all mean so much more to us than can ever be expressed in this short piece – but we say it now and will say it again many times over the coming weeks – Thank You for your friendship, fellowship and support.

But the time for our move is drawing near, and I am thinking and praying about how you will move forward into the next phase of your life together. May you shape a steady and safe course into the years ahead and may your vision never be impeded by too much clutter. Please just keep your eyes fixed upon Jesus.

St Paul puts it so much better than I ever could:

“.....I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.” (Philippians 3: 14)

With much love and many prayers,

Graham

A word from the wardens



I don't know about you but for me, the Psalms always seem to provide a word for the day despite the fact that they were written hundreds of years ago. If you have a quiet moment, take a look at Psalm 142. Written by David when he was in hiding from Saul in a cave, he cries out to the Lord. The Psalm includes this powerful verse: 'I cry to you Lord; I say, "You are my refuge, my portion in the land of the living.'"

Each and every one of us face difficult circumstances, some more serious than others but life can be tough and challenging. It's all too easy in those situations to



A word from the wardens continued

put God on the back-burner and rely on our own strength to get us through. However, David encourages us in these moments to “Cry out to the Lord” and it’s quite extraordinary how praise and thanksgiving at such times displaces the agony of despair and loneliness.

Our Home Group are working through a great book by Bill Johnson called ‘Strengthen Yourself in the Lord’ and there’s a chapter all about giving thanks in difficult circumstances. I quote, *“Thankfulness carries an attitude of humility. Thanksgiving is the only proper way to receive what God has given us because it honours our relationship with him by expressing trust in His goodness, even if we don’t yet understand what we’ve received.”* And this is what David was doing in the cave – honouring his relationship to God by making Him his first ‘port of call’. When don’t show that honour, when we withhold thanks, we cut ourselves off from who God created us to be. When we go our own way, we lose sight of God’s purpose and we make poor decisions and wrong choices – choices that are outside of God’s intentions for our lives. In essence thanksgiving keeps us sane and alive! It’s really hard to stay glum and depressed about our circumstances when we’re filled with the love and goodness of God.

As August approaches and huge changes loom for Holy Trinity, it’s easy to fall into the trap of despondency. But that’s not what God wants for us and it’s certainly not what Graham wants either! Graham and Lesley have built a very solid launch-pad from which we take off into the new era. It’s such a blessing to have a church family who will all stand by each other as we enter this period of vacancy. We have a huge amount that we can all be thankful for and I urge you all to think positively about what’s in store.

Plans are taking place for a farewell for the Owens (watch this space!) and we would ask you now to pencil in the date of Graham’s last service on 15 August. Depending on Government Regulations, we would love to have party after the service either in the Church or in Victoria Park – one way or another we will give Graham and Lesley the send-off they richly deserve. We’re all in this together, and that’s a cause for great celebration, thanksgiving and praise.

Chris and Libby

Frome Community Drivers



are calling out for more volunteers who can give some time to transport people to hospital and GP appointments as well as shopping or social trips. This is such an important service to help those who are unable to get to appointments because of lack of transport, bus services or because they don't have family and friends nearby who can help. There are currently 300 passengers on the Frome Community Drivers' books and only 15 regular drivers. This service is vital for many people who are isolated and unable to get

out. It would be wonderful if we could help even more people. Anyone who holds a valid driving licence and is fit and well, has the potential to become a car scheme voluntary driver. The vehicle they use must have a valid MOT and car insurance and be suitable for car scheme work. We would also need to carry out a DBS check.

If you would like to become a volunteer driver or would like to use our services please call Morag on 07596 591391

HOUSEHUNTING HELP REQUIRED

Please let me introduce us - we are Ken and Maz Brown and we have been working with MAF in Kenya for the last 7 years <https://www.maf-uk.org/staff/brown-ken-and-maz>. Ken will be working for ARocha and I, Maz, will be starting a job in Frome.



Ideally we'd like to buy ASAP but if not we are happy to rent. I'm happy to chat with someone too if you'd like. We can be reached on whatsapp +255 786 478 961. Many thanks for your help. Maz and Ken

AND THIS ONE FROM VANESSA —

I am moving to the area in July to start a new job at Longleat Safari park. I am looking for accommodation (flat, static caravan or room) for myself. I am a respectful and tidy person who appreciates peace and quiet. I enjoy baking, crafts and spending time with animals. Email the church office if you have any info

The 24th July 2021 is the 10th anniversary of the Diocese of Marsabit – how amazing is that!

In recognition of this special milestone, the trustees of Friends of Marsabit would like to make a gift to the Diocese. A local donor has offered to help start building a Girls High School, but the Diocese has no suitable land. To buy the 3-4 acres needed near Marsabit, safe for all students to access because no people group dominates, is estimated to cost £25,000+.

Out of funds we are holding, we have agreed to give an acre, about £7000. But we would love to give much more to enable this Girls High School to become a reality. A Boys High school has already

been started. Would any of you like to contribute to this project to mark this special anniversary? If so, please send any gifts to our bank account, details below, and let our treasurer Phil know it is for the Girls High School. We would love to buy the whole plot, so the school can actually be started!



A TIME TO PRAY

***Whole church
prayer meeting***

28th July at 8pm online.
Email Lesley or the office for the zoom login
details.

A decorative border with green leaves and yellow flowers, framing the text on a light green background.

PARISH NURSE NEWS



Greetings Trinity family!

As I write this it seems that the ending of restrictions will be deferred for another month which is frustrating but seems a sensible idea as several variants of Covid are causing concern.

However God willing, things will improve. I hope those of you who love gardening have been enjoying the sunshine and the company of friends and loved ones once more.

I just want to thank those of you who saw my prayer request at the end of May for my elderly frail father who had been transferred to a nursing home in Devizes from RUH. I was called in by paramedics in the early hours. The paramedics were amazing and so kind and prevented a re admission to RUH. Sadly my father died two days later, but my prayers were answered as it was a peaceful pain free passing and we as a family were allowed to be with him for which I am so grateful.

Thank you, Trinity family, for your support and prayer. It really helped and sustained me through the sadness. You really are an amazing loving community that I am proud to be a part of.

This month I thought I would write about a bowel disorder which I know affects many people and some dietary advice from the Association of UK Dieticians.

Irritable Bowel Syndrome (IBS) is a medical term used to describe a collection of gut symptoms.

Symptoms vary from one individual to another and can be worse for some than others. It is a very common condition affecting around one in five adults. An assessment for IBS should be considered if you have had any of the following symptoms for at least six months: abdominal pain or discomfort, bloating, or change in bowel habit.

A diagnosis of IBS should be considered only if there is abdominal pain or discomfort that is either relieved by defaecation or associated with a change in bowel habit. This should be accompanied by at least two of the following four symptoms:

- Altered stool passage (straining, urgency, incomplete evacuation)
- Abdominal bloating (more common in women than men), distension, tension or hardness
- Symptoms made worse by eating
- Passage of mucus.

Other features such as lethargy, nausea, backache and bladder symptoms are common in people with IBS, and may be used to support the diagnosis. It is important to have a diagnosis of IBS confirmed and other conditions such as coeliac disease and inflammatory bowel disease ruled out. Four reasons to consult your

doctor for referral to see a specialist are where you have possible IBS symptoms and any of the following:

- Unintentional and unexplained weight loss
- Rectal bleeding
- A family history of bowel or ovarian cancer
- A change in bowel habit to looser and/or more frequent stools persisting for more than six weeks in a person aged over 60 years.

What steps can I take if I have IBS?

Try to:

- Eat three regular meals a day
- Try not to skip any meals or eat late at night (smaller meal sizes may ease symptoms)
- Limit alcohol intake to no more than two units per day and have at least two alcohol free days a week
- Reduce intake of caffeine-containing drinks and fizzy drinks e.g. no more than two mugs (three cups) a day
- Drink at least eight cups of fluid per day, especially water or other non-caffeinated drinks, for example herbal teas
- Cut down on rich or fatty foods including chips, fast foods, pies, batter, cheese, pizza, creamy sauces, snacks such as crisps, chocolate, cake and biscuits, spreads and cooking oils, and fatty meats such as burgers and sausages
- Reduce your intake of manufactured foods and cook from fresh ingredients where possible
- Limit fresh fruit to three portions per day (one portion is 80g).

Seek advice from a healthcare professional about the amount of dietary fibre that is right for you.

Helpful Hints

- Take time to relax – relaxation tapes, yoga, aromatherapy or massage may help
- Take regular exercise such as walking, cycling, swimming
- Take time to eat meals – chew your food well
- Keep a food and symptom diary whilst you are making changes so you can see what has helped
- Make one change at a time so that you can see what has helped.
- Make changes according to your symptoms.

Dietary changes can often help IBS symptoms and sometimes simple changes are all that are needed

If symptoms include bloating and wind:

- Limit intake of gas producing foods e.g. beans and pulses, Brussels sprouts, cauliflower, and also sugar-free mints/ chewing gum.
- You may find it helpful to eat oats (such as oat-based breakfast cereal or porridge) and linseeds (up to one tablespoon per day).
- Try to gradually increase your fibre intake – any sudden increase may make symptoms worse. Rich sources include wholegrains, oats, vegetables, fruit and linseeds. They help to soften stools and make it easier to pass.
- Try adding one tablespoon per day of brown or golden linseeds (whole or ground) to breakfast cereal, yoghurt, soup or on salad. Have a small glass/ teacup (150ml) of fluid with each tablespoon of linseeds taken.
- Avoid eating extra wheat bran.



If symptoms include diarrhoea:

- Replace lost fluids by drinking plenty.
- Limit caffeine intake from tea, coffee and soft drinks to three drinks per day.
- Try reducing intake of high-fibre food (such as whole-wheat breakfast cereals and breads).
- Avoid sugar-free sweets, mints, gum and drinks containing sorbitol, mannitol and xylitol.

Please contact me if you have been discharged from hospital and would like a visit for support and prayer, Sue Martin and the pastoral team will be very happy to help you.

Podiatry. The next session will be on Friday 25th from 2-4pm. Caroline our Registered podiatrist is a real blessing to us.

If you would like to support the podiatry service financially, please let myself or Graham know. I will be looking for sources of funding so that this valuable service will continue. It has literally changed someone's life who's mobility has been restored following treatment.

The Bereavement Journey course I have been mentioning is now starting on Thursday 1st July for six weeks between 10-12. It is a Holy Trinity Brompton course which includes a weekly video led by a bereavement Councillor and a chance for discussion afterwards, with tea and biscuits included. Please let me know if you are interested. I have around five people who have expressed an interest already.

My mobile is 07423318929 but please be aware I may not get back to you immediately as I continue to work one flexible day per week until restrictions are completely lifted.

Love & blessings, Jan

CASH FOR CASH

A FUNDRAISER FOR HOY TRINITY FROME

Do you have any old, foreign or unwanted coins or banknotes lying around at home? This includes any pre-decimal coinage: anything from Young Queen Victoria pennies (Bun Pennies) or other coins to the sort of change you had left over in 1972 when we changed to 'new pence'. Foreign coinage (current or old): those Francs, Drachma, Marks, Schillings etc. You might have an old coin collection you started as a teenager, or a Roman coin from the reign of Emperor Tiberius (see Mark 12:17)



Bank notes are also collectable, especially older ones from Britain or around the world. Medallions, token and 'fake' coinage may also have some value.

Anything would be welcome and a chance to offload those useless cash items cluttering up a drawer at home, and all in a good cause.

A collection box will be in the church until the end of August when the contents will be taken to an expert coin dealer (David Ayling at Somerset Coins) who will convert all donations to be donated to Holy Trinity Church Funds. As well as being a coin dealer, David also helps charities (including churches) to raise funds this way

Thank you all for your generous donations Tim Harris 07512 140813

The Pod

Frome Scrapstore
Series of pop up events

Bring a bag for life

Saturday 10th July
12pm - 2:30pm

Vallis Youth & Community Centre, Frome, BA11 3EF

Do you want access to a warehouse full of weird and wonderful objects?
One person's waste is another person's treasure.
We have everything you need for lots of interesting artistic, creative and play activities.

In partnership with **Children's scrapstore**

Funded by **Frome** COMMUNITY FOUNDATION

supporting **the pod charity**

info@thepodcharity.org.uk

Prayers and Squares

During lockdown when Trinity was closed it was initially not possible to provide prayer quilts. With limited openings still, having people gather at the back of the church to pray and tie knots was not allowed. Talking with Graham, we decided that, since the knots tied are reminders of prayers that have been said, I could tie the knots on behalf of those who agreed to pray.

Therefore we have provided two quilts; one for a member of the Trinity family and another for a close relative of a Trinity family member. I sent out e-mails to all those people who would normally come to tie a knot and say a prayer, expressing the recipients' prayer requests. Maggie also kindly sent out a message to those members of the Prayer Circle. I apologise if I missed anyone off the list!

As usual, our Trinity family responded wonderfully, messages saying prayers would be said, had been said or were being said. Within a very short time, all the knots were tied and in some cases over tied.

Thank you all so much for all the wonderful support, the showering of love and encouragement to all of us who make the quilts and to the recipients. Please don't wait for me to offer a quilt, just contact me if you know someone in crisis and would be prepared to receive a quilt. If you aren't sure if the situation meets the criteria, then contact me and I will talk it through with you.

Quilts can be provided but the recipient needs to agree to receive a quilt.

A quilt cannot be purchased (but a donation to help cover the cost of the making would be appreciated) and it is not about the quilt itself, it is the prayers that have been prayed into the quilt that matter.

Lizzie Round



There are three Quiet Garden Days coming up

in Wellow, at St.Julians Well, BA2 8QS

On Thursdays 1st July, 5th August, 2nd September. From 10.15 for 10.30 until 3.30. Hot and cold drinks provided BYO sandwiches if staying for lunch.

Further details from Anthea Kemp akelmgarden@gmail.com or Tel. 01373 473994.



**Active and
In Touch Frome**
Helping to combat loneliness and
isolation in our community




**PORTRAYAL
OF A
PANDEMIC**
AN EXHIBITION
SEPTEMBER 2021

OPEN FOR SUBMISSIONS
ALL FORMS OF ARTWORK WELCOME

INCLUDING SCULPTURE, TEXTILES AND ALSO POETRY
PLEASE EMAIL SUBMISSIONS TO EVENTS AT:

EVENTS@ACTIVEANDINTOUCH.ORG
WWW.ACTIVEANDINTOUCH.ORG | 07738 381124

 **BLACKSWANARTS**

Frome Made differently
TOWN COUNCIL

J U L Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			10:00 Holy Communion 19:30 Zoom Faith
4	5	6	7
9.00 Holy Communion 11.00 Informal In Person Service & live broadcast		FESTIVAL 19.30—21.00 Organ Recital Alison Howell FRCO	10:00 Holy Communion 19:30 Zoom Faith
11	12	13	14
9:00 Holy Communion 11.00 Informal In Person Service & live broadcast			10:00 Holy Communion 19:30 Zoom Faith
18	19	20	21
9.00 Holy Communion 11.00 Informal In Person Service (No Kids Church) & live broadcast online			10.00 Holy Communion 19:30 Zoom Faith
25	26	27	28
9.00 Holy Communion 11.00 Informal In Person Service & live broadcast 3.00 Active & In touch service.	Church online Prayer meeting 8pm-9pm (email the office for the Link from 19th July)		10.00 Holy Communion 19.30 Zoom Faith

2 0 2 1

DAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3
Communion Focus on			
	8	9	10
Communion Focus on		FESTIVAL 19.30-21.00 Jamie Sefton A Thousand Sons	FEESTIVAL Frome Churchyards Biodiversity Trail starting at Trinity at 14.00
	15	16	17
Communion Focus on			
	22	23	24
Communion Focus on			
	29	30	31
Communion Focus on			

A U G U S T

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
1	2	3	4
			10:00 Holy Communion 19.30 Zoom For Faith
8	9	10	11
9.00 Holy Communion 11.00 Informal In Person Service & live broadcast	9th August, Mary Summer Day, Founder of the Mothers' Union.		10:00 Holy Communion 19.30 Zoom For Faith
15	16	17	18
9:00 Holy Communion 11.00 Informal In Person Service & live broadcast			10:00 Holy Communion 19:30 Zoom For Faith SEPTEMBER M DEADLINE
22	23	24	25
9.00 Holy Communion 11.00 Informal In Person Service (No Kids Church) & live broadcast online			10.00 Holy Communion 19:30 Zoom For Faith
29	30	31	
9.00 Holy Communion 11.00 Informal In Person Service & live broadcast 3.00 Active & In touch service.			10.00 Holy Communion 19.30 Zoom For Faith

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DAY	THURSDAY	FRIDAY	SATURDAY
	5	6	7
Communion focus on			
	12	13	14
Communion focus on			
	19	20	21
Communion focus on MAGAZINE			
	26	27	28
Communion focus on			
Communion focus on			



FROME FESTIVAL AT TRINITY CHURCH

**July 6th at 7.30 pm - Trinity
Organ recital - £10.**

**July 9th at 7.30 pm - Jamie
Sefton - £5**

**July 10th from 2pm onwards -
Trinity Churchyard Bio-
Diversity Trail - Free.**

TICKETS AVAILABLE FROM THE CHURCH OFFICE & THE
CHEESE AND GRAIN

www.fromefestival.co.uk

Frome Festival at Trinity

Why not come along to one of the fantastic events held at Trinity Church for the Frome Festival? Tickets are available from the church office **without the added Festival Booking Office fee of £1.50 per ticket.**

Organ Recital: Alison Howell FRCO will give a concert of inspirational and reflective organ music including works by Cecilia McDowell, Bach, Guilmant and Rebecca Groom Te Velde. Alison works as a freelance musician based in Bristol, having received many awards since graduating in 1985. She has played for choral days with David Willcocks, John Rutter and Bob Chilcott and accompanied Dame Felicity Lott in concert. She is organist of St John the Baptist Church, Keynsham and a member of the newly formed Society of Women Organists. As a recitalist she has played in many cathedrals, concert halls and churches.

Jamie Sefton has performed at the Edinburgh festival, as a talented and widely recognised actor. His production, A THOUSAND SONS follows Bertie, a Nuclear Veteran, who was present in the South Pacific in the 1950's during Britain's nuclear weapon tests. He is followed through his life: from witnessing the denotation of the first bomb, to the subsequent effects it had on him and his family later in life, and finally his struggle for justice and recognition from those in charge. Bertie is a fictional character, however all events are based on true testimonies of British service personnel, shown through recreation, poetry and verbatim testimony.

Biodiversity Churchyard Trail. As some of you will know, Trinity Church is working towards being more eco friendly and biodiverse. One of the ways we are doing that is to start transforming our churchyard into a haven for all kinds of wildlife, including birds, pollinators and bugs. Why not come down from 2pm on the 10th July to see what we've been up to and hear from John and Maggie about our plans going forward as we aim to play our part in looking after Creation.





WHO

WHEN

WHERE

HOW

WHY

WHAT

TRINITY NOTICEBOARD

Amazon donates to your chosen charity for every purchase you make

If you are buying anything on Amazon, you could donate 0.5% of the price of your eligible purchases to Trinity at no extra cost to you.

Go to <https://smile.amazon.co.uk> and select The Parochial Church Council of The Ecclesiastical Parish of Holy Trinity, Frome as your chosen charity, do your online shopping as normal.

This is to notify you that Amazon has donated £11.25 to your organisation (The Parochial Church Council Of The Ecclesiastical Parish Of Holy Trinity, Frome) as a result of AmazonSmile programme activity between January - March, 2021.

Church Flowers in Loving Memory

On July 4th Gordon Wilson, Greta's husband.

July 18th Alice & Ron (parents) and Graham (brother) of Rosemary Stilwell.

August 8th David Wakefield, Elizabeth's husband



FOCUS
ON FAITH

Focus on faith:

Started on Wednesday 29th Jan 2020 at 7-30pm at the Vicarage but it's not too late to join. It is an interactive study group looking at key elements of the Christian faith. We use it as a follow up course for Alpha but it is open to anyone who wants to explore together what we believe. For more information email:

tomharflett@hotmail.co.uk or phone 01373 462408.

GIVING: You can support us by making gifts online. Please use this link to access our giving page. www.give.net/20024288

The value of your gifts may be increased by use of Gift Aid (worth 25% if you are a UK taxpayer) just tick the gift aid box.

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful, professional and has rescued many a desperate person with a smashed screen, or drowned phone!

Mobile Phones & Tablet Repairs

MJ Communications
Martin 07846 296 545



Relaxed, candid & creative wedding and family photography by James Markham Photography. See

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or contact me via

jamesmarkhamphotography@gmail.com for more details



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GARETH BURGESS Phone: 07703 145511

Email:

icook.youpour@gmail.com

Instagram: [icookyoupour](https://www.instagram.com/icookyoupour)

Facebook: [@icookyoupour](https://www.facebook.com/icookyoupour)



RECYCLING AT TRINITY :

STAMPS: We collect ALL used postage stamps, international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. When there is 1kg or more they are sent away, the company that buys them from Trinity pays for postage so this is a great little fundraiser at no cost to Trinity.

USED INKJET PRINTER CARTRIDGES for the following brands only: **Canon, Dell, Hp, Lexmark, Neopost and Samsung.** All others need to go to the recycling tip. Only the cartridge is needed, none of the other packaging.

WRITING INSTRUMENTS are accepted: Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. **Note: No wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.**

MISSION

Norah and Chris

Hello Everyone,

We last contributed to Trinity Times in February at a time when the weather was atrocious, so we are glad to say that, after a very cool spring, summer has come. That, joined with a relaxation of the lockdown which was put in place not long after we last wrote, means that there is a general feeling of optimism in society and a huge increase in demands on the two of us. Chris is back giving English lessons in person, 9 per week; numbers are down after all the weeks by Skype, but it is good to renew the contact before the long French summer holidays. He has also as much gardening for people as he can fit in, a result of the plentiful rain and the current hot temperatures. Reservations for our B&B and holiday cottage are also starting to come in, which is encouraging. We are also so grateful to God for the way He took care of us for over a year during the heat of the crisis. For Norah, the schools in the village and surrounding area are looking to give the pupils some contact with the natural world before the holidays, which is keeping her busy. She has put into place a whole series of outings to the woods with activities to do with ponds, birds and invertebrates and a biodiversity day at the secondary school.

Before the lockdown the little ladies ecumenical group was able to hold the Women's Day of Prayer in the local Catholic chapel. Given the restrictions on numbers, we nearly "filled" it and were touched by the ease of communion in prayer. For Easter, the Catholic parish lent us (protestants) their large main church for our service so we wouldn't have to be counting the numbers allowed in. We were delighted by the mix of people who attended. In France churches were able to meet all through the latest lockdown, but with strict regulations, so the rest of the time we maintained weekly services with a limit of 20 people.

The small Skype bible study group that Norah put into place a year ago after Alpha, has become a highlight event in the week, according to the participants. It is such a privilege to see them developing a love for the Lord and his Word. His Word really is living and active and has so changed one lady that she wants to be baptised and publicly proclaim her faith in Christ.

On a larger scale, thanks to British friends who live near Lille, the "Revelation Threads" exhibition by Jacqui Parkinson has crossed the Channel and is exposed in Lille Cathedral for 4 months over the summer. We also understand that there is another Catholic cathedral now interested in having it.

There are a number of challenges ahead:

On a personal level, we are still waiting for news about our residency permits. This should be a formality, but others around us have received theirs so where are ours? French administration is well known for being complicated, so please pray that all will go smoothly and quickly.

The flats built in front of the house are nearing completion. Then will start the building work on either side of us and backing on to the garden. With all the construction delays we have become very used to being on our own and are grateful to God for the time of peace we've had. However, the transition to being surrounded closely by houses will probably be hard and we would be grateful for your prayers.

The French government is using the general unease to do with Islam to bring in a series of measures which will also make the functioning of evangelical churches more complicated and regulated. This will affect us as non-denominational, but also Baptists, Methodists, AOG, etc. It has been brought to the attention of the European Court of Human Rights, so we will see, but suffice to say that "Liberté, Egalité et Fraternité" don't seem to count where evangelicals are concerned! And yet at the same time we are seeing that people are searching for truth, so please pray that nothing the government does will stop the sharing of the Good News. And please pray for the Revelation exhibition, that MANY will enter the cathedral to see it and have their conception of who God is challenged and changed.

Thank you so much.

All our love,

Norah and Chris



Holy Trinity Church Frome – Eco-Church bronze award 2020

‘God is in every part of the natural world. We can encounter the divine in nature, because nature is saturated with the divine.’ *Revd David Cole (Community of St Aiden and St Hilda)*
Great Creator of all, teach me to see you in all things and all people, that I may treat all with the same love and respect that I show you. Amen.

Frome Churchyard Bio-Diversity Trail – Frome Festival, Saturday 10 July 2021 at 2.00pm

An inaugural walk through the local churchyards in Frome will take place beginning at Holy Trinity Church. The trail will include visits to the Dissenters Cemetery, Christ Church and St John’s Church. It is encouraging that a collective eco-church interest is growing across the Deanery and ultimately the vision is to establish a Deanery Churchyard Bio-Diversity Trail which would be one of the first in the UK.

Currently the project is at its very early stages but there is much to see. It is perhaps appropriate the walk starts at Trinity Church as the Burne-Jones windows were made by William Morris, seen as the forerunner of modern environmentalism. In the eco patch at the far end of the churchyard a slow worm has been seen, a number of local hedgerow species are present and a survey of plant species is shortly to take place.

The Dissenters Cemetery is of particular interest with a wide variety of birds, plants and trees as well as badgers and foxes prowling around at night.

It is hoped this venture will offer opportunities for all the local churches to work collaboratively and for us all to reach out into the wider community. We are richly blessed in Frome to have a number of people, not least the Town Council, committed to serving the ‘environmental cause’ at such a significant moment in human history.

‘Wonders of the Living World’

An excellent resource, linking creation with faith, is the website

www.wondersofthelivingworld.org. The book ‘Wonders of the Living World’ by Ruth

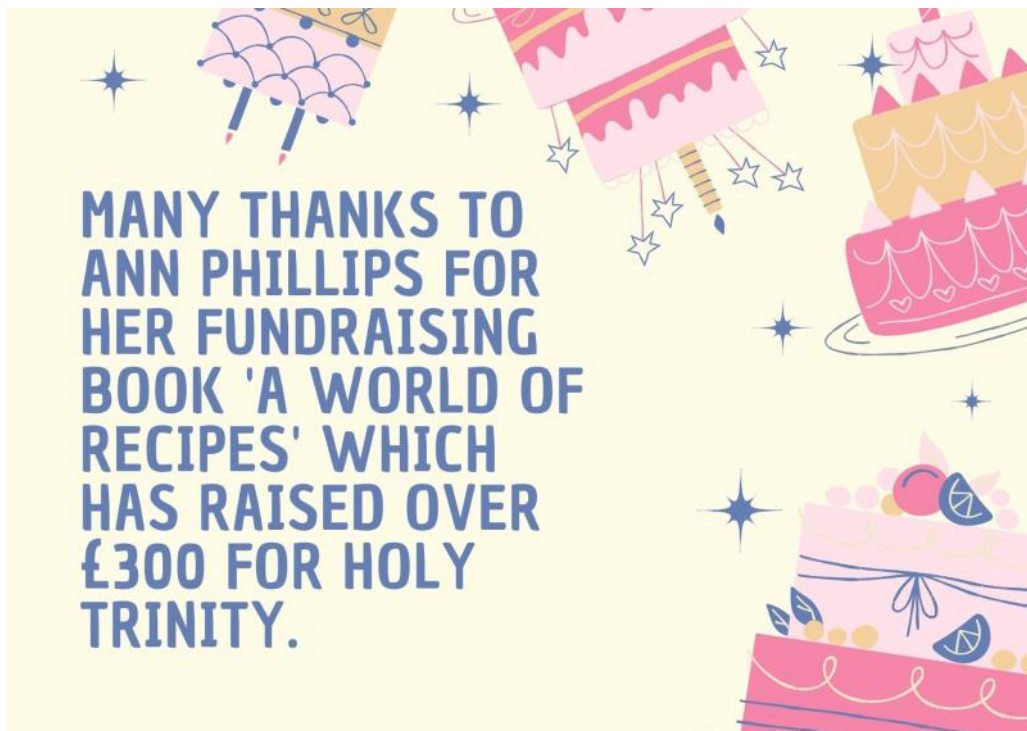
Bancewicz has been published this month and would be an excellent gift. We very much hope Ruth will be able to come to Trinity Church at some stage to share her story.

Among June’s joys – the abundance of orchids on Battlesbury Hill, Warminster and a sighting of very rare Glanville Fritillary butterflies on White Sheet Hill

A July resolution? Do some gardening to connect with the Creator. Humanity’s first job was to be gardeners (Gen 1:28f). Look for something new each day.

Do please contact Maggie Hancock or me if you have any eco church suggestions to make.

John Samways



Mothers' UNION

Christian care for families

Mothers' Union launches Summer of Hope.

This summer we give thanks to God for the gift of life and for our loving and compassionate families and friends. Members will be encouraged to take part in a range of activities as 2021 marks the 145th anniversary of Mothers' Union, brought to life by Mary Sumner's vision of women supporting families and communities. This summer on 9th August we also mark 100 years since she died after a truly remarkable and inspiring life. She led a breakthrough for women, whose role during her lifetime was chiefly to give support to male leaders in the Church, work and society. Her vision was a world where women's voices were heard and their own rights recognised. Around the world today women are growing their leadership skills, supporting one another, and making a difference.

We continue to give thanks for Her Majesty the Queen who continues to be the Patron of the Mothers' Union. As she continues to carry out her royal duties with grace and dignity she has been a symbol of inspiration for many, both within the United Kingdom, across the Commonwealth, and in many other countries. She has also promoted Christian values at home and abroad, often using her broadcast messages at Christmas and in the face of national crises to remind us of the strength that can be found in the anchor of Christ. Our prayers are with her at this sad time.

Mothers' Union has been taking a stand against Domestic Abuse and is delighted that the Domestic Abuse Bill passed into legislation at the end of April this year. MU partnered with the organisation 'Restored' which has created a Survivors' Handbook. It explores domestic abuse, recovery and faith, reminding women they are loved and valued, no matter what they have been through. They send a Handbook free to anyone who requests it but also wanted to make copies available to women's refuges. Mothers' Union had the connections and relationships to get this resource where it was needed and 404 books have been distributed so far.

Bath and Wells continues to hold monthly Cathedral prayers and sends out monthly newsletters to keep members informed.

Beckington Branch will be holding a fundraising tea afternoon on Wednesday 4th August in the Village Hall at 2.30pm.

For more information please contact Mary Earle or Susan Clark

C O N N E C T

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The church office is open
every week day 9.30 - 12.30
For hall bookings contact us
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