

A large, rustic wooden cross stands against a sky filled with white and grey clouds. The cross is made of two weathered logs. The text 'TRINITY TIMES' and 'April 2023' is overlaid in yellow at the top.

**TRINITY TIMES**  
**April 2023**

**GOOD NEWS IS COMING!**

The magazine of Holy Trinity Church, Frome

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## Services and Events

### Sundays

- 9.00 Holy Communion
- 11.00 Holy Communion (1st Sunday)  
Morning Worship (2nd & 4th )  
Café Church (3rd Sunday)

### Sundays (occasional)

- 10.30 Wild Worship (1st Sunday)
- 15.00 Wildfire Youth (2nd & 4th)

### Wednesdays

- 10.00 Holy Communion

### Thursday (1st and 3rd)

- 6.30 HTF Youth Discipleship Group

Tea/coffee is served between Sunday services from 10.15.

# Jesus is Risen

**Rev Ian Snares**

One of the earliest cries of Jesus' followers was 'Christ is risen: he is risen indeed!' We will be celebrating this on Easter Sunday (I am assuming you are reading this before Easter), the greatest day of celebration in the Christian calendar. But why is the crucified Jesus being raised back to life of such importance not just to the Christian faith but to history?

I have never been able to separate Good Friday and Easter Sunday – their events are together the ultimate expression of God's plan for our world and all who've ever lived.

Good Friday appeared to be the end of the road for Jesus. There was nothing more humiliating, and of course torturous, than the excruciating death on a cross. He was betrayed, convicted by a kangaroo court, scoffed at, and ultimately left abandoned to die in shame. He alone knew that he was carrying the sins of the whole world as he became the ultimate sacrifice. It is so significant that when he died, the curtain in the Temple was torn in two from top to bottom – no human could have done it. In being that sacrificial lamb that only a perfect God could be, Jesus had made the inaccessible accessible; anyone who chose to follow him could now know God for themselves and be forgiven.

Even Jesus' disciples and closest friends thought Good Friday was the end, not that they would ever had called it good. It looked like it was all over. None of them expected what happened next, even though Jesus had told them.

If Jesus' death was the ultimate sacrifice, bringing God's forgiveness and life, then his resurrection is the ultimate victory. He has defeated death and the powers of evil that just days earlier, seeing him die, thought they had outwitted God himself.

The resurrected Jesus, still alive today, has shown himself to be Lord and King. He's the one in charge of the universe, he's the one who one day will

return in such power and majesty that no one will be in doubt. That's when the full significance of his resurrection will be seen.

Of course, we don't yet fully see Jesus' victory. Our world is full of evil as well as good. Yes, Jesus is alive and actively working to build his kingdom, yes he is changing lives and bringing forgiveness, hope and purpose, yet we still see the spiritual battle that the New Testament writers (and Jesus himself) tell us will be a constant in our times.

In the challenges of life, hold on to the remarkable truth that Jesus is risen! He has won the supreme victory and we can be assured that he is truly in control. So this Easter, take some time to thank him for dying in your place, for the life he has given you and his certain promise of an eternity with Him.

As Christians throughout the ages have said: 'Christ is risen: he is risen indeed. Alleluia!'

Ian



### Free Daily Bible Notes

Read and listen online or sign up to receive by email or post

[www.ucb.co.uk/word-for-today](http://www.ucb.co.uk/word-for-today)



### Bible in One Year

is a free Bible reading app with commentary and prayers by Nicky Gumbel, former Vicar of HTB in London

Download the app, subscribe to the daily email or audio download

[www.bibleinoneyear.org](http://www.bibleinoneyear.org)

### Lectio 365



Download on the App Store

GET IT ON Google Play

Written by leaders from the 24-7 Prayer movement, this resource helps you engage with Scripture to inspire prayer and shape your life

[www.24-7prayer.com/lectio-365](http://www.24-7prayer.com/lectio-365)

## Jan Zriel

Greetings Trinity family!

I hope you are all keeping well and enjoying the spells of Spring sunshine in between the snow, rain and blustering winds we are experiencing!



### **KNOW YOUR NUMBERS!**

This month I'd like to talk about blood pressure! Some of you know I work as a pre-assessment nurse in my other role, and I have to take a detailed assessment of patients wanting to have planned surgeries such as hip/knee replacements. It always surprises me when a patient is taking medication for high blood pressure but have no idea what their personal blood pressure is or what the reading actually means in regard to their health. High blood pressure isn't usually something you can feel or notice, but if yours is elevated you are more at risk of a heart attack or stroke and that's why it's important to know your numbers!

### **So, what is high blood pressure?**

Blood pressure is how doctors describe how hard your blood is being pushed through your arteries, the tubes that carry blood from your heart to the rest of your body. High blood pressure is also referred to as hypertension. Your blood carries oxygen to your heart and brain. If these tubes become narrowed or blocked with fatty material less oxygen will get to them, causing a stroke if blood flow to your brain is restricted, or a heart attack if blood flow to your heart is restricted. High blood pressure can cause your heart to become enlarged, which in turn can make it less effective at pumping which can lead to heart failure.

### **What does my blood pressure reading mean?**

When you have your blood pressure taken you might see the reading written down as something like 140/90 or hear it said as "140 over 90".

The first or top number is the pressure when your blood pressure is at its highest (when your heart squeezes). The second lower number is the pressure when your blood pressure is at its lowest (your heart relaxes).

### **What should my blood pressure be?**

Unless your GP tells you differently, it should be around 140/90 mmHG. If it's higher than this your doctor may tell you, you have high blood pressure. If you have a problem with your heart or arteries like coronary artery disease, diabetes, or kidney disease your blood pressure should be below 130/80mmHG.

### **What does high blood pressure feel like?**

Most people can't feel their blood pressure is raised and only find out when it's checked. In some rare cases, someone with high blood pressure might have: Blurred vision, Nose bleeds, Shortness of breath, A persistent headache.

See your GP or practice nurse if this happens to you. And be persistent, I know it can often be difficult to get an appointment, and GP practices are overwhelmed at times. But this is your health, and it's good to take responsibility for it!

### **Why is my blood pressure high?**

These things affect your blood pressure: being overweight, too much salt in your diet, not being physically active, smoking, and drinking too much alcohol. If a close family member has high blood pressure you may be more likely to have it.

### **Try these simple things to help lower your blood pressure.**

- Drink less alcohol.
- Eat a diet filled with fresh fruit and veg, less saturated fat, and foods lower in salt.
- be active for 150 minutes a week. Activities that make you feel warmer, breathe harder and make your heart beat faster.
- Stop smoking, to lessen your risk of a heart attack or stroke. Smoking can cause your blood vessels to become clogged up quicker.
- Blood pressure medication.

Your GP may suggest taking a medication to control or lower your blood pressure. Don't forget to take it regularly as it will help cut your risk of a heart attack or a heart attack or stroke. But don't forget to also get more active and eat well too!

This information is taken from the British Heart Foundation. For more information go to [bhf.org.uk/ten](http://bhf.org.uk/ten) or ring the BHF Heart Helpline on 0300 330 3311

So....don't forget.....KNOW YOUR NUMBERS! Find out your blood pressure particularly if you are on medication, your nurse will be only too happy to tell you. I purchased my blood pressure machine from the British Heart Foundation for £35 online. Let me know if you would like one if you don't have access to a computer, and I will order you one. I am in the process of buying a larger cuff for my machine and will be available for a blood pressure check in church in the coming weeks. If you do possess a machine and your blood pressure is raised its always useful to take some readings over several days (take it twice daily) for your GP/nurse to look at.

### **Other news!**

- The Bereavement Journey course will start again in May!
- My Thursday support group in the Link continues each Thursday afternoon. We share life's struggles along with laughter and a cup of tea (and cake!) from 1:30-4pm, please come and join us one week and see what we do. I always try to intersperse the session with a little reading from Word for Today or similar to promote discussion and praise for God's grace.
- Podiatry Outreach continues two monthly and I have applied for a grant from Spar supermarket who are giving local community grants, so would appreciate prayer for that.
- Please support the **fundraiser for Parish Nursing and CAP** and donate a raffle prize if you are able. Posters are up around church and the pianist secured to play is amazing! **15<sup>th</sup> April 7pm Tickets are £10 from the office.** See you there!

Love & Blessings

Jan x

## RESPONSE FROM SAMARITAN'S PURSE

**With heartfelt thanks to everyone who responded to the call for donations of medicines and medical equipment to be sent out to Ukraine, here is their response to us:**

Dear Holy Trinity Church,

When war erupted in Ukraine on February 24, 2022, the world watched in shock and disbelief. Almost immediately, Samaritan's Purse began planning how we could help, praying for direction and open doors through which we could deliver practical help, in Jesus' Name.

**In the past year, we have been able to provide life-saving care and hope to nearly 11 million people in Ukraine.** Your prayers and generous support have made this possible, and we thank you!

During the first stages of our response, we focused on medical care, deploying an Emergency Field Hospital and operating multiple outpatient clinics at strategic locations to aid families transiting through the country. We treated more than 23,000 patients and performed 258 surgeries, and later opened a second Emergency Field Hospital. Now, we continue bringing relief by providing food, clean water, hygiene kits, wood stoves, shelter materials, and other emergency relief supplies.

In the ***Ukraine: One Year Later impact report*** we hope you will be encouraged by reading these first-hand accounts of how God is working through Samaritan's Purse. We appreciate your continued prayers for victims of the conflict and for our teams serving on the ground in Ukraine. You can view and download the full report here: <https://www.samaritans-purse.org.uk/ukraine-one-year-later/>

You can also view our collection of videos, images, and articles covering Ukraine from the past year here: [One Year Later: Crisis Continues in Ukraine \(samaritans-purse.org.uk\)](https://www.samaritans-purse.org.uk/ukraine-one-year-later/).

If you have any questions or prayer requests, feel free to reach out to me. Thank you again, and God bless you.

In Christ,

**John Bell**  
**SAMARITAN'S PURSE**





On a Saturday in February, we held a day in Church looking at our values. Values are very important, both individually and to us as a church. The beliefs and guiding principles that we hold become our values and guide how we live, work and play. For us as Holy Trinity Church, the core values which we hold govern our life and mission.

This sounds all well and good, but as those of us who met on that day in February found agreeing on our values is a challenging task! We recognised that our values come from our faith in Jesus Christ and what it means to be his followers and disciples. Articulating our values is very much a work in progress, one that I hope all at Trinity are able to contribute to.

John Swindell, who led our values day, has done an initial review of all the excellent input and feedback from everyone on the day. Over the coming weeks, we will be looking at what this might mean for our life together as Church.

All this goes alongside our recent focus on our purpose – that is to be Jesus' disciples who make disciples. These are the foundations upon which we can seek Jesus' vision for Trinity and Frome (and beyond!). I find this very exciting – I hope you agree!

Ian

## THE GIANT'S GARDEN

### **A project update about the Young Adult Pioneers, Andrew and Elizabeth**

What is a Pioneer? It is a trendy term – and much used in the secular world as well as the church. In Christian ministry, Pioneers work to reach those who are unlikely to experience the love and grace of Jesus by joining an existing congregation worshipping in a church building. As well as reaching those beyond the church community, they will often work with those they are reaching to support them to form new ways of worship or exploring discipleship which reflect their interests and priorities. This would be in partnership with local churches. So, for example, you may have heard of 'Messy Church,' which works to engage families who may struggle with the quiet and controlled atmosphere of much church-based worship; or 'Forest Church,' which aims to reach those who love the outdoors.

In Frome and the area around, very few if any young adults regularly worship in existing churches – of any denomination. The Diocese of Bath and Wells employs Andrew and Elizabeth Alden as a job share to engage with young adults – 16-25 years old – to befriend them, to invite them to explore the way of Jesus and then to build some form of worshipping community. They are coming up to the halfway point of a five-year post. At this stage the Young Adult Pioneers have a number of regular projects which enable them to meet young adults.

These include weekly lunches with young adults at the YMCA, a monthly book club set-up in conjunction with Hunting Raven Bookshop in Frome, pop-up events with the HOPE team once or twice a month – but weekly in the summer – in one of the parks in Frome, a garden project called The Giant's Garden which offers growing space for young adults, a monthly open home, they offer chaplaincy at the Army Cadet Force and one-to-one discipleship and mentoring. Some of the young adults are now



exploring discipleship and Andrew and Elizabeth hope that by the end of 2023 there will be a discipleship group meeting regularly to explore the way of Jesus.



Ministry to young adults is costly. We hope that the Deanery will be encouraged to know that some of the cost of this is paid

for from those outside of the Deanery. For example, the YMCA lunch is paid for by a praying friend who knows Andrew and Elizabeth from before Frome, who himself was at one stage in the care system; £500 was given by an individual to buy fruit trees and bulbs for the Garden and money for the wall repair and raised beds there came from Andrew's former church; and



the pop-up parks ministry has seen over £400 given by individuals. However, there is still some way to go before a community of young adults in the area can be self-supporting – if indeed this is ever possible. Andrew and Elizabeth are deeply grateful to the Deanery for their gifts and events like the Barn Dance (see Page 26) which will raise money to enable more young adults to hear the good news of

Jesus. Donations for the raffle and auction of promises at the Barn Dance would be much appreciated.

Andrew and Elizabeth would love you to find out more about their work. If you use Instagram you can follow three of the projects mentioned above at:

@1625bookclub

@1625thegiantsgarden

@1625parkspopup

Otherwise, give them a ring and arrange to have a coffee together. Andrew's number is 07894 736788.

Thank you for your interest, and for investing the time to read this.

## COMING UP

***INVITE YOUR FRIENDS FOR A GREAT NIGHT OUT!  
ALL PROCEEDS WILL GO TOWARDS THE CAP DEBT CENTRE  
AND THE PARISH NURSE.***

Richard Lennox is a fast emerging classical crossover artist. A virtuoso musician who plays everything from Bach to the Beatles, Musical Theatre to Rock and Roll and just about everything else in between.

**Richard Lennox**  
**In Concert**  
**Saturday 15th April**  
**7.30pm**  
**Holy Trinity Church**  
**Frome BA11 3DE**



Richard Lennox is a fast emerging classical crossover artist. A virtuoso musician who plays everything from Bach to the Beatles, Musical Theatre to Rock and Roll and just about everything else in between.

Tickets £10

Tel: 01373 453425

<https://www.eventbrite.co.uk/e/an-evening-with-richard-lennox-classical-crossover-organistpianist-tickets-560580921627>

£10 Tickets can be purchased from Trinity Church office  
or on line at  
<https://www.eventbrite.co.uk/e/an-evening-with-richard-lennox-classical-crossover-organistpianist-tickets-560580921627>



The Bereavement  
*Journey*

Are you grieving  
the death of a loved  
one or struggling with  
the long-term effects  
of loss?

A six-session course  
will soon be running  
in your area.

Wednesday 17th May  
2023

For 6 weeks from  
7pm to 9pm

At

Holy Trinity Church,  
Trinity Street, Frome  
BA11 3DW

Contact Parish Nurse:  
Jan Zriel 07552235397

**Topics include:**

Attachment, separation and loss · The impact and pain of bereavement  
Adjusting to change · Anger and guilt · Coping with others' reactions  
Moving on healthily · And an optional 6th session on Faith questions

[thebereavementjourney.org](http://thebereavementjourney.org)

## MISSIONS

### Chris and Nora Morton

Dear friends,

Thank you so much for your interest and support and for this opportunity to fill you in on what God is doing in our locality. Things are moving, almost too fast to keep up! A year ago we were basically about 20 people meeting together for worship, prayer etc. of which 15 were four generations of the same family, but recently there's been an increase in people of all ages joining us on a Sunday and a number who have decided to become involved and have joined our association "Espoir Hauts de France". Chris and I now oversee a flourishing housegroup made up of people new to faith plus a Christian couple who have joined us after moving to a neighbouring village. It is so encouraging to see people grow and share what they are receiving from God with each other.

We continue to interact with the Catholic parish. In January we hosted an evening during the Week of Prayer for Christian Unity and in March hosted the Women's World Day of Prayer.

There are a significant number of families participating on a Sunday, in part as a result of having organised children's events open to all on various Saturdays through the year. The next one of these is on Jonah (see photo). The increase in the number of children coming with their families on a Sunday has meant that we are now a team of 6 people sharing responsibility for children's work. Good material is hard to come by, but we have found a fun series on the "ifs" and "buts" in the bible. Not all the families who come know the Lord, so it is very special that they entrust us with their children. Other people we are seeing more of are those whose initial contact was through the now regular women's get-together "Morning Connect", a low-key time of sharing held several Saturdays a year. As our numbers go up on Sundays, French laws to do with religious activities mean we need to create (or join) an "association cultuelle". This posed no problem until fairly recently, but now such an association can exist only at the discretion of the "prefet" and its finances are under strict control. In addition, they have to be

presented to the authorities annually in the same form as would a business company, including paying for the validation of the annual accounts by an external expert. It's a little bit out of our league so we're glad we have a God who is able!

For Chris and me personally, we continue with our normal activities:

- B&B and the holiday cottage here at the Château du Paradis. The number of visitors is not yet sufficient to cover costs, but we enjoy meeting people and sharing our hope with them where possible. One regular visitor, a Christian businessman from Holland, has decided to pay more than we ask for his B&B.
- Our English speaking groups.
- Joining in with the team at the Château Blanc.
- Nature education. As I write we are in the middle of the amphibian migration in a nearby forest which has a road running through it. The association we belong to has put up a barrier to stop the animals from being squashed as they cross the road and we are saving hundreds of animals a day. This annual event is supported by local schools (see photo).
- Gardening for local people, for the Château Blanc and here.



- Renovating the Château du Paradis. Chris has just finished improving the corridor (see photo) that runs from our « grande salle » to the main hallway which we hope to use as a display area. It has been really encouraging to have had the help of friends for parts of this and for the cleaning up afterwards! However, Chris does do a lot of this work on his own and we could do with more help. The next project is putting some fencing on one side of the house.

encouragement,  
Norah and Chris

Thank you so much for your love and

**EASTER SERVICES**

**Please note:- NO 11am service at Trinity on Palm Sunday but join us for a joint service at **10.30am** with Holy Communion at Trinity School, Wild Worship.**

**Palm Sunday 2 April**

- 9am Holy Communion for Palm Sunday
- 10.30am Palm Sunday Wild Worship for all ages @ Trinity First School  
BA11 4LB (Forest School)

**Maundy Thursday 6 April**

- 7.30pm Maundy Thursday Communion - remembering Jesus' last supper

**Good Friday 7 April**

- 10am Exploring Easter – crafts, story, prayer, refreshments and more for all the family
- 12pm At the Foot of the Cross - a Good Friday reflection

**Easter Sunday 9 April**

- 9am Easter Holy Communion - giving thanks for Jesus' resurrection
- 11am Easter Celebration - for all ages to celebrate that Jesus is alive!

**KEEPING IN TOUCH**

*If you consider yourself a member of Trinity please complete a GDPR form (at the back of church) so that we can keep in touch with you. Every week we send out an email with news of what is going on in Trinity which you won't want to miss out on!*



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**2023 APCM**  
**(Annual Parochial Church meeting)**  
**Wednesday May 3rd**

**May 3rd 2023**



This when reports of parish activities and finances are reviewed as well as new PCC (Parochial Church Council) members, Deanery Synod representatives and Churchwardens are elected.

Nominations are being invited for **SEVEN PCC representatives**, from people who are on the electoral roll. PCC Members represent the wider church family at PCC meetings, which take places roughly every 2 months. Agreement of the person you are nominating is required and signature of two people already on the electoral roll supporting the nomination.

Nominations are also being invited for **THREE Deanery Synod representatives**, who must also be on the PCC, meeting three times a year to represent Trinity at Deanery level and bring back Deanery news and initiatives to Trinity.

### **JOINING THE ELECTORAL ROLL**

If you attend Holy Trinity (or live in the Parish) but have not completed an application to be on the Electoral Roll, please pick up a form from the back of the church. It is a requirement to be on the Electoral Roll to be able to vote at the annual APCM, stand for PCC etc.

### **PLEASE NOTE 11TH APRIL IS THE CUT OFF DATE FOR JOINING THE ELECTORAL ROLL FOR THE 2023 APCM**

The Electoral forms are NOT the same as the GDPR Data Privacy forms that we are asking everyone to complete.

# APRIL

SUN

MON

TUE

WED

---

2 **PALM SUNDAY**

9.00 Holy Communion

**10.30 Joint Service at  
Wild Worship with Holy  
Communion**

3

13.30 Zoe's Support  
Group

4

5

10.00 Holy Communion  
15.00 CAP Prayer  
Meeting

---

9 **EASTER SUNDAY**

9.00 Holy Communion

11.00 All-age Holy  
Communion—Jesus is  
Risen!

10 **EASTER MONDAY** 11

12

10.00 Holy Communion  
14.30 Daphne Neal  
Funeral

16

9.00 Holy Communion  
11.00 Alpha. 'Who is the  
Holy Spirit?'

17

19.30 Connect in  
Prayer

18

19

10.00 Holy Communion  
**10.00 MAY magazine  
deadline**  
PCC

23

9.00 Holy Communion  
11.00 Alpha. How can I  
resist evil?

24

25

26

10.00 Holy Communion

30

9.00 Holy Communion  
11.00 Alpha. Why and  
how should I tell others?

1 MAY

2 MAY

3 MAY

**APCM Meeting**

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# L 2023

|              | THU   | FRI  | SAT  |
|--------------|---|--|--|
|              |   |  | 1  |
| union        | <b>6 MAUNDY THURSDAY</b><br>10.00 NO Trinity Toddlers<br>1.30 Parish nurse support group<br>14.30 Wedding Alexi and Katherine<br>19.30pm Maundy service | <b>7 GOOD FRIDAY</b><br>10am Exploring Easter<br>12.00 At the Foot of the Cross  | 8  |
| union<br>ate | 13<br>10.00 NO Trinity Toddlers<br>1.30 Parish nurse support group  | 14.  | 15<br><b>Richard Lennox<br/>           FUNDRAISER CONCERT<br/>           see Pg 12</b> |
| union<br>ine | 20<br>10.00 Trinity Toddlers<br>1.30 Parish nurse support group   | 21   | 22   |
| union        | 27<br>10.00 Trinity Toddlers<br>1.30 Parish nurse support group   | 28<br><b>BARN DANCE and<br/>           Auction of Promises<br/>           Whatcombe Farm<br/>           fundraiser for Aldens<br/>           See p23</b> | 29   |
| g            | 4 MAY   | 5 MAY  | 6 MAY  |

## CREATION CARE

*Green Community Connectors are individuals in the community who have completed a short free 1 hour training session which is open to everyone. The session gives participants the opportunity to discuss the link between climate and health - both topics being concerning issues for many people. The session enables people to explore positive steps to make a difference to our planet and our wellbeing, as an individual and as a community.*

*The training sessions are held monthly and free to anyone living in the Frome area. They are on-line or in-person. They help people to feel more confident talking about climate and health win-wins and build local knowledge on the support on offer in Frome.*

You can find out more at <https://greenhealthyfuturefrome.org/>

 **Life, Faith & God**

**Back to the HEART of FAITH**

**Focus on the Holy Spirit**

Join us on **Saturday 22nd April 9.30am to 1pm**  
(coffee etc. from 9am)

**WORSHIP . TEACHING . DISCUSSION . PRAYER**

**For all ages - KID'S ALPHA is running all morning!**

## POEM

A fellow patient wrote this Poem while Jan Simmonds was in RUH recently. Pauline agreed it could be shared in the magazine.

### **His Feet**

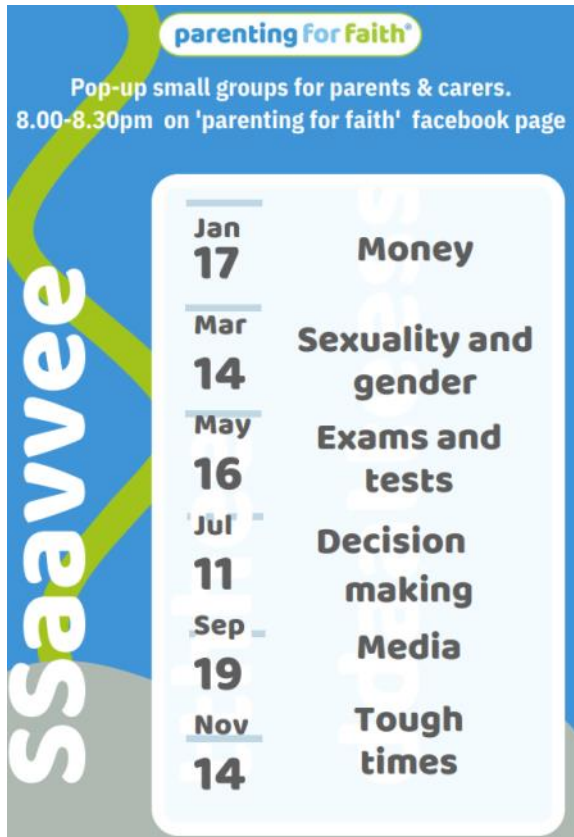
These are His Feet  
So long and broad  
Used to walking on stony ground.  
These feet have travelled many a mile  
On sand, rocks, and mountain pass,  
Through pastures green and cobbled streets, even on  
Water they paved a way.

These feet, they look so tired and worn,  
The dust from the day engraved into the soles  
Of these feet.  
Even between His toes lie the deposits of earth.  
Chapped skin by the straps of His sandals  
Display the work of the day.

These cherished feet so lowly now  
Need refreshment and rest,  
Bathed and cleansed in the salty tears of a maid,  
Brushed by her long soft hair.  
Kissed by the mouth of a sinner's lips,  
Caressed by hands of ointment, blessed.

*Pauline Morris 2010*

## PARENTING



parenting for faith®

Pop-up small groups for parents & carers.  
8.00-8.30pm on 'parenting for faith' facebook page

**ssavees**

|                  |                                 |
|------------------|---------------------------------|
| Jan<br><b>17</b> | <b>Money</b>                    |
| Mar<br><b>14</b> | <b>Sexuality and<br/>gender</b> |
| May<br><b>16</b> | <b>Exams and<br/>tests</b>      |
| Jul<br><b>11</b> | <b>Decision<br/>making</b>      |
| Sep<br><b>19</b> | <b>Media</b>                    |
| Nov<br><b>14</b> | <b>Tough<br/>times</b>          |



Trinity Toddler group is for children aged 0-4, at 10am on Thursdays (termtime). Due to capacity, pre-booking online is essential and tickets can be found on Eventbrite; just search for 'Trinity Toddlers' in Frome.

Trinity Toddlers is a fun, friendly playgroup where toddlers can enjoy two hours of letting off steam by running, riding, climbing, crawling, making, playing, reading, singing, socialising, and more!

We provide tea, coffee and biscuits for adults, as well as healthy snacks for children.

## CHILDREN & YOUTH

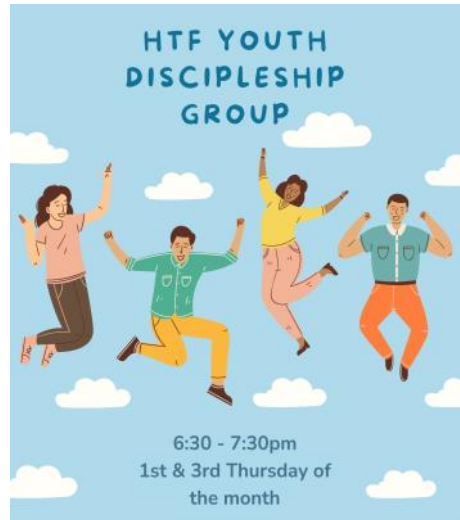


**WILD  
WORSHIP**  
CHURCH OUTSIDE FOR FAMILIES

10:00AM ON THE FIRST SUNDAY OF EVERY  
MONTH AT TRINITY FIRST SCHOOL.

10.30am

**OUTDOOR CRAFTS  
WORSHIP  
GAMES  
FOOD**



**HTF YOUTH  
DISCIPLESHIP  
GROUP**

6:30 - 7:30pm  
1st & 3rd Thursday of  
the month

# Exploring Easter

CRAFTS, STORY, PRAYER, REFRESHMENTS  
AND MORE FOR ALL THE FAMILY

10am on 7th April (Good Friday)  
Holy Trinity Church Hall

## GOOD NEWS FOR EVERYONE (formerly The Gideons)

Thank you for your continued support for Good News for Everyone!  
We visit schools on a regular basis: you may recall a time when you received a little red “Gideons Bible” as a pupil at school! This is a significant moment for many young people. We have stories of people whose lives have been shaped by their Gideons Bible.. sometimes after many years of storing it away! Last month we visited the Blue School in Wells and distributed over 200 bibles following a morning assembly. Over the coming weeks we have visits planned to local schools including Oakfield and Selwood (and we always take some Ukrainian bibles). Let me know if you would like to arrange a visit to any other schools.

Just before Christmas we distributed 100 New testaments and other literature to people attending the Frome Extravaganza. Alongside our work in schools we have opportunities for conversations and offering Bibles to hotels, prisons and nursing homes as well as places of work such as the livestock market at Standerwick. We also have links with “Canal Ministries” providing New Testaments along with food boxes to people living on our neighbouring waterways: many of whom are in need of support and encouragement.

It is always encouraging to hear what God is doing through neighbouring churches. One church hosts an “Open House” programme aiming to provide a shower and meals for those who have fallen on hard times... and bibles are available for them. Another local initiative uses the ‘Good News For Everyone’ bibles in door to door ministry. There are reports of great discussions: we hope peoples lives are eternally changed by the Word of God through this literature.

Please pray for some forthcoming opportunities:

- Supply of 200-300 Ukrainian New Testaments to troops currently training in the UK
- Chaplaincy opportunities at both the livestock market and local prison
- Opportunities for outreach at Hinckley Point C construction site (the largest construction site in Western Europe with > 8000 employees)
- Agricultural Shows across the South West including the New Forest Show, Devon County Show and Frome Cheese Show



- Reopening of doors in local schools (closed following the pandemic)  
In July I am joining Scripture Distribution at the Island Games on Guernsey. Outreach at the Tall Ships Event in Falmouth is planned during August. Please join us in praying for God's blessing on the opportunities available to us... and for more resource to reach even more people!

Richard Loveless

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### **TIE A KNOT IN A PRAYER QUILT**

You have hopefully seen the quilts that are sometimes displayed at the back of church. The Holy Trinity group of the Prayer Quilt Ministry (Chapter 1165) have made and given 88 quilts since 2014, which have gone all over the country, as well as some overseas. They can be made for anyone in special need of prayer.



However it is not about the quilt but about the prayers that are tied into it. Anyone can tie a knot (even children) so the next time you see a quilt displayed at the back of the church please do stop to tie and knot and say a prayer.

Most people say the quilts they receive are a huge comfort to them and cannot believe that people who don't know them will pray for them. They are a very real way of showing God's love to people in need. The rules of a quilt offering are it cannot be a surprise and it cannot be purchased (though donations towards the cost of making the quilts are appreciated). Please contact Lizzie Round for more information.

## WHAT'S ON

### Frome Deanery Barn Dance

**on Friday 28th April**

at Whatcombe Farm,  
Jacks Lane,  
Frome  
BA11 3NL



**7pm onwards....**

The Rode Worthies playing and calling...  
Tickets £15 per person (to include food)  
available from Caroline Walker  
[carolinehwalker@btinternet.com](mailto:carolinehwalker@btinternet.com)  
01373 834258

### Bar, Raffle, Auction of promises

All proceeds to supporting the Frome 1625 Pioneers -  
Andrew and Elizabeth Alden

*See Page 10 to read more about the pioneering work Andrew and Elizabeth are doing with young adults in Frome.  
All offers of promises for the auction plus items for the raffle should be sent to Caroline Walker [carolinehwalker@btinternet.com](mailto:carolinehwalker@btinternet.com)*



## SEWING FOR CHARITY

Tuesday evening once a month at Trinity Hall  
7pm to 9pm

Bring your sewing machine, scissors and bring your non-sewing friends too, extra machines are provided.

Dates for your Diary 30 May, 27 June, 25 July.

Please ask around for donations of towels and 100% cotton fabric, double duvet covers, cotton curtains, need to be hot washed without fabric softener.

We will be making cloth sanitary pads to go to disaster areas around the world where people have lost everything and as a result of earthquake, flood, fire, or war where there are no shops, transport, and no supplies.

We will also be considering other sewing projects, bring along your ideas and information. Drawstring bags, Angel Gowns, ICU incubator covers, port cushions, chemo turbans....

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## WHAT'S ON AT TRINITY DURING FROME FESTIVAL

|   |  |
|---|--|
| <i>Saturday 8th July, 8pm.</i>              | <i>Andy Kind concert (acclaimed preacher, comedian and author)</i> |
| <i>Monday 10th, 7.30 pm</i>                 | <i>Burne-Jones Windows talk</i>                                    |
| <i>Tuesday 11th, 7.30pm</i>                 | <i>Alison Howell, Organ concert</i>                                |
| <i>Friday 14th, 2.30pm</i>                  | <i>Burne-Jones Windows talk</i>                                    |
| <i>Saturday 15th, 11am</i><br><i>2.30pm</i> | <i>Puppets workshop</i><br><i>Family Magic show</i>                |
| <i>10– 14th July, 12-1pm.</i>               | <i>Daily Meditations</i>   |

# MOTHERS' UNION



The Board of Trustees for the North Somerset and Frome

## Child Contact Centres

are looking to appoint

### **a Co-ordinator for the Frome Centre**

to be responsible for organising and leading the committed group of voluntary helpers that run this essential service

Sessions are held in Holy Trinity Church Hall,  
on alternate Saturday afternoons

This is a voluntary position but expenses are paid  
Training is provided

The present Co-ordinator retires this April.

For enquiries, please ring 01749 677 003

## Forget-Me-Not Café

3rd Sunday of every month  
2.30-4pm

St Philip and St Jacob's Church  
Norton St Philip

Come and enjoy a cuppa and friendly people to chat with.  
Some of us may have memory challenges but we have a great café  
team who are all dementia friends. All are welcome!



You are invited to a coffee & information morning to find out more about Safe Families in Frome: what we do & how you could join us.

## Frome Town Hall Café Area

Thursday 20<sup>th</sup> April - drop in between 9.30am & 12.30pm

At **Safe Families** we recognise that every child deserves to thrive and no-one deserves to feel alone. Facing life alone is hard, and when families feel like there is no one there to support them it's a scary place to be.

We train, support, and connect **volunteers** with isolated families, so they can build relationships that **bring hope and offer belonging**. We need volunteers to encourage families by phone or visiting in person weekly or fortnightly (**Family Friends**), or to host children overnight (**Host Homes**), or perhaps you have resources that could be donated to a family (**Resource Friends**). The commitment is an hour a week or fortnight and we provide full training.

Perhaps you work with or previously worked with families and know the pressures? Maybe you've had support yourself and know how vital it is.

Come and find out more and we'd love you to join our team here in Frome.

Join us on **Thursday April 20<sup>th</sup> at Frome Town Hall Café Area** to find out more! There will be free refreshments and plenty of chance to network. Short presentations on the work of Safe Families will be held on the hour, staff members will be available to answer any questions.

## Ways to make a difference

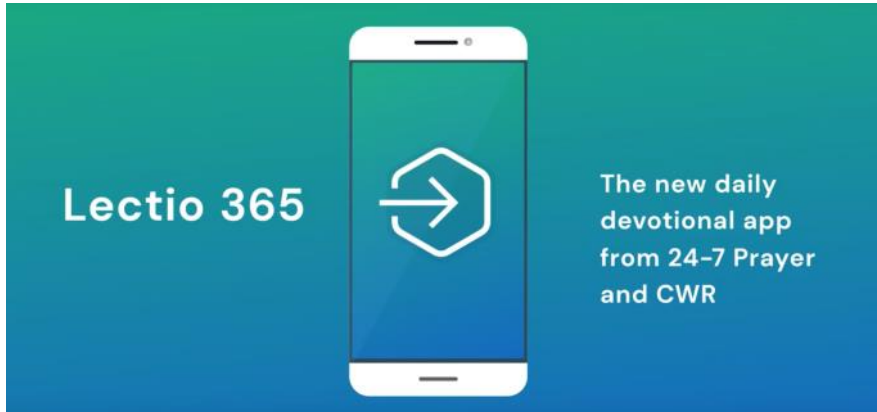


Questions? You can contact us direct by emailing [dawnholmes@safefamilies.uk](mailto:dawnholmes@safefamilies.uk) or calling **07384 218826**.

For more information or to sign up visit <https://safefamilies.uk>.

## BIBLE ENGAGEMENT

**Lectio 365** is a free daily devotional resource in the form of an app that helps you pray the Bible every day. You can download the app from the app store on your phone or find out more information on their website: <https://www.24-7prayer.com/resource/lectio-365/>



**Bible In One Year** is an app which takes you through every chapter and verse of the Bible in 365 days. You can download the app from the app store on your phone or find out more information on their website: <https://bibleinoneyear.org/en/>



## DEANERY EVENTS

**FROME DEANERY MEETING—WED 29th MARCH  
7.30pm at Holy Trinity Church, Frome**

### The Deanery Prayer

Prayer must be at the heart of  
everything we do.

The Deanery prayer asks for wisdom  
and guidance as we make our plans to  
take God's church forward into the 21st  
Century.

#### **Almighty God**

We love our traditions,  
but we live in a time of change.

Give us the vision to choose our  
priorities wisely:

To protect the things that matter,  
And let go of the things that no longer  
serve us well.

Give us the faith to believe that You  
have a plan for Your churches

And that it is good.

We pray now for eyes to see and  
ears to hear

As we move forward into a new and  
uncertain future.

In the name of Jesus

**Amen**

In response to changes across the Bath and Wells Diocese Frome Deanery is doing some reorganisation of posts. To learn more about how this affects you please do come along to our Local Information Consultation which is being held Wednesday 29th March 7.30pm - Extra Special Deanery Synod meeting at Holy Trinity Frome - to specifically update folk on all the work that has been done and the possible proposal to take to PCC's... - This meeting is open to anyone who would like to come along to learn more about the re-organisation proposals for the Deanery.

## FROM THE OFFICE



**Stamps:** We collect all used postage stamps; international stamps from other countries are especially appreciated. Tear off just the stamp, leaving about 1cm of paper around the stamp. Place them in the pink box at the back of the church. PLEASE REMOVE ANY PLASTIC BAGS.

**Used inkjet printer cartridges:** We can recycle the following brands only - Canon, Dell, HP, Lexmark, Neopost and Samsung. Only the cartridge is needed, none of the other packaging.

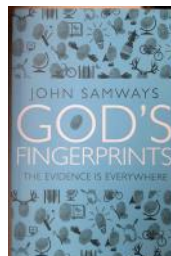
**FOIL lined packets:** We collect these as well as sweet and chocolate wrappers, and CLEAN FOIL LINED food packets (such as pasta or rice bags for recycling. All recycling needs to be clean and dry. PLEASE—NO BAGS THAT HAVE HAD WET FOOD IN THEM and no ordinary non-foiled lined bags.

**Writing instruments:** Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen regardless of their composition. Please note **no glue sticks**, wooden pencils, chalk, glue sticks, erasers, rulers or other cutting objects that could disturb the recycling process.



These beautiful books by Dennis and Daphne Neate, about trees and their companion species, are available from the church office for £10.

Also, copies of John Samways books 'God's Fingerprints' may be purchased from the office.







### **MJ Communications (Mobile Phone & Tablet Repairs)**

If you ever have a mobile phone or tablet in need of repair, Martin is the bloke to speak to. Always helpful and professional, he has rescued many a desperate person with a smashed screen or drowned phone! Can be contacted on 07846 296545, or found online at [www.mjcommunications.co.uk](http://www.mjcommunications.co.uk).

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### **James Markham Photography**

Relaxed, candid & creative wedding and family photography. Visit my website at [www.jamesmarkham.org](http://www.jamesmarkham.org) or contact me via [jamesmarkhamphotography@gmail.com](mailto:jamesmarkhamphotography@gmail.com) for more details.



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Alan Heath is offering **SPRING CLEANING** for Trinity members

Carpet, Patio, Driveway and paths.

Oven clean includes a free hob clean.

1st Local Bio Cleaning

Oven, Carpet & Patio

[icthuscleaning.co.uk](http://icthuscleaning.co.uk)

01373451224

07891909789

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### **FREE Children's Clothes Exchange**

Held at Wesley Methodist Church every third Monday of the month at 9.30 - 11:00. Clothes age 0-10. Bring along clothes your kids have grown out of and exchange for the next size up! Tea and coffee also available.

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# CHURCH GIVING

If you would like to support the work of Holy Trinity via donation or standing order, your gift would be very gratefully received. To keep the church running for Sunday Services, current costs are around £13,250 per month. With the addition of Children and Youth work, the Debt Centre and the Parish Nurse, the cost is just over £18,000 a month in total.

## **SUPPORTING THE CHURCH**

Account no: 52069117

Sort Code 60-08-31

Reference: GENERAL FUNDS

## **SUPPORTING THE DEBT CENTRE**

Account no: 52069117

Sort Code 60-08-31

Reference: DEBT CENTRE

## **SUPPORTING THE PARISH NURSE**

Account no: 52069117

Sort Code 60-08-31

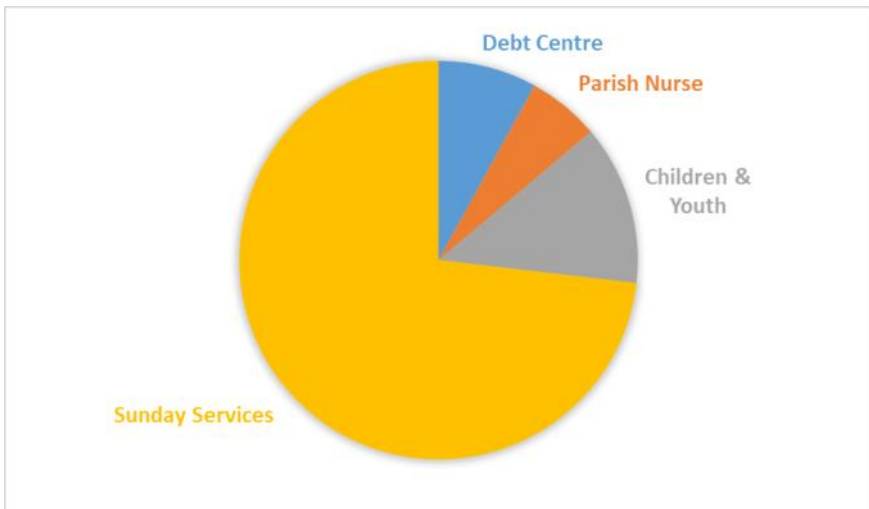
Reference: PARISH NURSE

## **SUPPORTING THE CHILDREN'S WORK**

Account number: 63576341

Sort code: 60 08 31

Reference: FAMILIES WORK



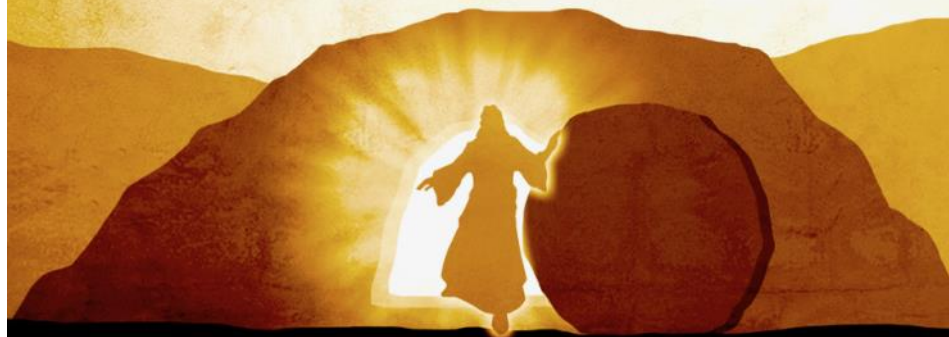
## CONTACT

|   |   |  |
|---|---|--|
| VICAR   | Rev Ian Snares  | 07493 463877   |
| READERS   | Ann Philipps<br>Tom Harflett<br>Phil Gray<br>Dorothy-Anne Bryant<br>Miriam Hare<br>Wendy Rootes | 01373 300767<br>01373 462408<br>07986 326558<br>07599 439562<br>01373 469788<br>07804 927591 |
| ASSOCIATE MINISTER FOR<br>FAMILIES, YOUTH<br>& EVANGELISM | James Markham   | 07825 758195   |
| CHURCHWARDENS   | Chris Stafford<br>Libby Doewansey   | 01373 455734<br>07802 435231   |
| ADMINISTRATORS  | Kally Dunn<br>Brigit Adams  | 01373 453425<br>01373 453425   |
| TREASURER   | Chris Round   | 01373 465718   |
| HALL BOOKINGS   | Church Office   | 01373 453425   |
| HALL MANAGER  | Jonathan Norcott-Smith  | 07471 776948   |
| PARISH NURSE  | Jan Zriel   | 07423 318929   |
| DEBT CENTRE   | Phil Gray   | 07496 516089   |
| CHOIR   | Margaret Perry  | 01373 453962   |
| MUSIC GROUP   | Ruth Burden   | 07811 894317   |
| FLOWERS   | Georgina Boyden   | 01373 469686   |
| SAFEGUARDING  | Ruth Haines   | 07540 324076   |
| PASTORAL CARE   | Sue Martin  | 01373 672709   |

**Holy Trinity Church**  
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Frome  
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Telephone: 01373 453425  
Email: [holytrinityfrome@gmail.com](mailto:holytrinityfrome@gmail.com)  
Office Hours: Mon—Fri; 9:30am - 12:30pm

# Jesus is Risen!



## Celebrate Easter at Holy Trinity Frome

Please note there is no 11am service at church on Palm Sunday

### Palm Sunday 2 April

- 9am **Holy Communion for Palm Sunday**  
10.30am **Palm Sunday Wild Worship** for all ages  
@ Trinity First School BA11 4LB (Forest School)

### Maundy Thursday 6 April

- 7.30pm **Maundy Thursday Communion**

### Good Friday 7 April

- 10am **Exploring Easter** for all the family  
*Crafts, story, prayer, refreshments and more*  
12pm **At the Foot of the Cross** - a Good Friday reflection

### Easter Sunday 9 April

- 9am **Easter Holy Communion** - giving thanks for Jesus  
11am **Easter Celebration** - for all ages to celebrate Jesus is alive!

**Holy Trinity**  
Church • Frome

**holytrinityfrome.com**  
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holytrinityfrome@gmail.com 01373 453425  
Registered Charity no. 1129366

