

# TRINITY TIMES

## July—August 2023



CHRIST THE GREAT SACRIFICE

HE GAVE HIS LIFE FOR US THAT HE MIGHT PURCHASE FOR HIMSELF THE CHURCH

LET NOT YOUR HEART BE OVERBURDENED WITH ANNOYANCE

the good shepherd

who gives his life for the sheep

to the honour of God and in memory of Robert and Agnes members of this church for 50 years died June 2nd 1902

The magazine of Holy Trinity Church, Frome

LET NOT YOUR HEART BE OVERBURDENED WITH ANNOYANCE

# CONTENTS

3	PSALM OF THANKSGIVING
4	CHURCH CAMPING WEEKEND
5-7	PARISH NURSE
8	WHAT'S ON DURING FROME FESTIVAL
10—12	TRINITY VALUES
13	MISSION—THUMERIES
14	CREATION CARE
16-17	CALENDAR JULY
18-19	CALENDAR AUGUST
20	TRINITY LIFE
22	WHAT'S ON
24	MOTHER'S UNION
26	BIBLE ENGAGEMENT
27	FROME CHURCHES EVENTS
28	FROM THE OFFICE
30	CONTACT DETAILS



## Services and Events

### Sundays

- 9.00 Holy Communion
- 11.00 Holy Communion (1st Sunday)  
Morning Worship (2nd & 4th )  
Café Church (3rd Sunday)

### Sundays (occasional)

- 10.30 Wild Worship (1st Sunday)
- 15.00 Wildfire Youth (2nd & 4th)

### Wednesdays

- 10.00 Holy Communion

### Thursday (1st and 3rd)

- 6.30 HTF Youth Discipleship Group

Tea/coffee is served between Sunday services from 10.15.

## PSALM 100 - A PSALM OF THANKSGIVING

**Shout with joy to the Lord, all the earth!  
Worship the Lord with gladness.  
Come before him, singing with joy.  
Acknowledge that the Lord is God!  
He made us, and we are his.  
We are his people, the sheep of his pasture.  
Enter his gates with thanksgiving;  
go into his courts with praise.  
Give thanks to him and praise his name.  
For the Lord is good.  
His unfailing love continues forever,  
and his faithfulness continues to each generation.**

For many of us, summer is a time to relax. It's about holidays and getting away from it. A time to recuperate from the pressures of life.

For others, summer is just as busy as ever, just with added heat. The stresses of life don't just stop. There's no chance to get away, no respite.

Whatever this summer means for you, I'd encourage you to take some time to read, meditate and reflect upon this Psalm.

Let's shout for joy to the Lord, whatever this summer brings. Joy is that deep assurance from God that goes beyond the instantaneous happiness that today's world craves.

Let's praise him and thank him, not least for his unfailing love, his complete faithfulness in which we can place our trust.

And let's remember that he has made each of us in his image, is always there for us and never ceases to guide us and lead us into his very best ways.

Ian

## REFLECTIONS ON THE CHURCH FAMILY CAMPING TRIP 2023

Lenchwood Christian Centre Evesham, Worcestershire

“... it was such a positive weekend. I almost didn't come, but SO glad that I did.”



“We had a brilliant time; and got to know people we would normally just say hello to.”

“Huge thanks to Beth and James for all their fantastic efforts organising everything, and thanks to everyone else for the lovely company. Looking forward to the next one (and putting in a bid for bank holiday weekend so we get 3 nights rather than two – that went TOO FAST!)

“We had a great time at Lenchwood, it suited all ages and all types of self-catering, with plenty of room for young children to run and play in safety, for games and for meeting and socialising. One affordable and suitable venue.”



“I'm definitely getting camping blues ... I want to be back in the van in a field with all you lovely neighbours.”

Continued on Page 15

## Jan Zriel

Keeping safe during periods of hot weather

As I write this article, we are all experiencing blissful sunshine and high temperatures (which are not quite as blissful for some of us!). I hope you are all enjoying some quality family and friend time and some of you will be enjoying a summer break with your school age children/grandchildren. Let's hope the good weather continues for them too!



In view of the current high temperatures, I thought I would go over some simple steps WHICH CAN KEEP US SAFE AND PROTECTED WHEN THE WEATHER IS HOT. The steps might seem to be a bit common sense, but these small changes can improve your health and wellbeing a lot, making it easier for you to feel well despite hot temperatures outside.

Hot weather can affect anyone, but especially those of us with long-term health conditions or who take certain REGULAR medications WILL BE AT GREATER RISK. Small changes can improve your health and well-being a lot, making it easier for you to feel well despite hot temperatures outside.

As we age, we are less likely to feel hot or thirsty. If precautions are not taken, long-term conditions may get worse and you are likely to get dehydrated, heat exhausted, or you might even get heatstroke. Make sure to recognise symptoms at an early stage and seek help.

Dizziness, thirst, headaches, dark-coloured urine, and a dry mouth could be signs of dehydration which untreated, can lead to urine infections, muscle damage or kidney stones. If you get cramps in your limbs, your pulse is fast or your temperature is rising to 38°C (100.4°F) or above, it could mean that you have heat exhaustion. Lie down in a cool place with your feet slightly raised and drink lots of water. If the symptoms are not better within 30 minutes, you should call 999. If you show symptoms of heatstroke (severe headache, temperatures of 40°C/104°F or above, shortness of breath, huge sweating, loss of consciousness) call 999 immediately.

## **Checklist for hot weather**

The following checklist contains different precautions you can take to avoid any serious health conditions relating to hot weather and to simply stay safe:

- Drink enough fluids. Even if you don't feel thirsty, you need to drink more than eight glasses (2 litres/3.5 pints) to replace fluids lost through sweating. Try to stick to water or diluted fruit juices and avoid any sugary drinks. You could also try to include food with lots of water in your diet, e.g. watermelon or a salad.
- Keep cool. Try to stay in the shade as much as possible and avoid too much activity between 11am and 3pm. Try to do essential housework in the early morning or late evening. Stay inside as much as possible and if you go out, take a water bottle, a hat and sun cream with you.
- Dress for the weather. Light, loose-fitting, cotton clothes are best for warm weather. If you go out, cover your skin as much as possible to protect yourself against the sun's radiation, by wearing long sleeves and trousers and by wearing a hat with a wide brim.
- Protect your skin and eyes. Sunscreen should have at least a SPF of 30 and a four- or five-star UVA protection (UVA penetrates deep into your skin causing skin damage). Before using, check the expiry date and don't store it in the heat. Apply sunscreen generously half an hour before going out and replace it regularly. Don't forget that your eyes also need protection, even on a cloudy or not so hot day. Choose sunglasses which provide 100% UV protection (A and B) or have a CE mark (British Standard BS EN ISO 12312-1).

Also keep in mind, that some medication can affect your sweating and temperature control or make your skin more sensitive to the sun. Keep taking your medication (unless you have been told not to) and try to consult a GP or pharmacist for advice, especially if you have a long-term condition or if you take lots of different medication.

## **Hints for maintaining health during hot weather**

Following these hints which could make it easier for you to stick to the recommendations.

- If you struggle to drink large quantities of fluid during warm weather, try to use a straw for cold drinks. Small glasses also seem to be less daunting.
- Put a bowl of ice in front of the fan, which can reduce the temperature of the room and the dehydrating effects of the fan.
- Fill a plastic bottle with water and keep it in the freezer. When you are feeling too hot, wrap it in a towel and roll your feet on it.
- Check the weather forecast so you can plan ahead. The Met Office website [metoffice.gov.uk](http://metoffice.gov.uk) has a warning system if a heatwave is likely.
- To help yourself keeping cool, carry a small battery-operated fan with you which could be bought cheaply from many shops and some petrol stations.
- Consider buying some indoor plants as they can help to cool the air.
- Install thermometers and check them regularly during the hottest periods.
- Use wet towels or a cool foot bath if you feel hot.
- If you are worried about any health problems or you feel not well, ask your GP, or call NHS 111. It is also good idea to keep in touch with friends, family, or neighbours about your symptoms. Also keep an eye on other people who seem to be less able to look after themselves.

### **Other news!**

The bereavement course has been really useful for those who have attended this time. I will be re-running the course in September. Do contact me if you are interested and I will explain what we do in more detail.

Podiatry continues every two months, look out for the posters in church. I have applied to Lions club for funding. Please pray this will be forthcoming.

Thursday afternoon continues to be a support group held in the Link followed by prayer and a reading from a variety of sources in the side chapel. It's a really lovely supportive group of people, some are Trinity family and others are from the Bridge and local community.

Love & blessings!

Jan x

**Burne Jones  
Windows  
Holy Trinity Church  
BA11 3DE**

**Two FREE Talks:  
Monday 10th July  
7.30pm  
Friday 14th July  
2.30pm**

**by Rt Rev Rob Martin**



**ORGAN  
RECITAL**

**by Alison Howell**

**Tuesday  
11th July 2023  
7.30pm**

*Including works by  
Cecilia McDowall,  
Kerensa Briggs,  
Ghislaine Reece-Trapp  
and J. S. Bach*





*Offers of stewards for all these events would be much appreciated, (especially if you are attending them anyway) to make sure everything goes as smoothly as possible.*

*Sign up at the back of church or email the office.*

# FAMILY MAGIC SHOW

**Mark Burgess**

**Saturday 15th, 2.30-3.15pm at Trinity Hall**  
**Tickets £5 (Free for under 3's) from**  
**Trinity Church Office/ Box Office/FF**  
**website**



# Puppet Workshop



**MARK BURGESS**

**Saturday 15th, 11am-12.30pm at Trinity Hall**  
**Tickets £10 (accompanying adults free).**  
**Only 15 places available. Booking through**  
**the C&G Box office is essential**



WHAT'S AT TRINITY

## AN UPDATE ON OUR VALUES

Back in February, we held an event led by John Swindell to help us understand the values that we hold as a church. These are our guiding principles that undergird how we live and work together, and hence form our culture. We realised that defining our values is harder than it might appear! John and I reviewed the fantastic input from the day, which led to the following summary and questions being presented first to the PCC, and then included in my May Update (I hope you have a copy – it is still available).

The aim is that together as Trinity Church we might grow in our love for God, one another and those around us. How we live demonstrates our faith. Having agreed values helps us encourage and help one another to be living as Christ asks of us.

Please take some time to carefully read through these values. Have we got them right? I hope you will use the questions to think and pray about how we live together as Church. Please do get in touch with your comments, thoughts and anything you think God may be saying to us. Email [vicarhtfrome@yahoo.com](mailto:vicarhtfrome@yahoo.com)

Ian

### **What we believe provides the framework for our values**

Belief in God as Father, Son and Holy Spirit is at the heart of our faith. Christians believe that Jesus is God's Son. Jesus reveals to us that God is our Father, and that God is available to us through the Holy Spirit.

We believe that the Bible is the Word of God, that it is our authority in all things and the revelation we receive from it shapes our lives. The central message of Jesus' preaching was that of the Kingdom of God - He is restoring all things. We believe that the Christian life is to be lived in intimate relationship with Jesus, in the power of the Holy Spirit.

We aim through the power of the Holy Spirit:

- To grow closer to God as we worship, pray and read the Bible, our lives

- becoming more like Jesus Christ day by day.
- To be committed to each other in love, and encourage and support one another.
- to share our faith and invite others to follow Christ.
- to be involved with our local community, and offer practical help.

## **OUR CORE VALUES:**

**Community** is central to all that Holy Trinity Frome stands for. Communities are formed wherever people live, work or socialise. We believe that healthy, interdependent, sharing and caring communities enable people to thrive and reach their true potential. We are honest and accountable to one another and we build welcoming spaces for all.

*Let us consider how we may spur one another on towards love and good deeds, not giving meeting together, as some are in the habit of doing, but encouraging one another – and all the more as you see the Day approaching. Hebrews 10:24-25*

**Compassion** means identifying with one another, especially through challenges and suffering. At Trinity we care deeply for each other, showing kindness and understanding at all times. We choose to serve and build up one another, always seeking God’s best even when it might be costly. We are forgiving people, acting with grace to all.

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Ephesians 4:31- 32*

**Respect** means that all are accepted and heard, including children, the poor and those without a voice. At Trinity we celebrate that everyone is uniquely made in God’s image. We value our individuality and differences whilst encouraging one another to allow God to shape us into the very best version of ourselves we can be.

*Show proper respect to everyone, love the family of believers, fear God, honour the emperor. 1 Peter 2:17*

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**Integrity** requires being honest and trustworthy in all we do. At Trinity our yeses mean yes and we act truthfully and peacefully towards one another and all in our community. We willingly go the extra mile and aim to be known for faithfulness and humility in all our dealings. We challenge wrong attitudes and seek for the truth to always be seen.

*Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out. Proverbs 10:9*

*Righteousness guards the person of integrity, but wickedness overthrows the sinner. Proverbs 13:6*

**Stewardship** is about how we care for all we have. In being good stewards, we always take an ethical approach in our dealings with people, our care for the environment and in using our finances and all we own. We are generous and outward looking in how we use our resources, recognising all we have comes from God and is ours only on loan.

*Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. 1 Peter 4:10*

### **Questions for Reflection**

Reflecting upon each in turn, how do they help us demonstrate our faith through our actions? Are there any surprises? What challenges you?

1. As individuals, what does it mean for us to have values? How do our personal values affect how we live? How does Jesus set your priorities?
2. Each of these core values aims to reflect our lives as Jesus' disciples.
3. How do these values help us resolve disagreements? What do they mean for how we treat one another when we are upset or feel aggrieved by someone at Trinity?
4. Reflect on each of the Bible verses above. What is God saying to you?

## MISSIONS

### Chris and Norah Morton, Thumeries, France

On the 2nd of June we invited all our new neighbours to meet up in front of our house for aperitifs, between 7 and 8 pm. We were there on our own for most of that time and were just ready to pack up when people started coming, 10 households out of 28, and they stayed for HOURS! They enjoyed it so much that they want to meet for a BBQ now. Isn't God good?



On the 11th June we hosted the annual meal of the local nature association, with a BBQ in our garden. While the rest of France was suffering tropical downpours, we had a hot but lovely day. A wonderful opportunity to get to know people better and share our lives with them.

The school year ends on the 7th July, and these last few weeks are very concentrated with nature outings, end of term events etc. on top of the usual "busyness". Please pray that we allow God to guide us through it all for His glory.

Blessings to you all,

Norah and Chris

# CREATION CARE

## The Eco-Patch

Have you ever visited the eco-patch at the bottom of Trinity Graveyard?  
Did you even know that there is an eco-patch?  
Have you ever wondered what is the point of having an eco-patch?

Churchyards are some of the UK's most unpolluted and undisturbed nature sites, and provide habitats for some unique species that are threatened by climate change and destruction of natural habitat. The Trinity Eco-patch is in a separate area to where the gravestones are located, and in time it is hoped will become a thriving wildflower and wildlife habitat.

Native trees species and plants have been planted, including 'yellow rattle' which helps reduce the presence of grasses and increase the bio-diversity of the area, so that it can eventually have a healthy selection of wild flowers? Bees, mayflies and several species of butterflies have been spotted there and there is a bug hotel.

It needs minimal care—pruning back overgrowth, keeping the 'paths' clear for access, but a little help is always appreciated. Talk to Fay, Joel, Mike or Brigit to find out how you can be involved.

Why not wander down and have a look after church one day?

Head down towards the long bottom wall of the churchyard and walk right along to the end till you see the wooden stakes.



**Continued from Page 4. Church Camping weekend**

“I still can’t get over the Lenchwood toilets/showers – more like something you’d find in a hotel/spa than a campsite .....such a come down to have to come back to our home bathroom!”

“What a fantastic church service to be part of today – Thanks James for sorting it.”



“Lenchwood ticked all the boxes, it was totally fab. Hopefully more will come next year now that we’ve sussed it out!”

“The lodges were better than some of the hotels I’ve stayed in, and really good value for money!”



# JULY

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SUN

MON

TUE

WED

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2  
9.00 Holy Communion  
10.30 Wild Worship  
11.00 Holy Communion  
3-5pm Cream teas at  
the Bryants  
15.00 Wildfire Youth

3  
2pm Funeral  
June Seward

4

5  
10.00 Holy Comm  
15.00 CAP Prayer  
meeting

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9  
9.00 Holy Communion  
11.00 Morning Worship  
With Andy Kind

10  
7.30pm Burne  
Jones Windows talk  
2pm to 4pm Coffee,  
Cake and Chat  
(see pg 22)

11  
7.30pm Organ  
Recital

12  
10.00 Holy Comm

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16  
9.00 Holy Communion  
11.00 Café Church &  
Baptism  
15.00 Wildfire Youth

17  
19.30 Connect in  
Prayer

18

19  
10.00 Holy Comm  
19.30 PCC

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23  
9.00 Holy Communion  
11.00 Morning Worship

24

25  
19.00 Sewing for  
Charity (see p 21)

26  
10.00 Holy Comm

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30  
9.00 Holy Communion  
11.00 Morning Worship  
With James and Youth

31



# 2023

	THU	FRI	SAT
			1 4.30pm Games Café
union	6 10.00 Trinity Toddlers 1.30pm Parish nurse support group	7	8 9-9.40am Prayer for Frome at St John's Ch. 8pm. Andy Kind Concert
union	13 10.00 Trinity Toddlers 1.30 Parish nurse support group 6.30pm Youth Discipleship Group	14 2.30pm Burne Jones Windows talks	15 11.30 Magic Show 2.30 Puppet workshop
union	20 <b>ELECTION DAY</b> 10.00 Trinity Toddlers 1.30pm Parish nurse support group 6.30pm Building a Generous Church	21	22 SCHOOL HOLIDAYS BEGIN
union	27 10.00 Trinity Toddlers 1.30pm Parish nurse support group	28 9.45. Circular walk around Frome. (see Pg23)	29 4pm WEDDING

# AUGUST

SUN	MON	TUE	WED
		1 10AM Purple Elephant family holiday activities	2 10.00 Holy Communion 15.00 CAP Prayer meeting
6 9.00 Holy Communion 10.30 Wild Worship 11.00 Holy Communion 15.00 Wildfire Youth	7	8	9 10.00 Holy Communion
13 9.00 Holy Communion 11.00 Café Church	14 2pm to 4pm Coffee, Cake and Chat (see pg 22)	15	16 10.00 Holy Communion <b>10.00 DEADLINE FOR SEPTEMBER MAGAZINE</b>
20 9.00 Holy Communion 11.00 Morning Worship 15.00 Wildfire Youth	21 19.30 Connect in Prayer	22 19.00 Sewing for Charity (see p 21)	23 10.00 Holy Communion
27 9.00 Holy Communion 11.00 Morning Worship	28	29	30 10.00 Holy Communion

# 2023

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THU

FRI

SAT

3

10.00 Trinity Toddlers  
1.30 Parish nurse support  
group  
18.30 Youth Disc. Gp

4

5

4.30pm Games Café

10

10.00 Trinity Toddlers  
1.30pm Parish nurse  
support group

11

12

17

10.00 Trinity Toddlers  
1.30 Parish nurse support  
group  
6.30pm Youth Disc. Gp

18

19

24

10.00 Trinity Toddlers  
1.30pm Parish nurse  
support group

25

26

31

10.00 Trinity Toddlers  
1.30pm Parish nurse  
support group

Trinity Toddler group is a fun, friendly playgroup where toddlers (aged 0-4) can enjoy two hours of letting off steam, at 10am on Thursdays (term time). Pre-booking online is essential and tickets can be found on Eventbrite; just search for 'Trinity Toddlers' in Frome. We provide tea, coffee and biscuits for adults, as well as healthy snacks for children.



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### Reflections on the Bereavement Journey Course

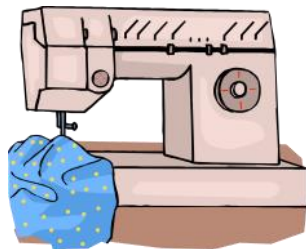
If I was to describe Jan's course in three words, I would say it is useful, positive and gentle. Even after missing the first two weeks and taking it up in weeks three and four with week five still in the future as I write these words, I am sure it will be just as filled with blessings.

It opened my mind, my eyes and my heart to see grief for what it is and the pattern it has made down through the generations of my family, giving me a healthier understanding of where grief can take people on a journey, and while everyone's journey is unique to them, on the way there may be common junctions where you'll find others on their own journey.

I am glad I attended this course because I now feel more equipped and confident to deal properly with my own issues of loss and grief and I am hopeful to become a better listener. I am glad I went along even after missing the first couple of weeks because it was of enormous benefit to be there, both for myself and others, and I think God's hand was in it.

Our lovely Parish Nurse Jan is holding the next Bereavement Journey course in September.

**SEWING FOR CHARITY**  
**Tuesday evening once a month**  
**at Trinity Hall**  
**7pm to 9pm.**



Bring your sewing machine, scissors and bring your non-sewing friends too, extra machines are provided.

Dates for your Diary—25 July; Lizzie will bring things for sewing tiny quilts for NICU incubator covers.

**Future Dates for your diary:**

22nd August,  
19th September,  
17th October, and  
14th November

Please ask around for donations of towels and 100% cotton fabric, double duvet covers, cotton curtains, need to be hot washed without fabric softener.

We will be making cloth sanitary pads to go to disaster areas around the world where people have lost everything and as a result of earthquake, flood, fire, or war where there are no shops, transport, and no supplies.

We will also be considering other sewing projects, bring along your ideas and information. Drawstring bags, Angel Gowns, ICU incubator covers, port cushions, chemo turbans.... All requests for help will be considered.



**A NEW WAY TO**  
**SUPPORT TRINITY**

Shop and Give is a great way to support Holy Trinity Church while you shop online (replacing Amazon Smile). It doesn't cost you anything except time to set up your account by clicking the 'join-in' button from the link below.

<http://shopandgive.thegivingmachine.co.uk/causes/holy-trinity-church-frome>

# Frome Festival Meditation

Holy Trinity Church  
12pm - 1pm

Mon 10th	St Paul	Rev. Ian Snares
Tues 11th	St Ignatius	Felicity Hill
Wed 12th	Mother Teresa	Alex Howell
Thu 13th	St Julian	Ann Phillips
Fri 14th	St Columba	Rev. Margaret Crawshaw

Meditations are free to attend and will be based on the life and works of those named.

## Coffee, Cake & Chat

Trinity Church  
2.00 - 4.00 pm

### 2023 DATES

Monday 10th July

Monday 14th August



*Ladies, Join us for this opportunity to meet and chat.  
All are welcome.*

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"Tosses out comic gems in an almost profligate manner" Yorkshire Times

**Comedy Night with**  
**ANDY KIND**  
8pm Saturday 8 July

Holy Trinity Church  
Trinity Street BA11 3DE

**Tickets £5**

"Absolutely Terrific" The Scotsman



**We're really excited to be welcoming**  
**ANDY KIND to Trinity!**

Join us on **Saturday 8 July at 8pm** for an evening of stand-up, stories and banter from award-winning comedian, Andy Kind. He'll make you laugh - and he'll make you think!

Tickets cost **£5** - a bar will be available.

Andy is also at our **eleven am service on Sunday 9 July**. He'll be talking about life and faith, but in a friendly, non-threatening way.

All ages are welcome (there'll be kids club for under 12s).

Tickets available from **Holy Trinity Church or Frome Festival**  
holytrinityfrome@gmail.com 01373 453425



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**OPEN GARDEN AND TEAS, 2ND JULY**

Andrew and Dorothy-Anne Bryant will be opening their garden and providing tea and scones from 3-5pm.

**CIRCULAR WALK AROUND FROME, 28th July.**

Andrew and Dorothy-Anne will lead a walk of 7-10 miles from Trinity, via Vallis, using part of a circular walk around Frome, probably returning via Orchardleigh. Meet at 9.45 for 10am at Trinity Car Park with picnic lunch, clothes suitable for the weather, water bottle etc.,

**PRAYER FOR FROME, FIRST SATURDAY OF EACH MONTH**

Meet to pray for Frome, 9-9.40am on the first Saturday of each month. at St John's. Contact Dorothy-Anne Byrant on 07599439562 for more information.

## MOTHERS' UNION

Members enjoyed an excellent cream tea at their meeting in June. It was accompanied by a quiz on the Royal Wedding. Amazing how quickly you forget the details! A good time was had by all.



Holy Trinity, Frome, was very blessed at the beginning of June by a visit from Bishop Qampicha and his wife Sophia from Kenya. They gave an excellent slideshow presentation at the morning services and shared in a tea in their honour in the afternoon. The Bishop's wife wore her lovely blue and white MU dress covered in printed MU logos. They put us to shame.

At our July meeting on Wednesday 5th we will be having a talk by Helen Durrant-Stevenson on her work training prison visitors - both in this country and abroad - which sounds a very challenging task.

We do not meet in August. September's meeting is still to be arranged so further details will appear in September's magazine. For more information please contact Mary Earle or Susan Clark

To support the work of Friends of Marsabit (not through the Mother's Union) please make your standing orders payable to:

A/c Name Friends of Marsabit

Bank: Reliance Bank

A/c No: 00215697

Sort Code: 60-01-73



## CHARITY ADMIN ASSISTANT POSITION

Part time: 12 hours (3 mornings a week) Permanent  
Pay: A competitive salary will be offered, dependent on experience.

Location: GEM Office, Chilcompton, Somerset

Closing date: 30 June 2023

Interview date: 3-5 July 2023



We are looking for an enthusiastic and organised individual for an exciting role with our organisation. This role will work closely with the Charity Manager and will play a key part in the day-to-day operation of the grant application process; being fundamental to the purpose of this Christian, grant-making charity.

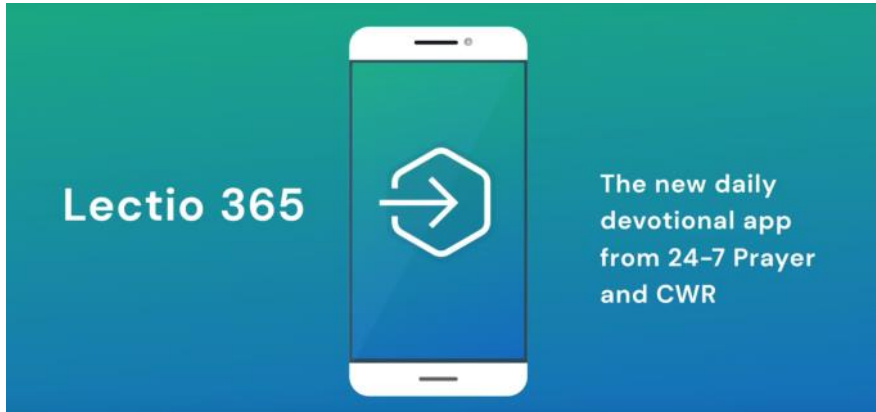
In this varied role, you will assist in the processing of grant applications to make sure they meet the Christian ethos of our organisation as well as other key criteria, report the outcome of such applications to applicants, follow up successful applications to ensure required reports are submitted and assist the Charity Manager with preparation for monitoring visits (among other duties). There may be opportunities to attend local Trustees meetings.

GEM is a Christian grant making trust supporting Christian ministries in the UK and abroad in their work to make known the good news of Jesus in various ways. The post-holder, as well as having good interpersonal skills and the ability to relate to a wide range of stakeholders, will be expected to model GEM's core Christian values and represent these when carrying out the duties of the job. Therefore, this post is subject to an Occupational Requirement that the postholder be a committed Christian under Part 1 of Schedule 9 to the Equality Act 2010.

For a copy of the full job description & person specification please email [hannah@goodnewsem.co.uk](mailto:hannah@goodnewsem.co.uk) . To apply, please email your CV and a cover letter to Hannah Griffiths [hannah@goodnews-em.co.uk](mailto:hannah@goodnews-em.co.uk)

## BIBLE ENGAGEMENT

**Lectio 365** is a free daily devotional resource in the form of an app that helps you pray the Bible every day. You can download the app from the app store on your phone or find out more information on their website: <https://www.24-7prayer.com/resource/lectio-365/>



**Bible In One Year** is an app which takes you through every chapter and verse of the Bible in 365 days. You can download the app from the app store on your phone or find out more information on their website: <https://bibleinoneyear.org/en/>



## FROME CHURCHES EVENTS

### Leigh on Mendip Open Gardens and Heritage Trail



**Sunday 2 July 2023**  
**11.00am to 4.30pm**

**Tickets/map £5 on the day from the Memorial Hall BA3 5QH**  
*Entry to all the Open Gardens, plus Heritage Trail information*

Hot and cold drinks, cakes and light lunches available all day

*For further details, please contact Caroline on 01373 812889*

All proceeds to Friends of Leigh Church, supporting the repair, conservation and community use of St Giles church

Friends of Leigh Church, Registered Charity No. 1174913

### Forget-Me-Not Café

3rd Sunday of every month  
2.30-4pm

St Philip and St Jacob's Church  
Norton St Philip

Come and enjoy a cuppa and friendly people to chat with.  
Some of us may have memory challenges but we have a great café team who are all dementia friends. All are welcome!

## FROM THE OFFICE



**Stamps:** We collect all used postage stamps; international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. PLEASE REMOVE ANY PLASTIC BAGS.

**Used inkjet printer cartridges:** We can recycle the following brands only - Canon, Dell, HP, Lexmark, Neopost and Samsung. Only the cartridge is needed, none of the other packaging.

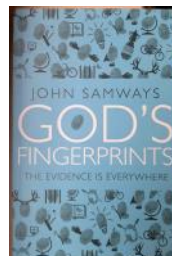
**FOIL lined packets:** We collect these as well as sweet and chocolate wrappers, and CLEAN FOIL LINED food packets (such as pasta or rice bags for recycling. All recycling needs to be clean and dry. PLEASE—NO BAGS THAT HAVE HAD WET FOOD IN THEM and no ordinary non-foiled lined bags.

**Writing instruments:** Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. Please note **no glue sticks**, wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.



These beautiful books by Dennis and Daphne Neate about trees and their companion species, are available from the church office for £10.

Also, copies of John Samways books 'God's Fingerprints' may be purchased from the office. £10





### **MJ Communications (Mobile Phone & Tablet Repairs)**

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful and professional, he has rescued many a desperate person with a smashed screen or drowned phone! Can be contacted on 07846 296545, or found online at [www.mjcommunications.co.uk](http://www.mjcommunications.co.uk).

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### **James Markham Photography**

Relaxed, candid & creative wedding and family photography. Visit my website at [www.jamesmarkham.org](http://www.jamesmarkham.org) or contact me via [jamesmarkhamphotography@gmail.com](mailto:jamesmarkhamphotography@gmail.com) for more details.



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Alan Heath is offering **SPRING CLEANING** for Trinity members  
Carpet, Patio, Driveway and paths.  
Oven clean includes a free hob clean.

### **1st Local Bio Oven, Carpet & Patio-Decking Cleaning**

[www.ichthuscleaning.com](http://www.ichthuscleaning.com)  
01373451225  
07891909789

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### **Mind your Music and Stepping Out Theatre**

A free monthly Music workshop and a monthly Drama workshop from  
April to December 2023.

Time: 1.45pm – 4.15pm

Venue: Trinity Hall, Trinity St, Frome BA11 3DE,

These workshops are FREE to participants who will be able to engage and enjoy workshops over the year. If interested please contact

Bo Bowman-Shaw on: [bo.bs.openmentalhealth@gmail.com](mailto:bo.bs.openmentalhealth@gmail.com)

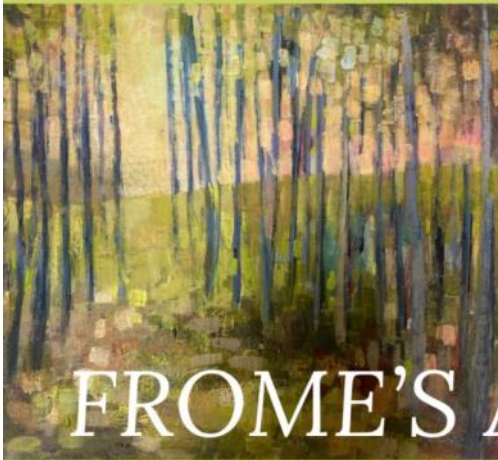
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## CONTACT

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TREASURER	Chris Round	01373 465718
HALL BOOKINGS	Church Office	01373 453425
HALL MANAGER	Jonathan Norcott-Smith	07471 776948
PARISH NURSE	Jan Zriel	07423 318929
DEBT CENTRE	Phil Gray	07496 516089
CHOIR	Margaret Perry	01373 453962
MUSIC GROUP	Ruth Burden	07811 894317
FLOWERS	Georgina Boyden	01373 469686
SAFEGUARDING	Ruth Haines	07540 324076
PASTORAL CARE	Sue Martin	01373 672709

**Holy Trinity Church**  
Trinity Street  
Frome  
BA11 3DE

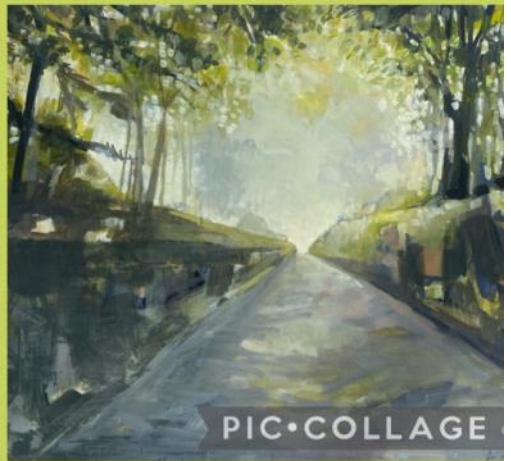
Website: [www.holytrinityfrome.com](http://www.holytrinityfrome.com)  
Telephone: 01373 453425  
Email: [holytrinityfrome@gmail.com](mailto:holytrinityfrome@gmail.com)  
Office Hours: Mon—Fri; 9:30am - 12:30pm



# FROME'S ART TRAIL

*Alex Howell's Summer Exhibition*  
*Venue 19*

*89 Nunney Road*  
*July 8-16th 11-5.00pm*  
*Open Everyday.*  
*A Frome Festival Event*



PIC•COLLAGE



## WHAT'S ON AT TRINITY

***Saturday 8th July, 8-10.00pm***

**Andy Kind (Christian Comedian): 'Hidden in Plain sight'**

*Tickets £5, from Trinity Church Office/Box Office/FF Website*

***Monday 10th, 7.30-9.00pm***

**Burne-Jones Windows talk by Rob Martin**

*(free)*

***Tuesday 11th, 7.30-9.00pm***

**Alison Howell, Organ Recital**

*Tickets £10, from Trinity Church Office/Box Office/FF website*

***Friday 14th, 2.30pm***

**Burne-Jones Windows talk by Rob Martin, followed by afternoon tea**

*(free)*

***Saturday 15th, 11am-12.30pm***

**Puppet Workshop by Mark Burgess**

*Tickets £10 (accompanying adults free). Only 15 places available. Booking through the C&G Box office is essential*

***Saturday 15th, 2.30-3.15pm***

**Family Magic Show by Mark Burgess**

*Tickets £5 (Free for under 3's) from Trinity Church Office/Box Office/FF website*

***10-14th July, 12-1.00pm***

**Daily Meditations**

*(free)*

*All tickets are on sale at the Cheese & Grain Box Office, or via the Festival website.*